Filler Fatigue And The Anti - Trend - Trend

Grateful for them

H.A. Fillers

3









Periosteum

Temporalis muscle

Deep temporal fascia

Superficial temporal fascia

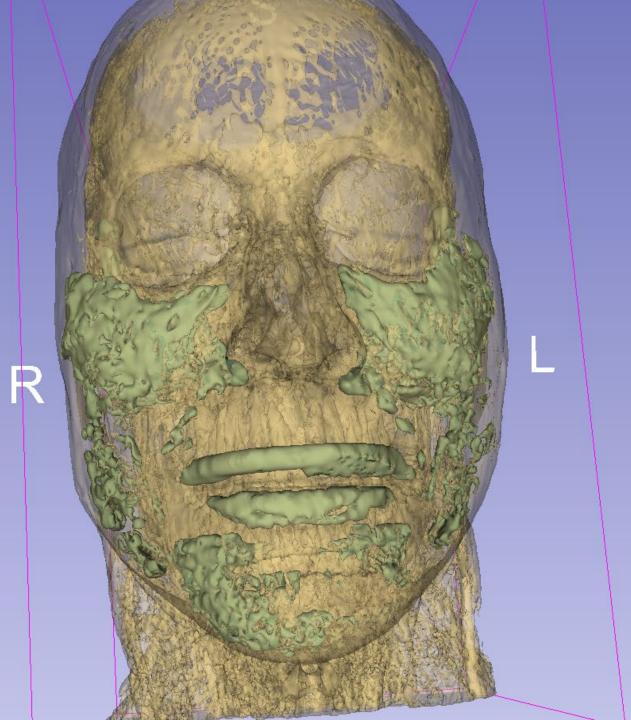
Courtesy of professor Sebastian Cotofana MD



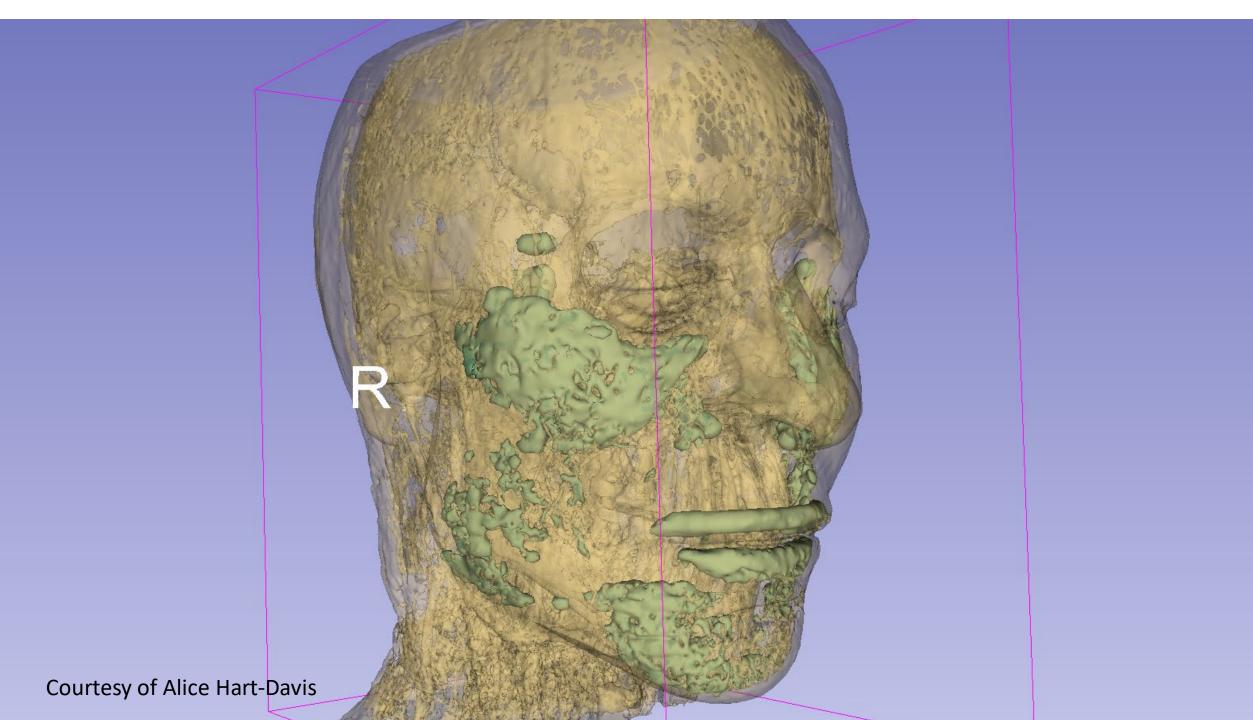
INVESTIGATION by Alice Hart-Davis

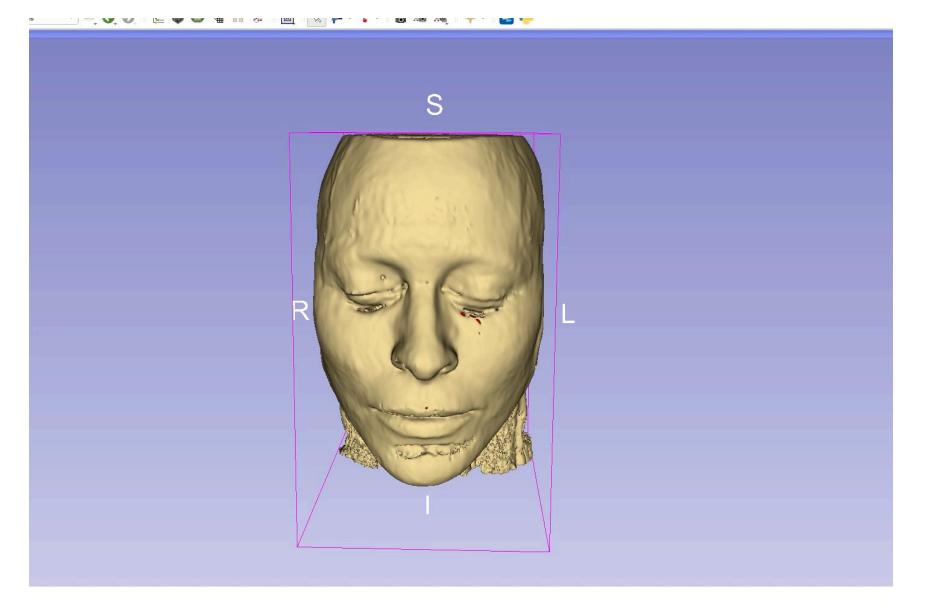


Courtesy of Alice Hart-Davis



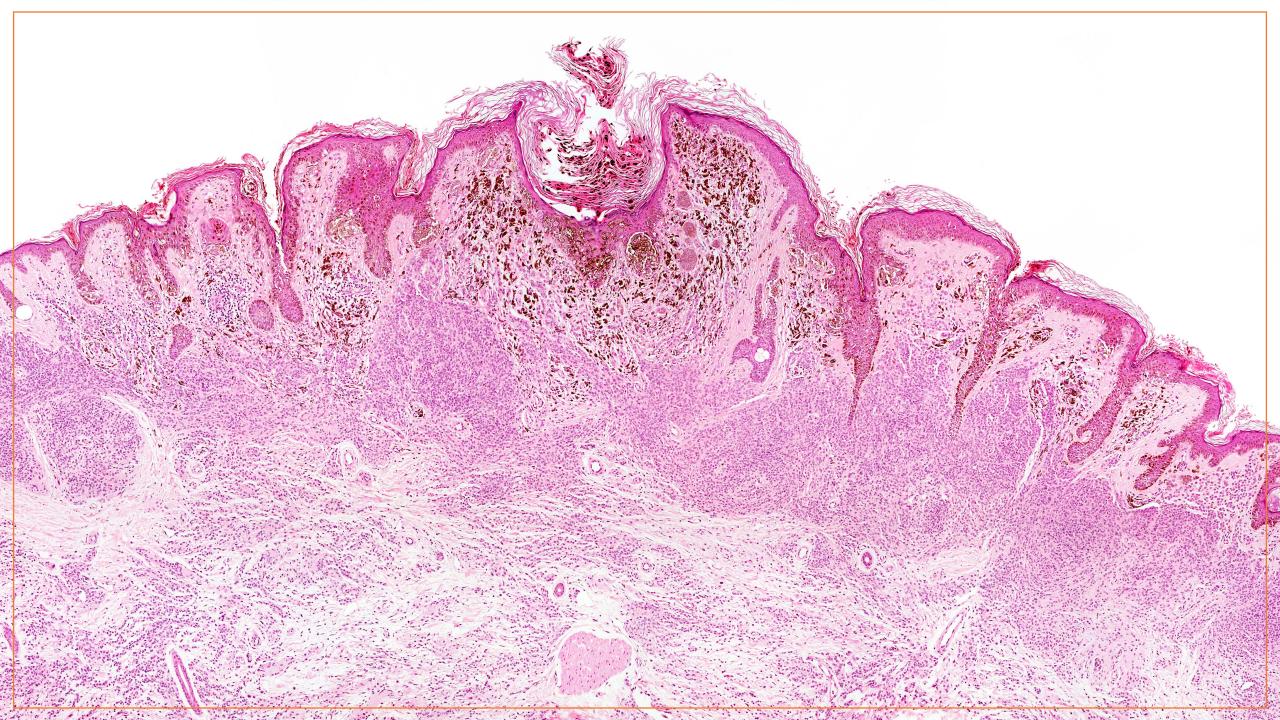
Courtesy of Alice Hart-Davis

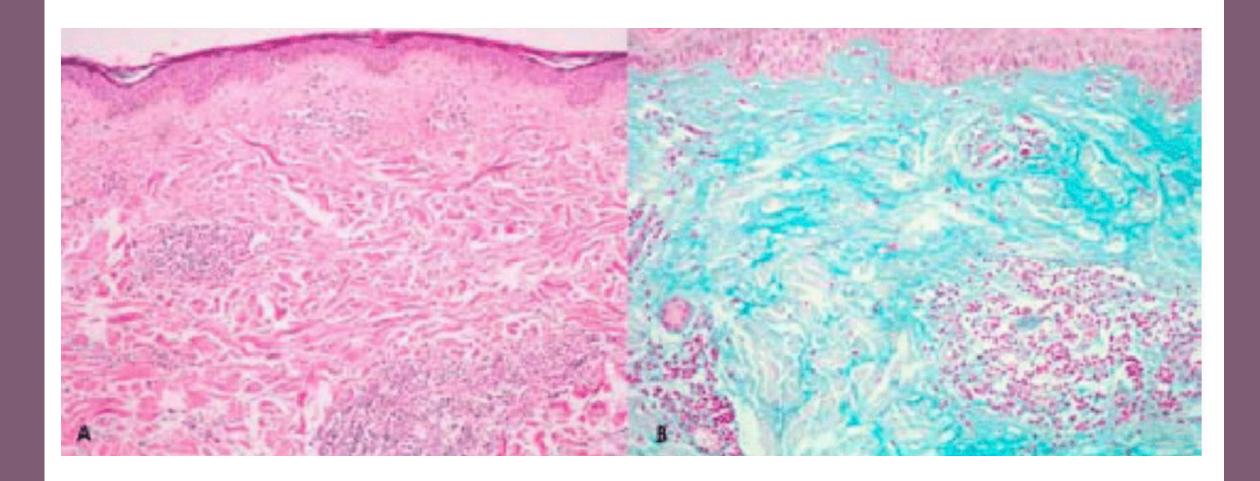




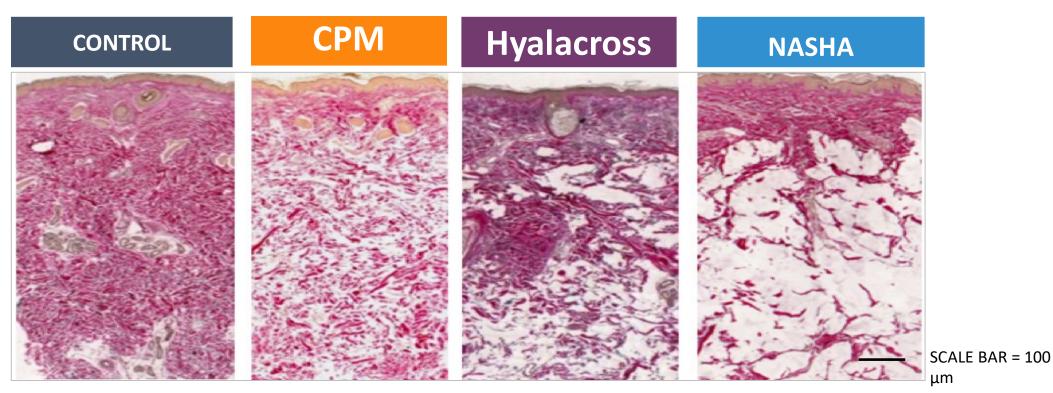
Courtesy of Alice Hart-Davis







Histology Demonstrates Minimal to Pronounce Dermal Disruption with injectable fillers Fillers



Day 8: Hyaluronic Acid (White) and Van Gieson Staining for Elastin and Collagen (Red)





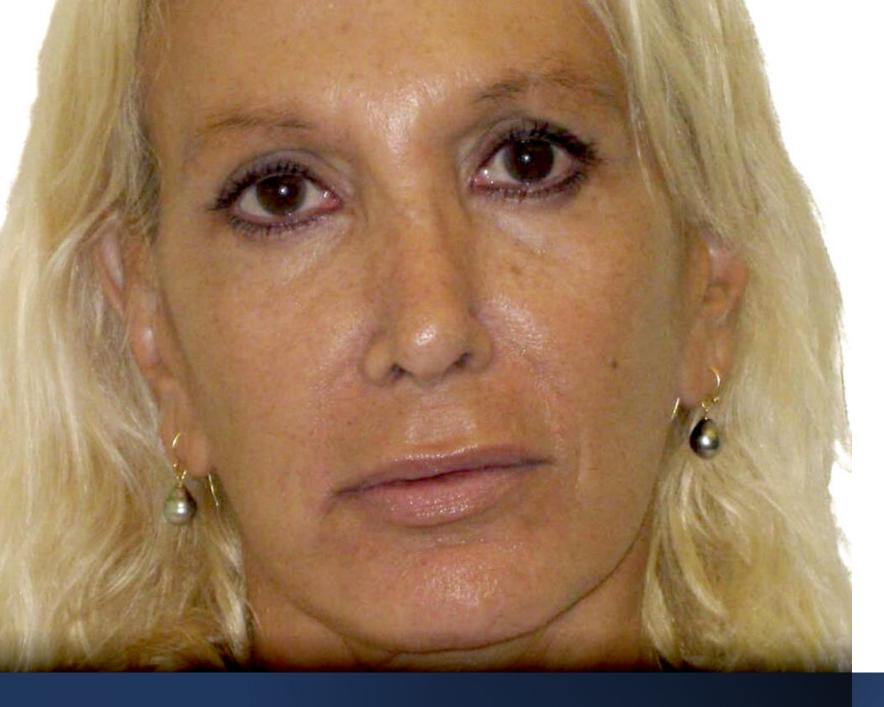






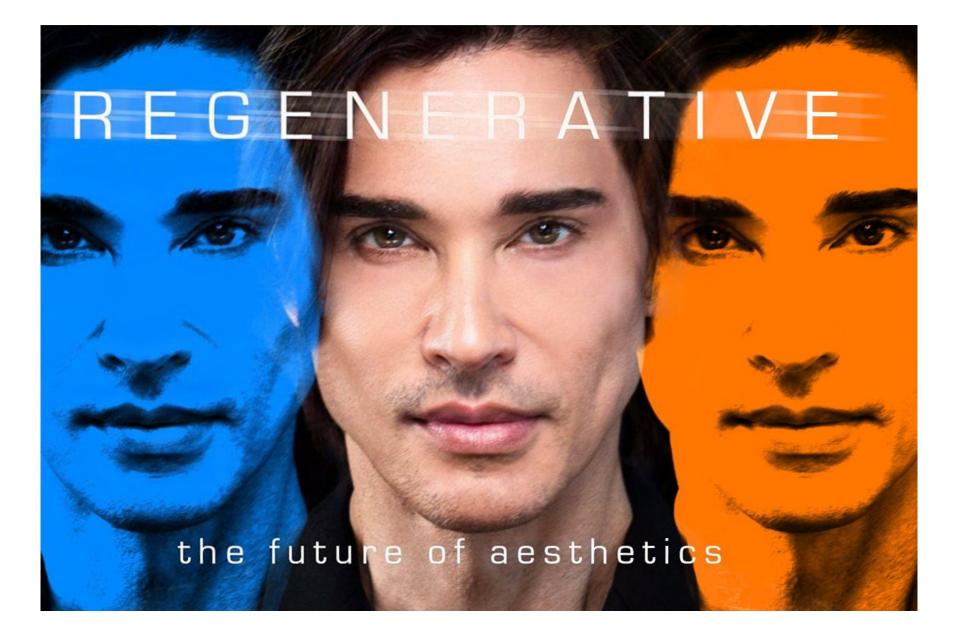






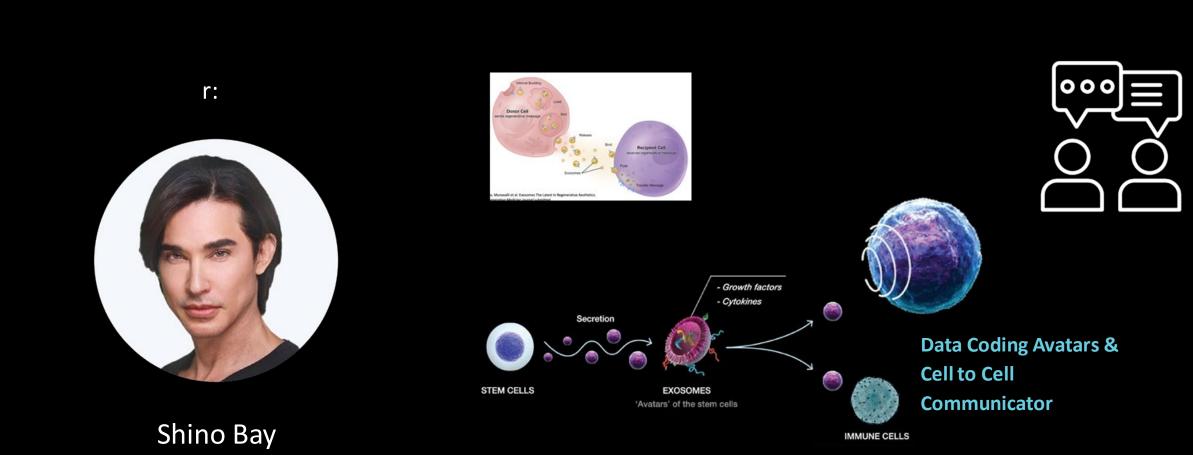




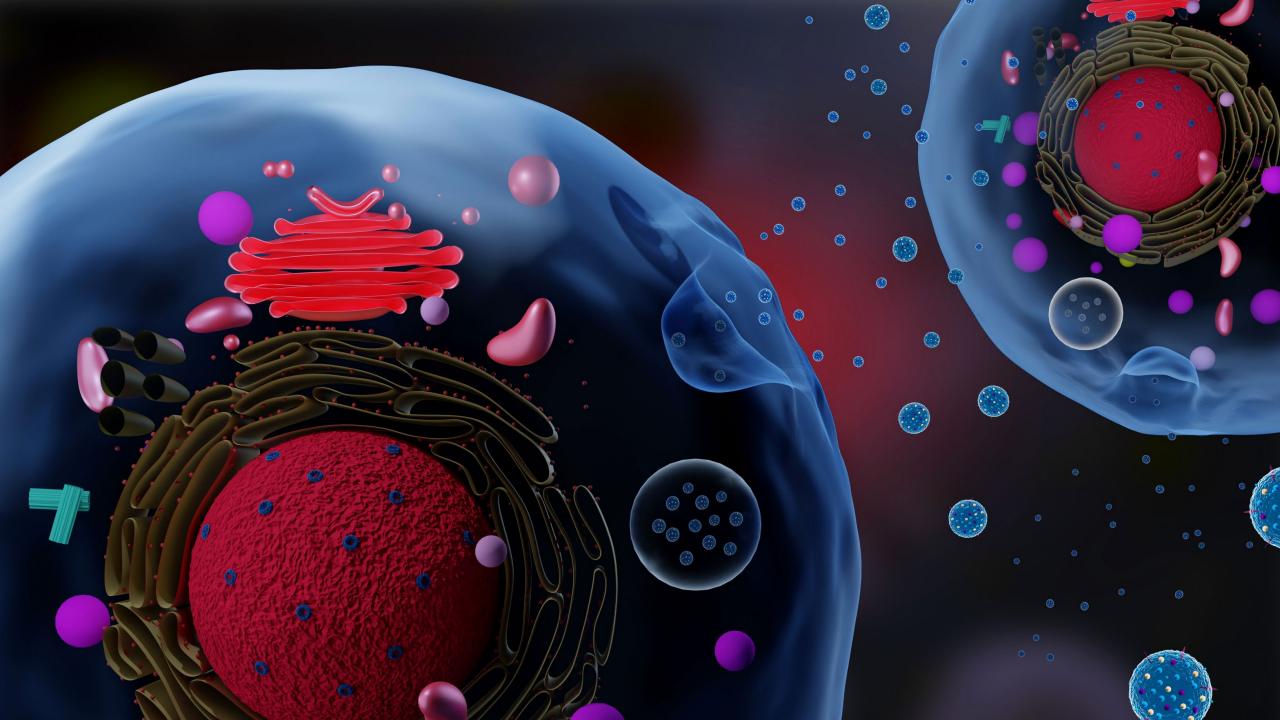


Regenerative Medicine

Cell Talk - The Power of Exosomal Communication



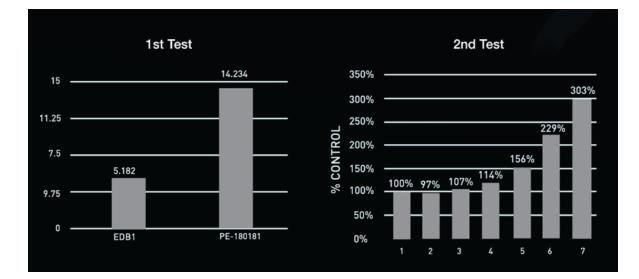
DO, FAOCD



EXOSOME TECHNOLOGY

ELASTIN INCREASE BY ExoSCRT™

Exosome products powered by ExoSCRT[™] may Increase the elastin amount of human dermal fibroblasts up to 300% in vitro.



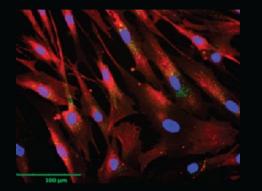
CELLULAR UPTAKE OF EXOSOMES

Human skin cells easily uptake Exosome products powered by which means that stem cell-derived exosomes can message skin cells to "Do Something".

Courtesy of BENEV

HACAT HUMAN KERATINOCYTES

HDF HUMAN DERMAL FIBROBLAST





Platelet Rich Fibrin



FIGURE 2 Centrifuge used: Remi R4C (Remi Sales & Engineerin) Ltd, Mumbai)



FIGURE 3 Injectable PRF obtained after centrifuga yellow orange fluid on top in the tube, below which RB plasma layer is seen



FIGURE 5 Injectable PRF may form a semi solid to gel-like material in vitro, if not injected at the earliest



FIGURE 4 Ready to be injected product filled in insulin syringes

Shashank B, Bhushan M. Injectable Platelet-Rich Fibrin (PRF): The newest biomaterial and its use in various dermatological conditions in our practice: A case series. J Cosmet Dermatol. 2021 May;20(5):1421-1426. doi: 10.1111/jocd.13742. Epub 2020 Oct 12. PMID: 32996229.



Polynucleotides

The power of DNA



Polynucleotide

- Purified and sterilized DNA molecules extracted from salmon trout germ cells
- Injectable monotherapy or in combination with hyaluronic acid or lasers
- induce cellular migration and collagen synthesis from fibroblasts
- the viscoelasticity of the long DNA fragments in polynucleotide fillers allows for a temporary medium that allows steady regeneration for a more natural repair to the skin

Polynucleotide

JOURNAL OF DERMATOLOGICAL TREATMENT 2022, VOL. 33, NO. 1, 254–260 https://doi.org/10.1080/09546634.2020.1748857

ARTICLE



Check for updates

Comparison of the effects of polynucleotide and hyaluronic acid fillers on periocular rejuvenation: a randomized, double-blind, split-face trial

Ye Jin Lee^a*, Hak Tae Kim^b, You Jin Lee^b, Seung Hwan Paik^b, Young Seon Moon^b, Woo Jin Lee^b, Sung Eun Chang^b, Mi Woo Lee^b, Jee Ho Choi^b, Joon Min Jung^b† and Chong Hyun Won^b†

^aDepartment of Dermatology, Kyunghee University Hospital at Gangdong, Seoul, Republic of Korea; ^bDepartment of Dermatology, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Republic of Korea

ABSTRACT

Background: Filler injection has become an extremely popular method for facial skin rejuvenation, including the periorbital area. In the recent years, new polynucleotide (PN)-containing filler products have been used for esthetic purposes.

Aim: We aimed to investigate the efficacy and safety of PN filler injection in the periorbital area. **Patients/methods:** A total of 27 subjects were enrolled in this randomized, pair-matched, and active-controlled study. Each subject received filler injections thrice with two-week intervals, with a PN filler

- 27 subjects , randomized, controlled study.
- 3 Tx, with two-week intervals, with a PN filler injection on one side and a noncrosslinked hyaluronic acid (HA) filler injection on the contralateral side of the periorbital area.

ARTICLE HISTORY

Received 8 March 2020 Accepted 23 March 2020

KEYWORDS

Polynucleotide; hyaluronic acid; face; rejuvenation

The first advanced cosmeceutical system Ultra intensive with PDRN and synthetic exosomes





An innovative concept designed to obtain unparalleled results.

Unique,

effective, Safe. Thanks to the formulation rich in active ingredients, is the perfect treatment to stimulate skin rejuvenation right from the first application.

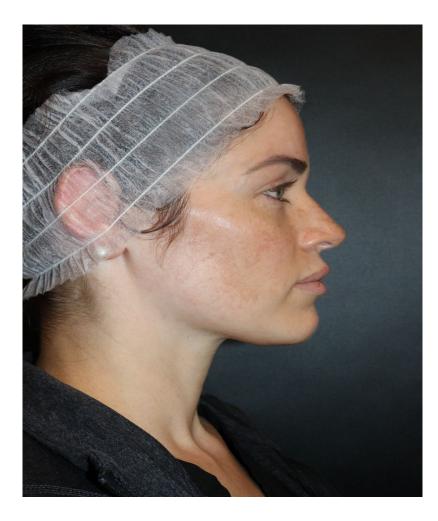
The power of Polynucleotides associated with the stimulating strength of synthetic exosomes, enriched with biomimetic peptides







One treatment with Aquagold





One treatment with Aquagold

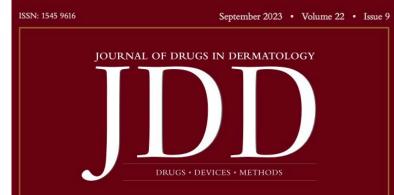




One treatment with RF Microneedling









SPECIAL TOPIC: **AESTHETIC** TREATMENTS

Image credit page 92

Baricitinib in the Treatment of Alopecia Areata

Skin Matrix Rebuilding Strategies for Dermatoporosis

Topical Treatments for Photoaged Skin

Surveying Dermatology Providers' Sensitive Skin Insights

RESIDENT ROUNDS * NEWS, VIEWS, & REVIEWS * PIPELINE PREVIEWS * CLINICAL TRIAL REVIEW ANTI-AGING · AESTHETIC · MEDICAL DERMATOLOGY



Optimizing Skin Regenerative Response to Calcium Hydroxylapatite Microspheres Via Poly-Micronutrient Priming

Elina Theodorakopoulou MD PhD,ª Alec McCarthy PhD,b Viviana Perico MD.^c Shino Bay Aguilera DO FAAD^d

Pretty You Dermatology Clinic, Athens, Greece ^bMerz Aesthetics, Raleigh, NC 'Specialist in Aesthetic Medicine, Bogotá, Colombia ^dShino Bay Cosmetic Dermatology, Plastic Surgery & Laser Institute, Fort Lauderdale, FL

ABSTRACT

Regenerative aesthetics aims to restore the structure and function of aging skin. Two products, Radiesse (CaHA) and NCTF 135 HA (micronutrient mesotherapy) have been established as minimally invasive treatments that restore the structure and function of various skin components. It has been anecdotally observed by the authors, however, that some patients respond suboptimally to recenerative treatments without a clear indication as to why. It was hypothesized that micronutrient deficiencies in some patients may contribute to their lack of responsiveness and that a concurrent delivery of amino acids and co-enzymes may create a nutritional reservoir necessary for optimal protein synthesis. Noting that CaHA is known to drive the regeneration of extracellular matrix proteins, the aim of this case series was to investigate if "priming" the skin with NCTF 135 HA could lead to enhanced clinical effects of CaHA. The combination treatment resulted in improvements in panfacial aesthetics, skin laxity, wrinkle severity, skin luminosity, hyperpigmentation, and in skin and subcutis thicknesses in 100% of patients following a single treatment. This study is the first to introduce skin priming via diluting a regenerative biostimulator treatment with an amino acid-based diluent.

J Drugs Dermatol. 2023;22(9):925-934. doi:10.36849/JDD.7405

INTRODUCTION

ike many pathologies, skin aging is complex. The wellthe structure of dermis, via a "bed base" supporting youthful skin while fibroblasts are the "craftsmen", producing collagen, hvaluronic acid (HA), and regulating molecules that resulted in the emergence of regenerative aesthetics.¹² control skin pigmentation.12 Dermal fibroblasts interact with extracellular matrix (ECM) fibers to produce healthy, elastic, hydrated, and unblemished skin.3 Age-related alterations of the structural and mechanical support of the skin's ECM are the (PLLA; Sculptra®, Galderma), polymethyl methacrylate (PMMA; driving pathomechanisms of aging skin. Therefore, fibroblasts play a vital role in the skin aging process, and if untreated during intrinsic or extrinsic aging, can contribute to loose, some endogenous ECM components for contouring tissue in saggy skin with uneven tone. Previous studies have shown that fibroblasts are reduced in numbers and their proliferative and metabolic functions slow with aging.¹⁴⁵ Simultaneously, fibroblast function in aged or damaged skin, synthesize type matrix metalloproteinase concentrations increase with aging and enzymatically contribute to the degradation of the ECM and phenotypic changes associated with aging skin.67 Recent findings suggest that senile fibroblasts can be revived and their functions restored, particularly by restoring mechanical tension and cell-substrate contact.8-10 Targeting fibroblast activity, restoring ECM structure and mechanical tension, or mitigating degradative enzyme activity may be ideal targets for anti-aging inert, and mechanically-stimulating microspheres suspended in therapy."

In recent years, cosmetic dermatology has borrowed many balanced, youthful architecture of young skin relies on ideas from regenerative medicine, which is loosely defined as the restoration of damaged or diseased tissues and their functions via biochemical or biomechanical cues, and has Several bioregenerative treatments, including calcium hydroxylapatite (CaHA; Radiesse®/Radiesse® (+) (which includes integral lidocaine), Merz Aesthetics), polylactic acid Bellafill®, Suneva Medical) have been implemented in clinics and have demonstrated the ability to induce synthesis of aesthetic indications.10,13,14 Specifically and uniquely among these fillers, CaHA has demonstrated the ability to restore I and type III collagens, elastin, and proteoglycans, and is a promising regenerative aesthetic treatment.14-16

> Since its introduction in the aesthetic market in 2006, CaHA has been an efficacious and safe injectable treatment for improving global panfacial volume loss and skin rejuvenation.17 CaHA injectable filler consists of 25-45 um synthetic, immunologically an aqueous gel preparation containing carboxymethyl cellulose

Skin Priming

Viviana Perico MD

- Aesthetic Medicine specialist, Bogota, Colombia
- Speaker and trainer for Zaneo, Globaltee, Zaneo and Fillmed.



Dr. Elina Theodorakopoulou MD, PhD

- Greek & Dubai licensed Dermatologist
- Founder of Pretty You Dermatology Clinic, Greece
- Visiting Dermatologist at 11/11 Aesthetic & Dermatology Clinic, Dubai
- PhD on Psoriasis
- Facial Ultrasound holder
- Investigator & Researcher
- Published Author & trainer



Alec McCarthy PhD

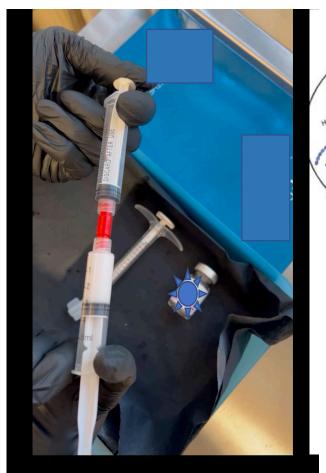
- Dr. of Bioregenerative Medicine and Bioengineering
- Medical Science Liaison at Merz Aesthetics

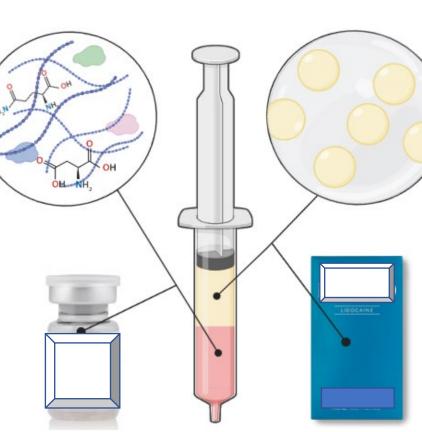


Ferial Fanian MD PH

- Dermatologist, Laserist, Confocalist
- M.D, PhD in life and health science at Center for Study and Research on the Integument (CERT)
- Besançon, Franche-Comté, France
- Scientific and Medical Director FILLMED Laboratories Paris, France







Skin priming components

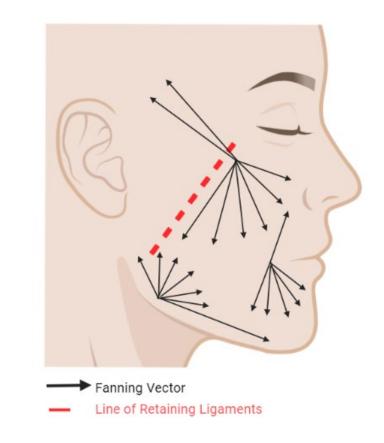
. 1:1 ratio of CaHa and bioregenerative injectable solution

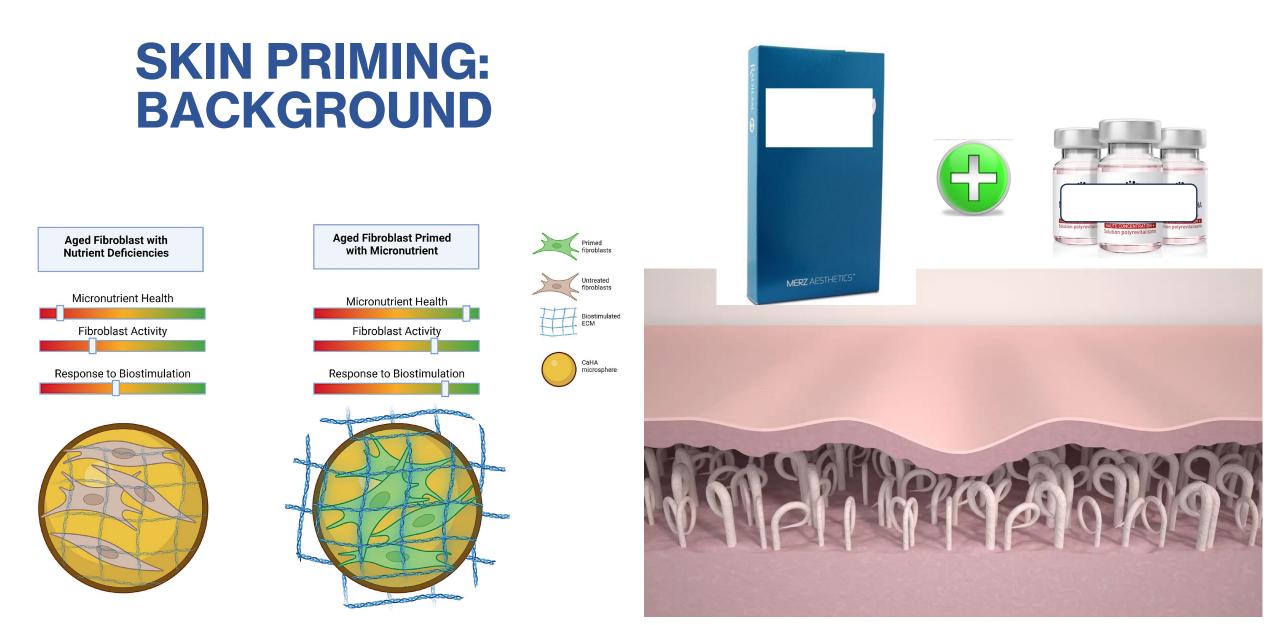
CaHA microspheres in CMC gel

Bioregenerative injectable solution = amino acids, uncrosslinked HA, coenzymes, nucleotides

SKIN PRIMING: INJECTION TECHNIQUE







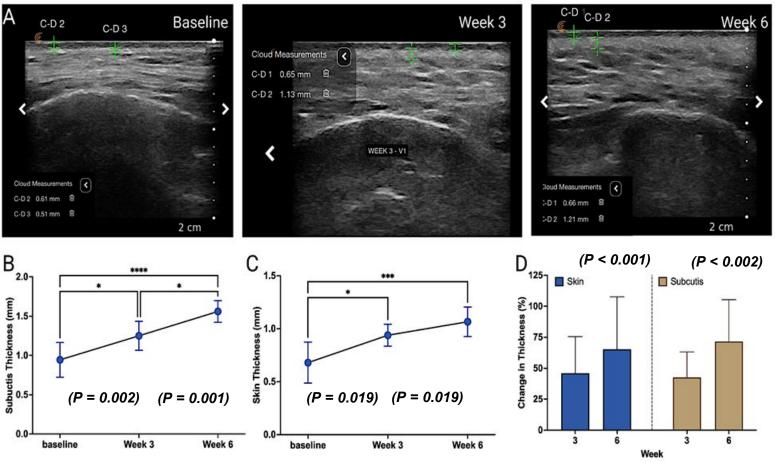
Courtesy Elina Theodorakopoulou MD, Alec McCarthy PhD

SKIN PRIMING: U/S RESULTS

Skin thickness increased by

45.89% ± **29.60** between baseline & wk 3 **65.31%** ± **42.29** between baseline & wk 6

Subcutis thickness 42.56% ± 20.52 71.53% ± 33.71%

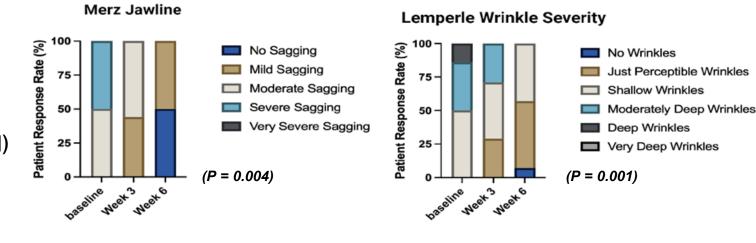


Courtesy Elina Theodorakopoulou MD, Alec McCarthy PhD

SKIN PRIMING: CLINICAL RESULTS

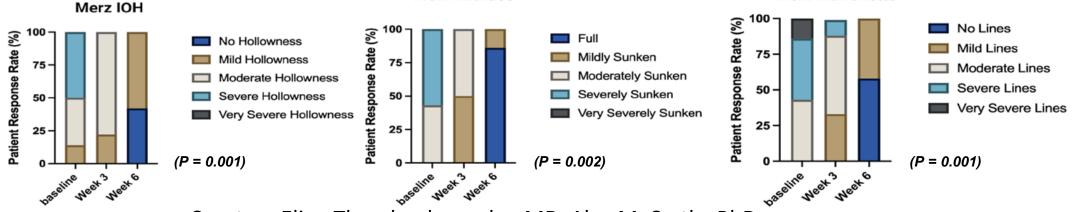
Significant improvements in:

- Jawline
- Wrinkle
- Infraorbital Hollowness (IOH)
- Midface
- Marionette



Merz Midface





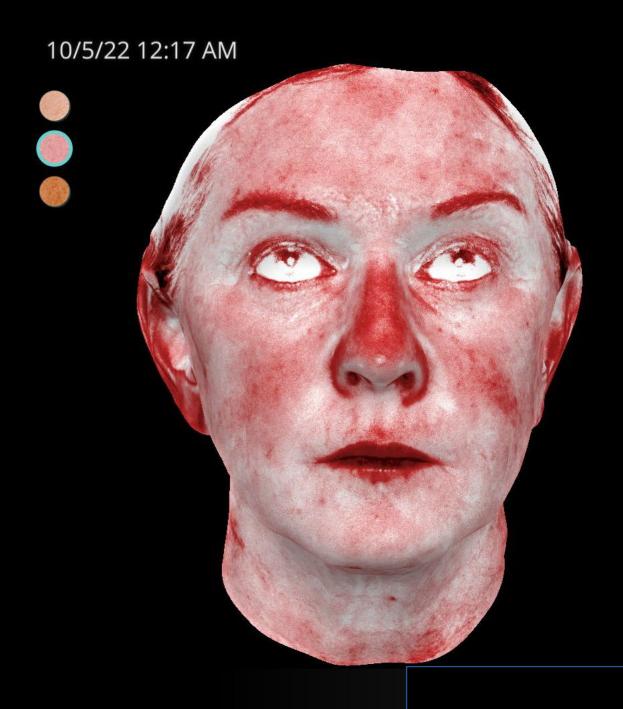
Courtesy Elina Theodorakopoulou MD, Alec McCarthy PhD



10/5/22 12:17 AM



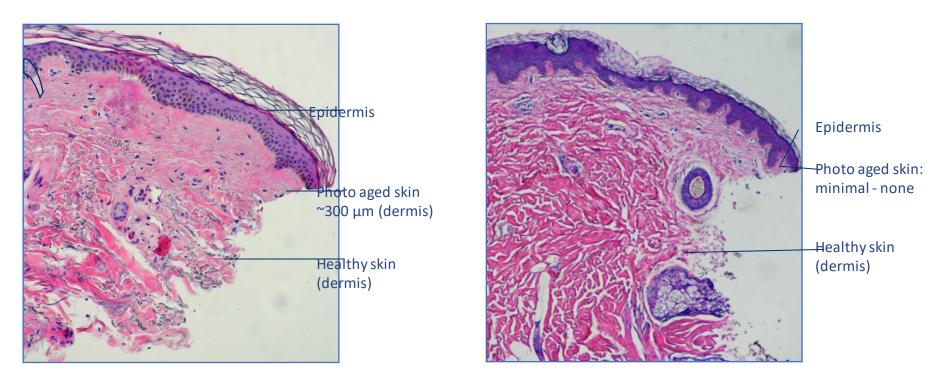








One year and 6 months

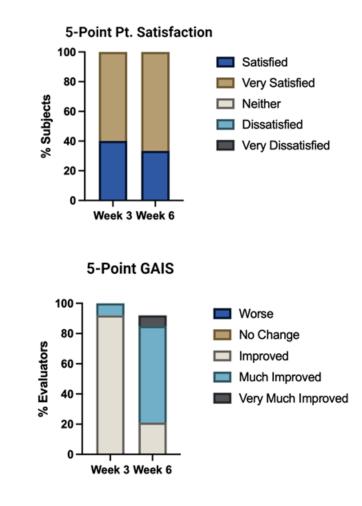


Cross section of 50 year old skin

Cross section of 18 year old skin

SKIN PRIMING: MORE RESULTS

- 100% of patients were at least 1-point responders by wk
 3 & wk 6
- 100% of patients recommended treatment
- Patient satisfaction was either "satisfied" or "very satisfied" at wk 3 & 6
- Most common adverse event: erythema, which spontaneously resolved within 3 days



• 56 y/o male complaining of sagginess on the neck



- One treatmet of CaHa with 6cc polymicronutrients 1:4 dilution
- This is the result after 3 weeks





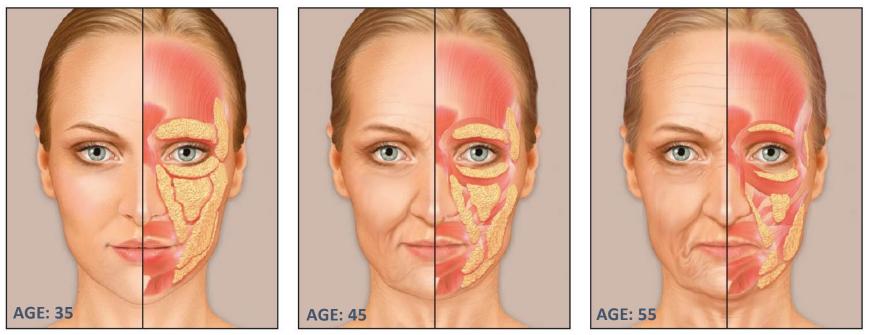
Treatment was done with a full syringe RADIESSE[®] (+) hyper-diluted with 9cc NCTF 135



@tylstinmedspa Vaughan ON, Canada

Fat

A youthful look depends on having the right amount of facial fat in the right places. Redistribution, accumulation, and atrophy of fat lead to facial volume loss.^{1,2,4,5}



- Some areas lose fat. Examples are the forehead and cheeks.
- Other areas gain fat. Examples are the mouth and jaw.
- Modification of the fat pads leads to contour deficiencies.²⁻⁵

Goldberg D, Guana A, Volk A, Daro-Kaftan E. Single-arm study for the characterization of human tissue response to injectable poly-L-lactic acid. *Dermatol Surg.* 2013;39:915-922.
 Mayo Clinic. Facial fillers for wrinkles. Available at https://www.mayoclinic.org/tests-procedures/facial-fillers/about/pac-20394072. Accessed February 5, 2019.





is not a Filler

Off-the-shelf allograft adipose derived matrix

contains the same matrix proteins and components found in native adipose tissue





Minimal prep time <5 mins. prior to treatment

Little to no downtime



Eliminates need for surgery and downtime

Easy to store 15-month shelf life



This is...

Aseptically processed adipose ECM

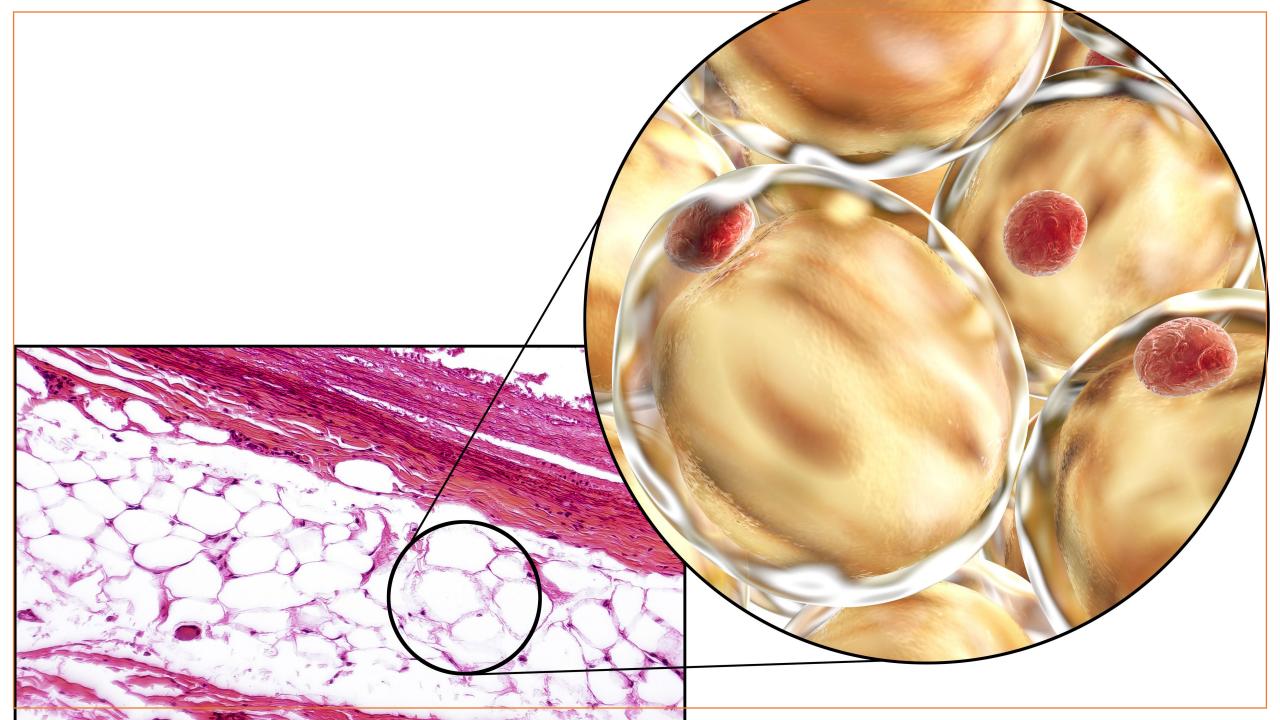
Courtesy of MTF Biologics

Adipose ECM (eventually Renuva[™]) ∕

Human adipose H&E

Image via academic.pgcc.edu

Image via www.lipofilling.com



Think of a Honeycomb...











Patient Results

Courtesy of Trevor Larsen, RN

Age: 24

Depressed area

Treatment area: Buttocks

quantity: 3 ccs injected in each side

Number of treatments: One

After photos: 3 months post procedure





After



Patient Results

Case Courtesy of Alan Durkin, MD

Age: 72

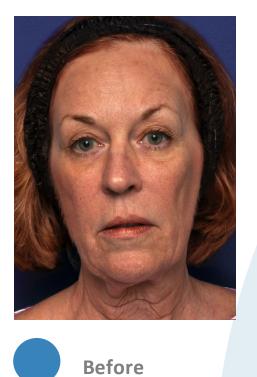
Age-related volume loss

quantity: 3 ccs injected in each side

Treatment area: Malar, Sub-Malar & Nasolabial

Number of treatments: One

After photos: 6 months post procedure







Patient Results

Courtesy of Leif Rogers, MD, FACS

Age: 54

Treatment area: Neck

Age-related volume loss

quantity: 4.5 ccs injected in each side

Number of treatments: One

After photos: 8 months post procedure



Before



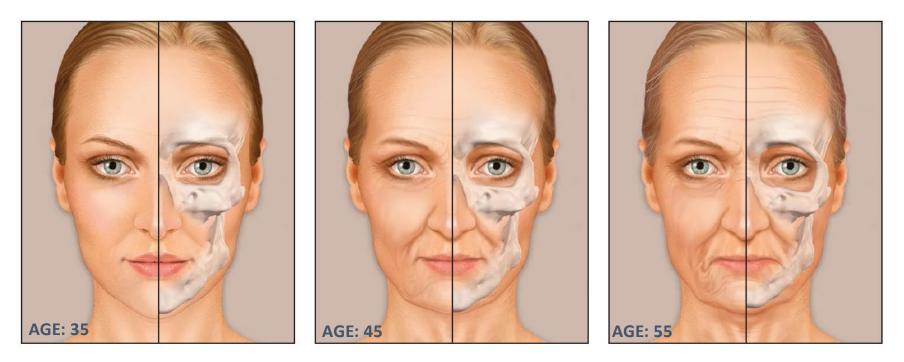
After

Courtesy of MTF Biologics



Bone

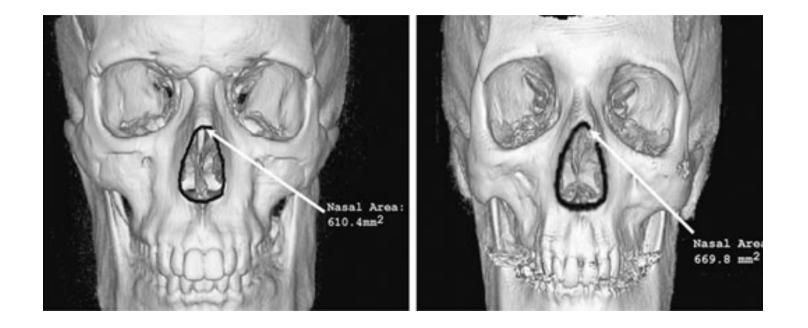
There is a significant loss of facial bone with age.⁴ Aging of the craniofacial skeleton may be due to changes in the relative dynamics of bone expansion and bone resorption. Bone resorption leads to biometric volume loss.^{2,4}

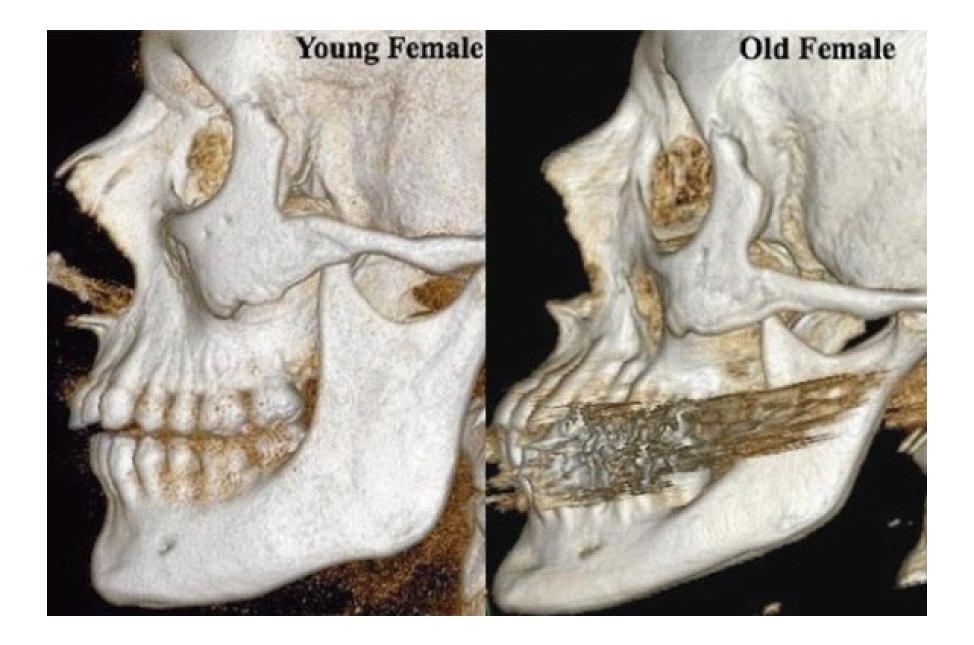


Without the structural support of bone, there are noticeable changes in the other layers of overlying soft tissue and skin.^{3,4}

Goldberg D, Guana A, Volk A, Daro-Kaftan E. Single-arm study for the characterization of human tissue response to injectable poly-L-lactic acid. *Dermatol Surg.* 2013;39:915-922.
 Mayo Clinic. Facial fillers for wrinkles. Available at https://www.mayoclinic.org/tests-procedures/facial-fillers/about/pac-20394072. Accessed February 5, 2019.

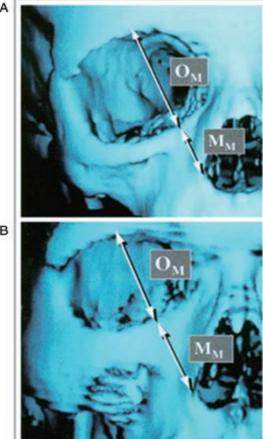
Craniofacial bone remodeling

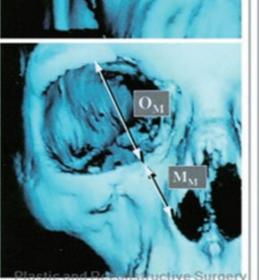


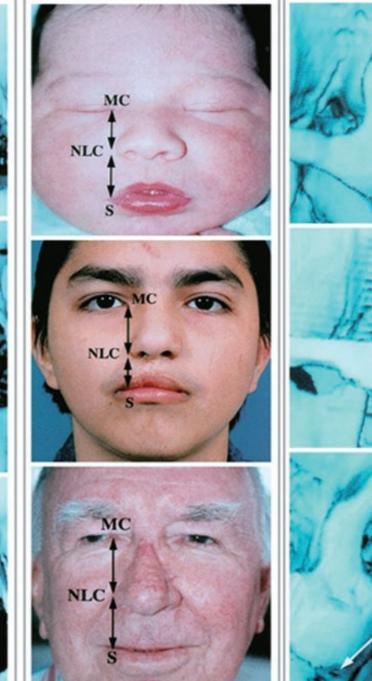


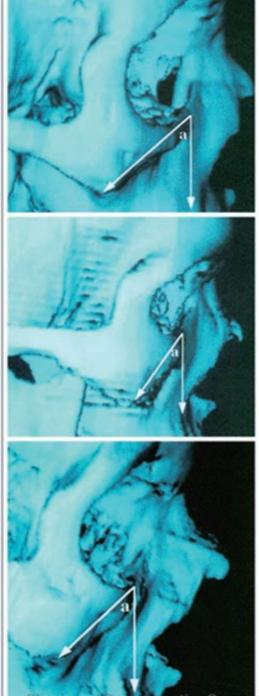
CRANIOFACIAL SKELETAL SUPPORT & FACIAL SHAPE











Concertina Effect

Courtesy of Fitzgerald and Vleggaar Dermatologic Therapy, vol 24, 2011, 2-27

С

Copyright © 2016

ORIGINAL ARTICLE Journal of Drugs in Dermatology

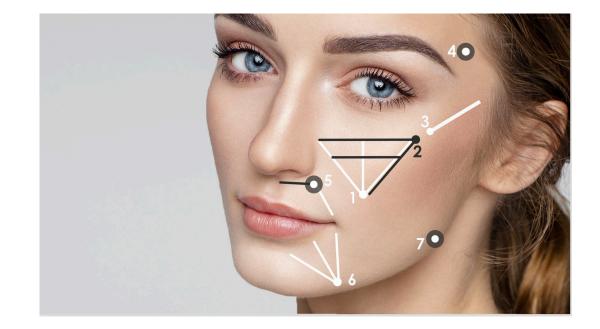
Optimizing Injections of Poly-L-lactic Acid: The 6-Step Technique

Shino Bay Aguilera DO FAAD,^a Sean Branch DO FAAD,^b and Luis Soro DO FAAD^a

^aShino Bay Cosmetic Dermatology, Plastic Surgery &Laser Institute, Fort Lauderdale, FL ^bHenghold Skin Health &Surgery Group, Pensacola, FL

ABSTRACT

The authors present a reproducible and effective technique utilizing poly-L-lactic acid for panfacial revolumization. The variable dilution ratios, reconstitution times, injection techniques and rates of nodule formation with poly-L-lactic acid can be intimidating to even experienced injectors. While there is no single cookie-cutter approach to facial volumization, this 6-step "Precise Sculpt" technique can be used as a template to reliably achieve optimal results while minimizing the risk of adverse events. J Drugs Dermatol. 2016;15(12):1550-1556.



7 points Now

Before

- 75 y/o male
- Looking to look younger
- Wife looking like his daughter now.



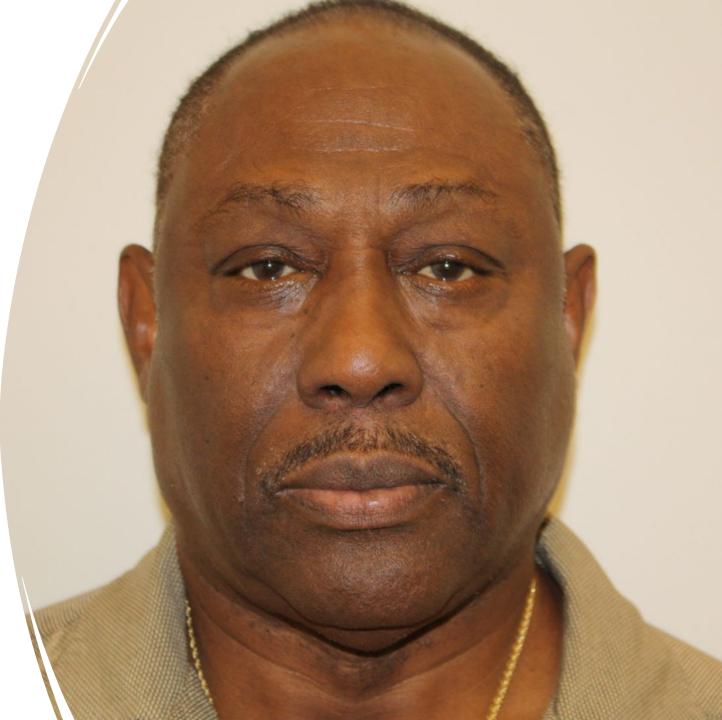
After one session

- 2 vials Sculptra per session
- Supraperiosteal technique (7points)
- 8 weeks later
- Decided to do another session 2 more vials.



After 2 sessions

- 8 weeks after the second session
- Observe how the soft tissue fits better on the ticker periosteum.



Before

- 72 year old male
- Looking tired and older wants to look refreshed



After one session

• Two vials



Before

- 49 y/o male post weight loss
- Looking for facial rejuvenation



After two sessions

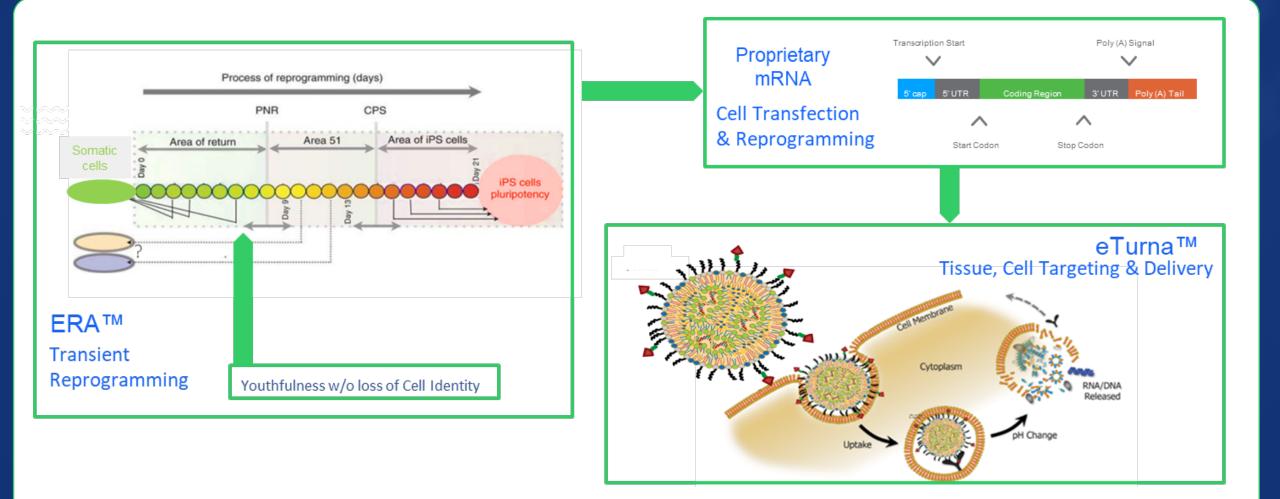
- 2 vials per session
- 8 weeks apart per session



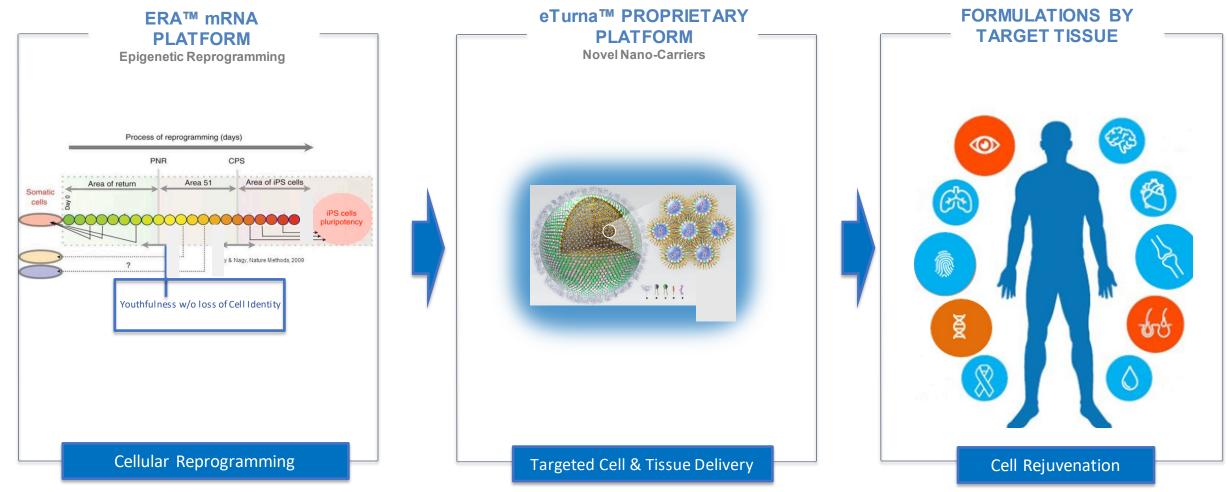




Epigenetic Reprogramming of Aging (ERA): Cellular Restoration



Disease Targeted Precision Medicine ERA[™] and eTurna[™]



Courtesy of TurnBio

How Can We Restore the Functionality of Aged Cells?

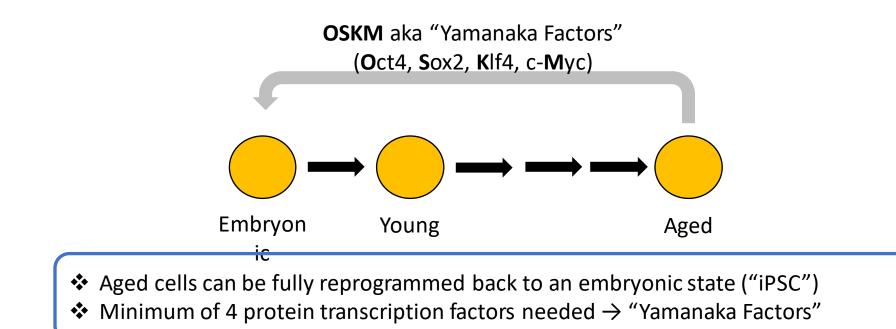
Induction of Pluripotent Stem Cells from Mouse Embryonic and Adult Fibroblast Cultures by Defined Factors

Kazutoshi Takahashi¹ and Shinya Yamanaka^{1,2,*} ¹ Department of Stem Cell Biology, Institute for Frontier Medical Sciences, Kyoto University, Kyoto 606-8507, Japan ² CREST, Japan Science and Technology Agency, Kawaguchi 332-0012, Japan *Contact: yamanaka@frontier.kyoto-u.ac.jp DOI 10.1016/j.cell.2006.07.024

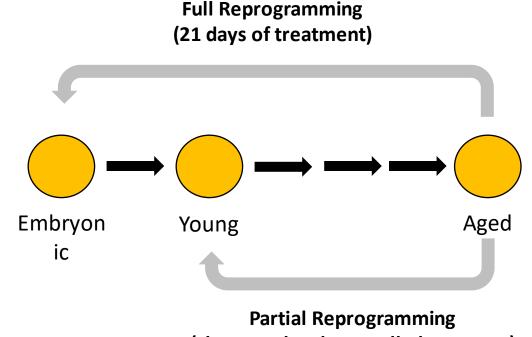




Shinya Yamanaka (2012)



Partial (or Transient) Reprogramming Restores Youthfulness Without Changing the Cell's Identity

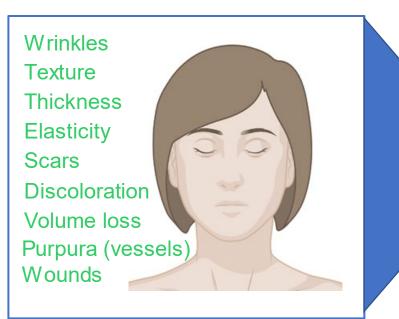


(shortened and controlled exposure)

Full vs. Partial Reprogramming

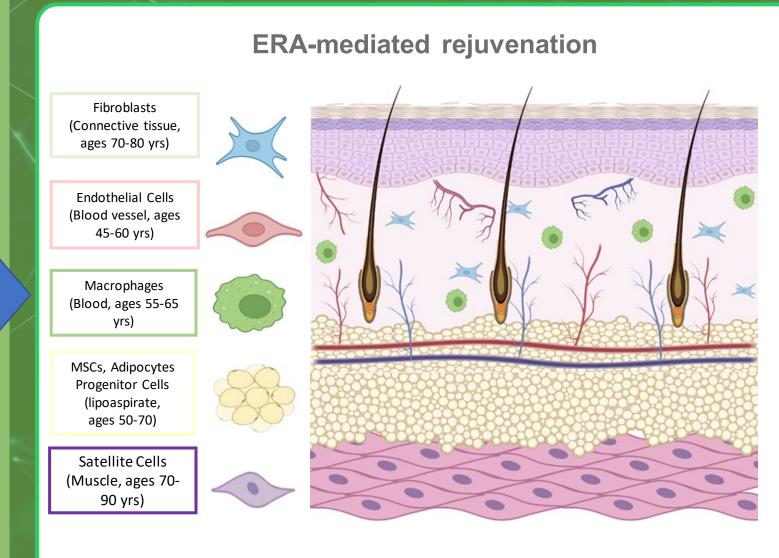
- ✤ Can use the same transcription factors, but the difference is in the duration of treatment
- Partial reprogramming rejuvenates cells but does not change the cell's identity
- Full reprogramming requires redifferentiation and has the potential to form tumors

ERA[™] in Dermatology: **The Future of Skin**



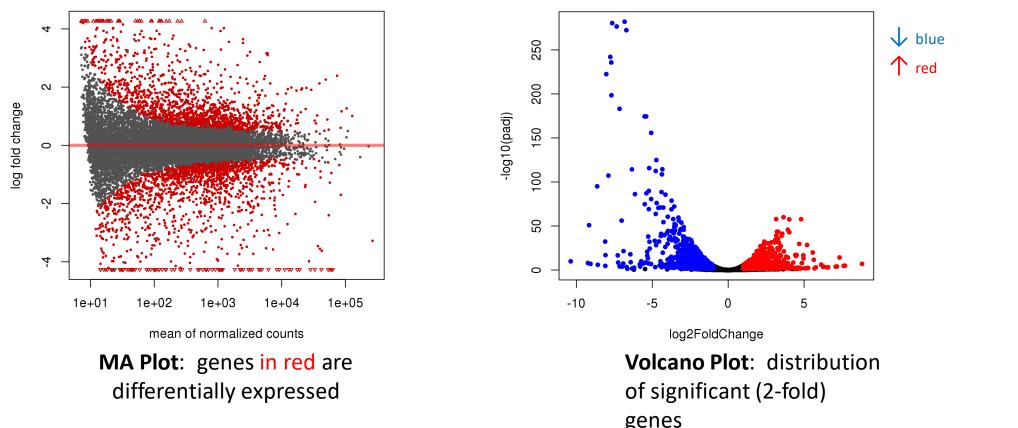
ERA works in all layers of the skin: epidermis, dermis, hypodermis, muscle

• Proven effective in over 40+ cell types



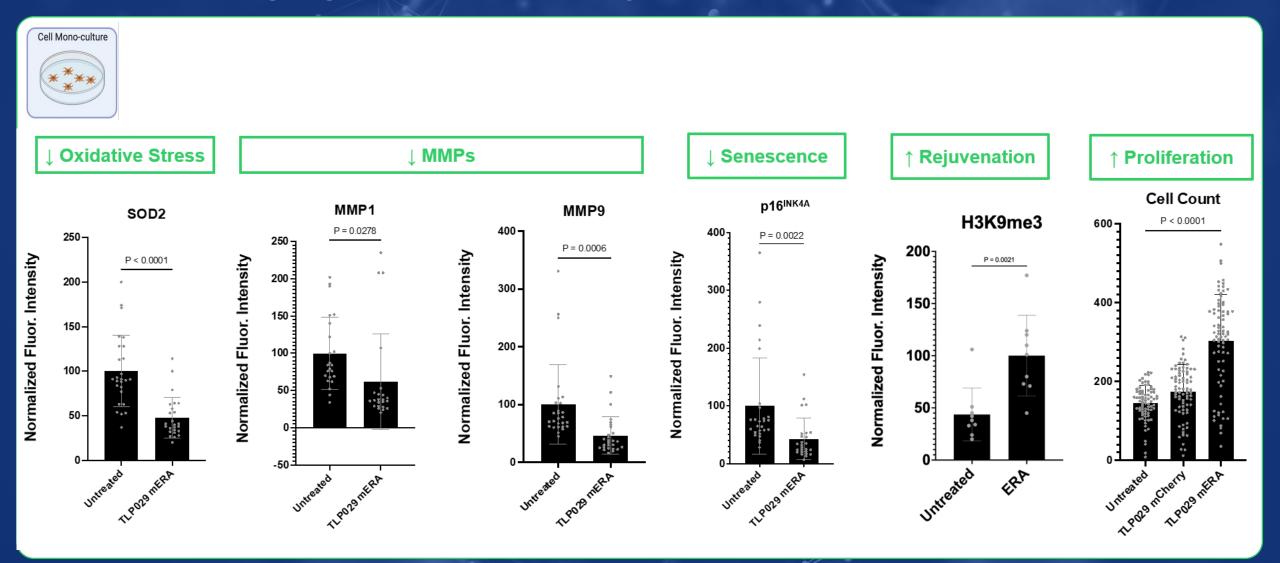
ERA restores balance and youthful function in all cells

ERA[™] Has a Strong Global Transcriptional Effect on Adult Dermal Fibroblasts

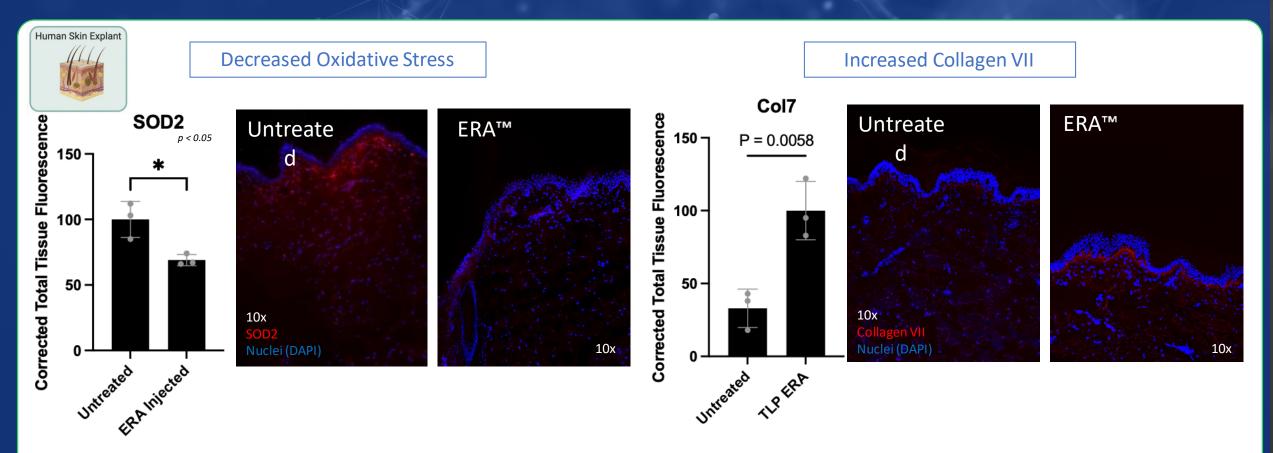


- With ERA treatment, many significant differentially expressed genes are associated with extracellular matrix (ECM) remodeling and inflammation
- Gene ontology analysis showed that ERA-induced changes amount to an overall enrichment of ECM protein deposition and downregulation of cytokine signaling

Treatment with ERA Results in a Broad Panel of Changes Related to Aging and Skin Quality



ERA™ Rejuvenates Ex Vivo Human Skin Cultures



- Consistent with cellular studies, the oxidative stress marker, SOD2, is also decreased with ERA treatment at the tissue level
- Collagen VII, a key ECM protein that maintains the integrity of the dermal-epidermal junction that is known to decrease with age, is increased with ERA treatment

Path Forward to the Clinic

INTERACT Meeting with FDA

 Positive feedback from FDA discussions provides guidance for clinical trial design

In vivo Efficacy (ongoing)

- Human skin mouse xenograft model
- Wound healing models (mouse and pig)

Development

- Formulation optimization
- IND-enabling studies



