MANAGEMENT OF NMSC

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DISCLOSURE

- Consultant for Sensus
- I ran an ACGME Micrographic Surgery and Cutaneous Oncology Fellowship
- I am member of SRT Consensus Group

MULTIPLE APPROACHES

- Mohs Micrographic Surgery (Mohs) and other surgical approaches
- Other Destructive Methods
- PD-1 /Hedgehog Inhibitors
- Superficial Radiation Therapy (SRT)

1920s

100+ YEARS AGO **SRT Innovation**

Dermatologists initiate the research and development of fractionated superficial radiation therapy (SRT), setting the stage for a promising new NMSC treatment modality¹ SRT cure rates: 80% to 90% for NMSCs



l 930s l 970s

FOR DECADES SRT Is a Commonly-Used First-line, Standard of Care in Dermatology

SRT and surgical resections are the primary treatment modalities, giving patients both non-surgical and surgical first-line treatment options^{1,2} 56% of US-based dermatologists offered SRT in the 70s¹

1970s

50+ YEARS AGO Surgical Innovation

The Mohs micrographic surgery (MMS) technique is optimized. Dermatology residency programs begin training on MMS, while government regulations start limiting use of SRT¹ MMS cure rates:² Up to **99%** for BCC **95%** for SCC

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1980s

FOR 35+ YEARS MMS Takes Over As the Primary Standard of Care for NMSC

2014

With better cure rates than SRT, MMS becomes the new first-line treatment, and SRT moves to a second-line option for patients who do not want, or are not candidates for, surgery³ SRT moves to a second line NMSC treatment^{3,4}

2015

~10 YEARS AGO SRT Innovation



High-resolution dermal ultrasound (HRDUS) imaging optimizes SRT delivery, and the first highly targeted noninvasive image-guided SRT (IGSRT) device–the SRT-100[™] Vision–receives 510(k) clearance for the treatment of NMSC and keloids⁵ IGSRT cure rates:⁶ 99%+ for BCC 99%+ for SCC

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2016 Present

IN RECENT YEARS IGSRT Ushers In a New First-Line Noninvasive Standard of Care

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SUPERFICIAL RADIATION THERAPY (SRT)



 Utilizes low energy photon X-rays operating at variable peak voltages of 50, 70, and 100 kVp.

• Planned calibrated dose delivery is accurate with internal filtration technology.

• Unit automatically stops when cumulative amount of radiation is delivered.

• Easy to administer

• Effectively targets and treats lesions

• Delivers gentle indirect radiation which does not penetrate and impact the underlying healthy tissue.

SRT

• FDA approved for total body treatment of non

melanoma skin cancer (NMSC)

Keloid

EVIDENCE BASED THERAPY

• The cure rate for 1715 primary nonaggressive NMSC treated with

the SRT-100[™] was 98% (Cognetta et al, JAAD 2012).

TUMOR AND PATIENT SELECTION: TREATMENT OBJECTIVES

• To eradicate the tumor while maintaining or improving the patient's quality of life.

NMSC

Most commonly treated with SRT

Basal Cell Carcinoma

• Squamous Cell Carcinoma

TUMOR SITE

• SRT may be used to treat tumors on all skin surface areas

SRT may give a better cosmetic outcome:



- Eyelid
- External ear canal and helix

- Nasal ala
- Oral commissure

Lower extremities

CONFUSION

• The differences between superficial radiation therapy, electron beam, brachytherapy and electronic brachytherapy

CONSENSUS

- SRT more energy and deeper penetrating than Grenz ray
- Brachytherapy uses radioactive sources within or directly adjacent to tumor
- Electron beam therapy uses a medical linear accelerator

CONSENSUS

- EBT also requires higher energy to encompass many superficial skin cancers than does SRT
- SRT has higher cure rates and better cosmesis than both brachiotherapy and electron beam therapy
- SRT more cost-effective in terms of both equipment and patient cost

LARGETUMORS

- SRT may present a simpler option than extensive surgery and reconstruction(skin grafting)
- Minimally higher risk of recurrence than surgery
- What about other benefits?

CONSENSUS

- SRT clearly more beneficial for many NMSC on lower extremities
- SRT has particularly favorable cosmetic benefit on alar rim of nose and periorbital area.

IMPORTANT FACTORS TO CONSIDER

• Treatment margin

• 8-10mm margins are common for BCC

• 10mm is used for SCC.

• Recommendations based on estimates of surgical margins

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- Beam and delivered dose of SRT has only I mm lateral edge drop-off (penumbra) of the treatment site
- Radiation field should be small (umbra)
- So initial measurement of tumor size should be size of lesion plus 2-5 mm margin around the lesion
- Almost all lesions will have size of >2cm.

IDEAL PATIENTS FOR SRT



Poor surgical candidates

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- SRT does not require that patients stop anticoagulants
- SRT can be used safely in patients with poor circulation
- SRT best for those who cannot do wound care
- SRT best for those with significant fear of surgery and scarring

CONTRAINDICATIONS FOR SRT

• Pacemaker or defibrillator within the treatment area

• Previous radiation therapy to the area of concern

NMSC: BCC



BCC R FOREHEAD



BCC FOREHEAD 4 MONTHS POST SRT



BCC R CHEST



BCC R CHEST



BCC R CHEST



BCC R CHEST POST SRT:4 WEEKS



BCC L TEMPLE



BCC L INFRANASAL AREA



BCC L INFRANASAL AREA



BCC NOSE

Sensus Healthcare

SCC R HELIX

SCC R EAR

Sensus Healthcare

SCC L LEG

Sensus Healthcare

COMPLICATIONS

- Temporary erythema almost all patients for 7-10 days
- Erythema usually related to dose of radiation
- Hyperpigmentation most common in Fitz V-VI patients
- Radiation dermatitis occasionally seen. Treatment with silicone gels

CONSENSUS

- There is insufficient evidence to support or refute specific topical therapies for prevention or management of radiation-induced skin changes
- There is no evidence that use of anti-inflammatory agents have any impact on cure rates
- Management of radiation dermatitis based on severity of damaged skin
- SRT induced radiation dermatitis mild

RADIATION DEMATITIS

2 days of silicone gel treatment

HIGH FREQUENCY ULTRASOUND (HFUS) IMAGE GUIDANCE

Ultrasound Display

IGSRT REPRESENTS A SIGNIFICANT INNOVATION IN NONINVASIVE NMSC TREATMENT

Unlike SRT, IGSRT combines high-resolution dermal ultrasound (HRDUS) imaging and SRT

- ✓ Can see and measure lesions at every stage^{1,2}
- Allows for adaptive, needs-based dosing according to tumor response throughout the course of treatment^{1,2}
 - Enables precision targeting of cancer cells^{1,2}
 - Maximizes efficacy while minimizing toxicity in alignment with ALARA (as low as reasonably achievable)¹⁻³

References: 1. Dermatology Association of Radiation Therapy. DART clinical guidelines for nonmelanoma skin cancer: Appropriate use criteria for the treatment of early-stage cutaneous squamous cell carcinoma (SCC) using image-guided superficial radiation therapy. Version 1.2024. Available at: https://dermassociationrt.org/guidelines 3. Dermatology Association of Radiation Therapy. DART clinical guidelines for nonmelanoma skin cancer: Appropriate use criteria for the treatment of early-stage cutaneous squamous cell carcinoma (SCC) using image-guided superficial radiation therapy. Version 1.2024. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation and your health: radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation and your health: radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation and your health: radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation and your health: radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation and your health: radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiation safety. Available at: https://dermassociationrt.org/guidelines 3. Centers for Disease Control and Prevention. Radiatio

IGSRT EFFICACY AND SAFETY IS DEMONSTRATED IN NUMEROUS CLINICAL STUDIES

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IN THE TREATMENT OF NMSC: IGSRT with HRDUS imaging has been shown to deliver:¹⁻⁵

✓ 99%+ cure rates for BCC and SCC

✓ 99%+ patient satisfaction

0.2% reported recurrence to tumor registry in 120,000+ lesions treated to date (76 BCC, 67
SCC)

0 secondary cancers reported

BCC=basal cell carcinoma; SCC=squamous cell carcinoma.

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Heavy NMSC Case Loads Lead to the High Rates of Burden & Burnout

Growing prevalence of NMSCs places a heavy burden on Mohs surgeons

- ~5.4M cases of NMSC are diagnosed in the United States each year¹
- 3.6M BCC and 1.8M SCC

Significantly increases in prevalence have been seen over the **last 20 years**¹

• 35% increase for BCCs and 133% for SCCs

A 2023 survey of ACMS Mohs surgeons revealed high rates of pain, injury, and distress

(n=473)²

- ~90% reported moderate to severe concerns with musculoskeletal injuries^{2,3}
- Most common issues reported included neck, lower back, shoulder, and upper back pain

70% reported experiencing psychological or emotional stress or burnout^{2,3}

 Common cause of emotional distress was patient carerelated anxiety Of those who reported musculoskeletal disorders or emotional distress^{2,3}

 Only 40.56% and 46.67%, respectively, felt they had the knowledge and the resources to manage them

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CONSENSUS GUIDELINES

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