Building a Research Practice

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Disclosures

• none

Why Integrate Clinical Research?

Novel treatment and therapies help patients

Benefits for patients and practice-cutting edge treatments

Augment Dermatologists existing practices, while integrating naturally within established workflow

Research arm=extension of doctor's care

Researchers at the forefront of new drug discovery and technologies

All Clinical Research Studies retention 70%, but within our practice and dermatologists in general 90% retention

EHR and AI stratisification helps identify candidates

450,000 current clinical trials enrolling

Practical Derm, Lazas Dec 2023

Outline



Step One: Research Goals

- Figure out what types of research are interesting to you
- Reach out to another doctor/mentor to start as a second site for them to observe how process plays out
 - Get a few research projects under your belt
 - Ask lots of questions of your mentor
- Get your name on pharmaceutical company websites
- Look at your practice and types of conditions/diagnoses/patient interests (aesthetic, medical, surgical) of your database

Step Two: Research Methods





Stage of product development company comes to you with (discovery, concept validation and testing, launch, and postlaunch) Phase I-IV Research questions you're trying to answer



Type of data you need to round out your inquiry (qualitative or quantitative, attitudinal or behavioral)



Conclusions:

Will you write this paper? Do you have a statistician? Will you publish this paper?

Step Three: Create a Research Plan

Title: Investigator Initiated vs Company Creates

Team: single site, multi-site, who is primary

Goals: you create or company does

Methodology: photography, equipment needed for study

Participants, ease of recruitment, diversity

Schedule of visits: how often, how long each visit takes, actions for each visit

Create a Budget, or review a supplied budget

Next steps: publication, presentations, abstracts

Step Four: Recruit Subjects



Outside advertising?

*consider adding additional fee in budget



Post notices in exam rooms



Look to Database

Run constant contact

Run approved ads on social media

Hire company to run ads if budget allows

Staff members to share with friends (share constant contact, social media posts)

Step Five: Perform the Research

Designate a Clinical Research Coordinator for each study(may carry more than one)

Schedule Site Initiation Visit for all research staff

Schedule patients for study

Coordinate with your patient schedule to grade or treat

- Verify if PI must grade or NP or PA can perform
- Do you have to have backup PI

CRC enters data in designated Electronic Data Capture System

Head Research Coordinator submits invoice to Sponsor

Follow up with invoice payment

Final sign off dates

Step Six: Analyze and Synthesize Results



CREATE MANUSCRIPT IF DESIGNATED IN BUDGET OR REVIEW MANUSCRIPT IF MULTI-SITE STUDY

Step Seven: Share Results



SPEAK ON PODIUM ABOUT STUDY

SUBMIT ABSTRACT TO CONFERENCE





Learn:

what to do

what not to do,

how to technically do it right



Start small with multisite study, then expand



Hire great staff



Do great work and you will get more

Don't overpromise Don't take on projects you can't fill Take charge, oversee your projects

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