

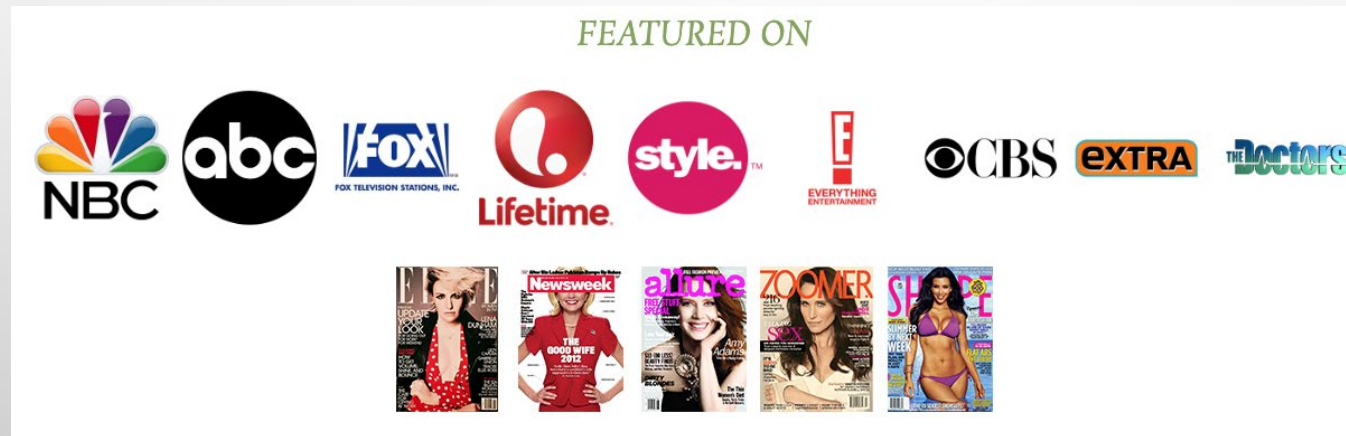
The background of the slide is a light gray gradient, decorated with numerous realistic water droplets of various sizes. Some droplets are at the top left, some are scattered in the middle, and a large, prominent one is on the right side. The droplets have highlights and shadows, giving them a three-dimensional appearance.

# EXOSOMES: THE NEW FRONTIER IN STEM CELL TECHNOLOGY

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Associate Clinical Professor - UCLA



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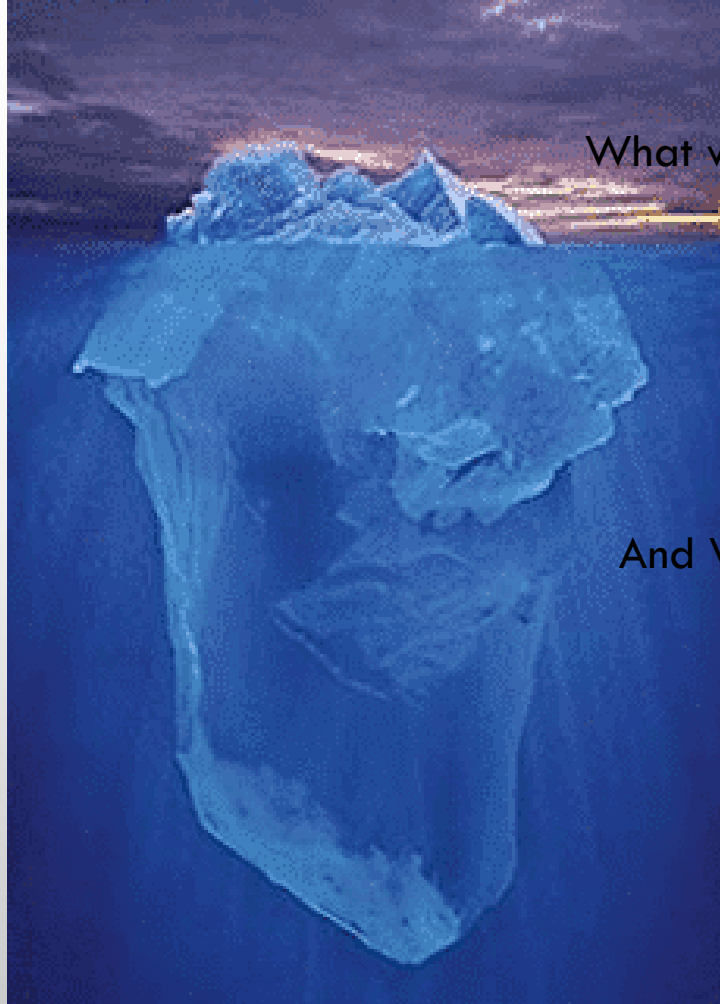
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# DISCLOSURES

- EXOCEL BIO: ADVISORY BOARD
- ANTEAGE: ADVISORY BOARD
- AMP: ADVISORY BOARD



What we know about Exosomes

And What is yet to be discovered

# EXOSOMES AND SIBLINGS FOUND IN PLANTS

- JU ET AL. GRAPE EXOSOME-LIKE NANOPARTICLES INDUCE INTESTINAL STEM CELLS AND PROTECT MICE FROM DSS-INDUCED COLITIS. *MOL THER.* 2013 JUL21(7): 1345-57
  - GRAPE EXOSOMES PROTECT AGAINST DEXTRAN SULFATE SODIUM INDUCED COLITIS
  - GELN MODULATE INTESTINAL RENEWAL PROCESS AND REMODELING OF IT IN RESPONSE TO PATHOLOGICAL TRIGGERS



# STEM CELL SOURCES

## plant

- Communicate a different language, more AOX

## adipose

- Highly inflammatory
- Not medically monitored

## neonatal

- Inferior cell source
- inflammatory

## Mesenchymal bone marrow

- Non-inflammatory
- Medically monitored, dense, effective



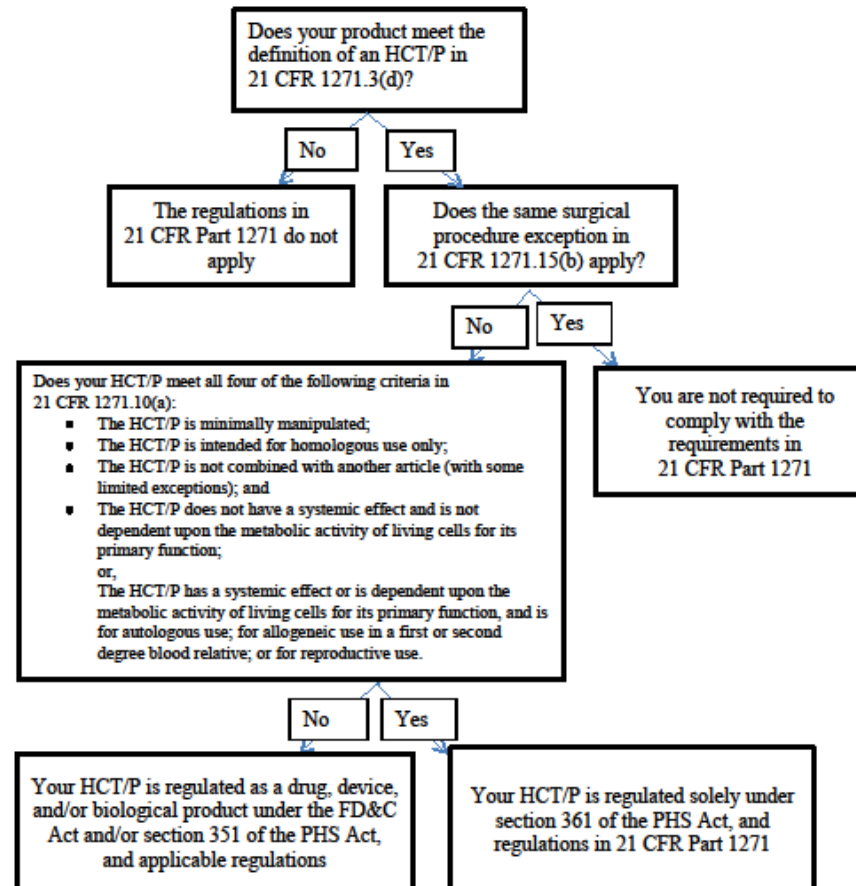
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# REGULATORY CONSIDERATIONS FOR HUMAN CELLS, TISSUES, AND CELLULAR AND TISSUE-BASED PRODUCTS: MINIMAL MANIPULATION AND HOMOLOGOUS USE: GUIDANCE FOR INDUSTRY AND FOOD AND DRUG ADMINISTRATION STAFF

Contains Nonbinding Recommendations

Flowchart to illustrate how to apply the criteria in 21 CFR 1271.15(b) and 1271.10(a)





# STEM CELLS VS EXOSOMES

## STEM CELLS

- LIVING CELLS
- MUST BE USED FRESH/CAREFULLY PRESERVED
- FOUND IN CERTAIN TISSUES
- PRODUCE “INFORMATION”
- LIMITED THERAPEUTIC POTENTIAL

## EXOSOMES

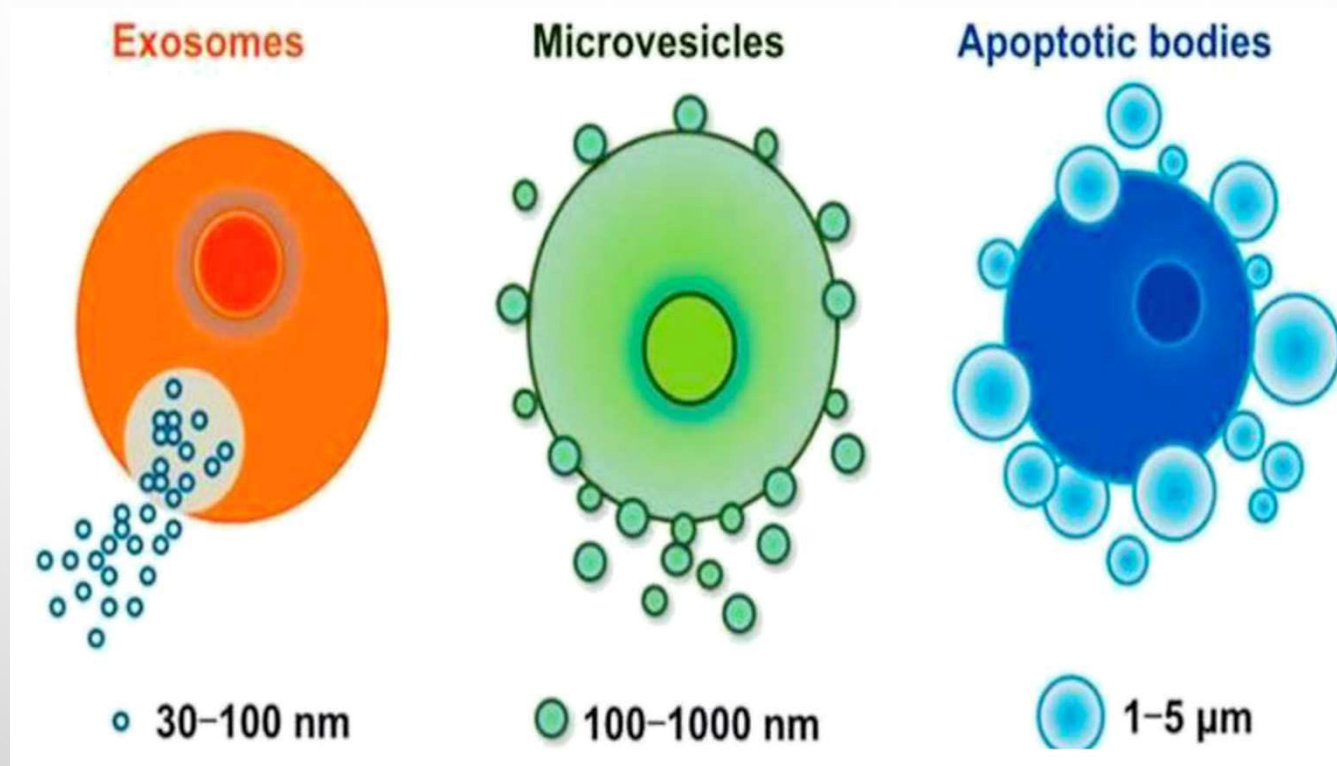
- ENDOGENOUS LIPID NANOPARTICLES CAN BE STERILIZED, STORED AND TRANSPORTED
- FOUND IN EVERY BODILY FLUID
- CARRY “INFORMATION”
- VAST THERAPEUTIC POTENTIAL
- NON-IMMUNOGENIC



# SO WHAT IS AN EXOSOME AND WHAT DOES IT DO (BIOLOGICAL FUNCTIONS): MASSIVE BOOST IN REGENERATIVE POWER.

- EXTRACELLULAR VESICLES PRODUCED BY NEARLY ALL CELL TYPES, PRESENT IN ALL BIOLOGICAL FLUIDS
- PREVIOUSLY CALLED DEBRIS, PAPERS STARTED 1983, BUT “PLATELET DUST” AS EARLY AS 1967
- EXOSOMES ARE EXPELLED FROM CELL THROUGH EXOCYTOSIS, THEN TAKEN UP BY RECIPIENT CELL TO INDUCE VARIOUS BIOLOGICAL RESPONSES
- MANY FUNCTIONS, SOME NOT EVEN KNOWN YET:
  - ERADICATION OF OBSOLETE MOLECULES
  - ANGIOGENESIS
  - COAGULATION
  - DISSEMINATION OF ONCOGENES FROM TUMOR CELLS?(CONCERN)
- RELEASED FROM STEM CELLS, RESPONSIBLE FOR CELL TO CELL COMMUNICATION BETWEEN:
  - FIBROBLASTS( MAKE COLLAGEN AND ELASTIN)
  - KERATINOCYTES (SKIN CELLS)
  - IMMUNE CELLS
  - TRANSFER GROWTH FACTORS, PROTEINS, GENETIC MATERIAL FOR TISSUE REPAIR
  - CONTAIN 3X AMOUNT OF GF COMPARED TO STEM CELLS-RESTORE AND REVITALIZE TARGET CELLS
  - MICRO-RNA STIMULATE FIBROBLAST GROWTH, COLLAGEN PRODUCTION AND SKIN REJUVENATION
  - ONCE EXOSOME RELEASED FROM STEM CELL—ATTRACTED TO CELLS WITH ACTIVE INFLAMMATION AND ARE ABSORBED, EXOSOMES THEN RELEASE “CARGO”

# WHAT TYPES OF EXTRACELLULAR VESICLES ARE THERE:



Intercellular communication

- Proteins
- mRNA
- miRNA
- Lipids

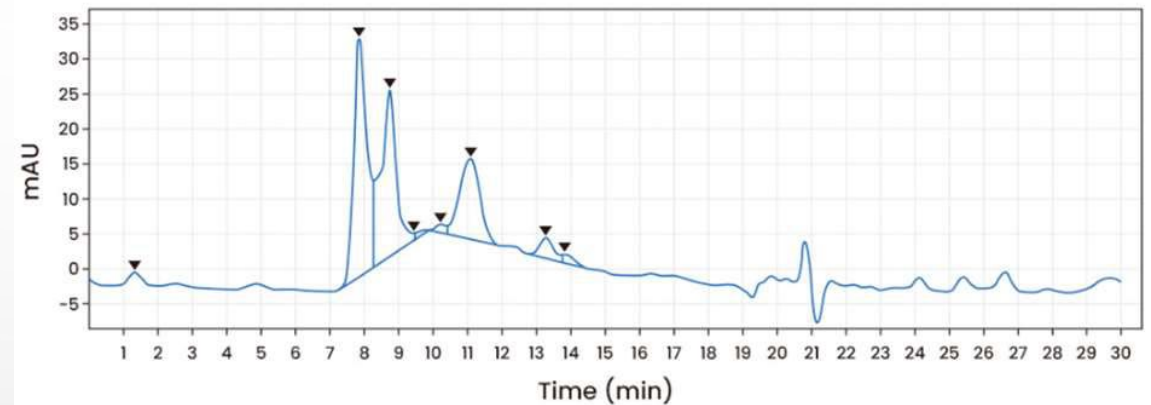
- Proteins
- mRNA
- miRNA
- Lipids

- Cell organelles
- Proteins
- Nuclear fractions
- DNA

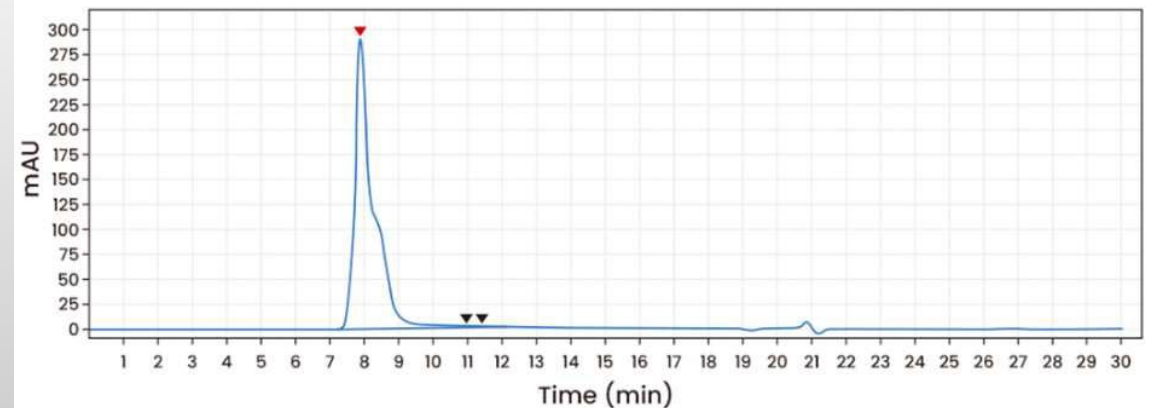
# CHALLENGES USING EXOSOMES

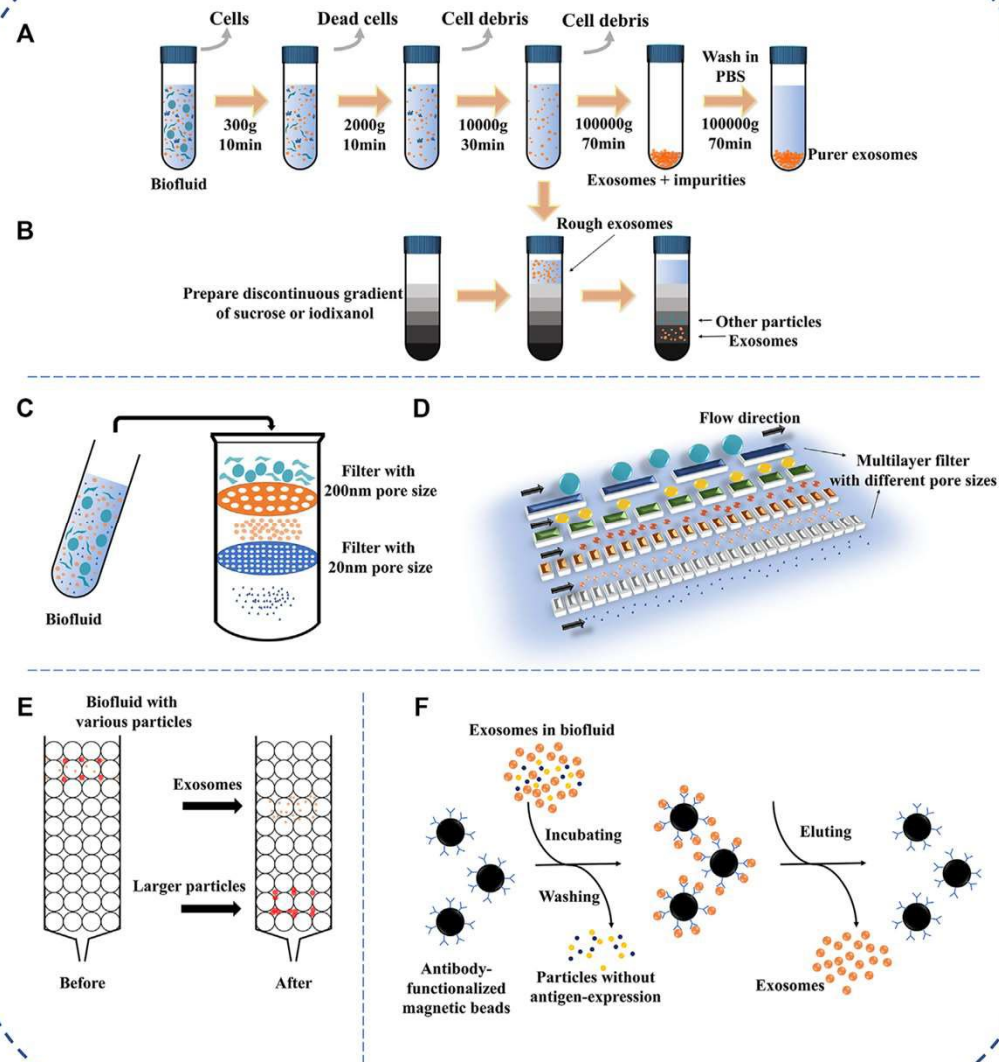
- CELL-LINE DEVELOPMENT-
  - SOPHISTICATED COMPOSITION, SMALL CELL SIZE AND HETEROGENOUS POPULATION
- SCALABILITY
- UPSTREAM CELL CULTURE
- DOWNSTREAM PURIFICATION PROCESSES
- CHARACTERIZATION AND QUALITY CONTROL
- STABILITY (SHELF-LIFE)
- REGULATORY CONSIDERATIONS
- TYPICALLY DERIVED FROM BONE MARROW OR PLACENTAL TISSUE

A Conditioned media



B Pure exosome (combination of purification method)





# How Exosomes are Made: Isolation Techniques”

- \*Ultracentrifugation: repeated can compromise integrity of EV's
- \*Ultrafiltration: deforms large Evs
- \*Precipitation: final EV yield varied, contaminants
- \*Immunoaffinity capture: search ideal biomarker

# EXOSOME CELL SOURCES

## Umbilical Cord Mesenchymal Stem Cells-Exos

- Skin rejuvenation
- Human dermal fibroblast(HDF) migration and upregulation of collagen

## Adipose Derived Stem Cells-Exos

- Cell proliferation and migration
- Decrease ROS production and DNA damage

## Bone Marrow Derived Stem Cell- Exos

- Exosomes concentrate the natural function of a stem cell.
- most regenerative for skin

## Human Trophoblast-Exos

- Superior regenerative capabilities
- Prolif and migration of HDF
- Increase collagen I and III, elastin
- Decr MMP1,3





## Update on Exosomes in Aesthetics

Nina Hartman, MD, Jameson Loyal, MD, and Sabrina Fabi, MD\*

**BACKGROUND** In dermatology, exosomes have been leveraged given their roles in wound healing, cell migration, extracellular matrix reconstruction, and angiogenesis.

**OBJECTIVE** The purpose of this article is to review the literature investigating the use of exosomes in skin rejuvenation and hair regeneration.

**MATERIALS AND METHODS** The PubMed database was searched for studies published through October 2021.

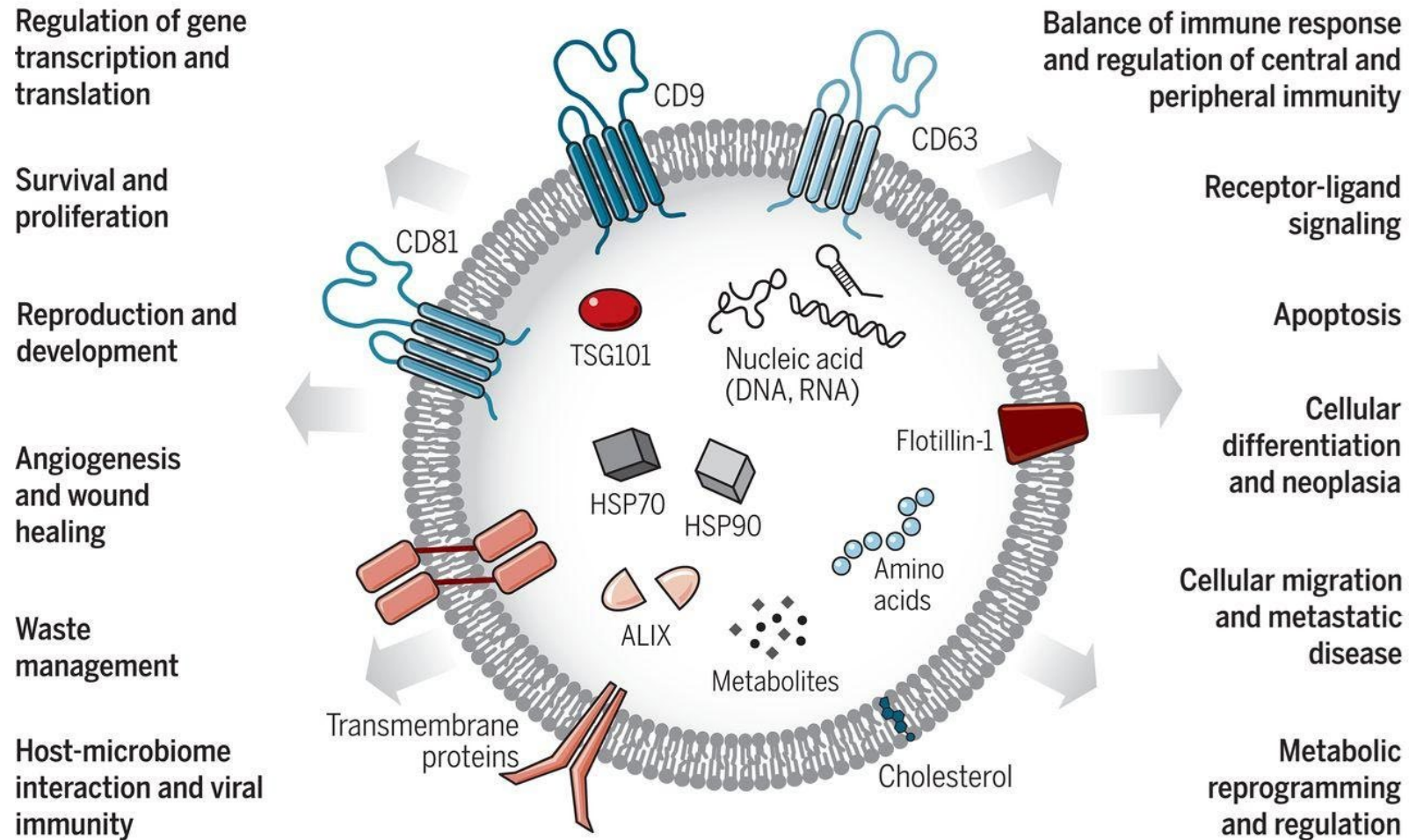
**RESULTS** Early preclinical studies in aesthetics have demonstrated promising effects of exosomes on skin rejuvenation and hair growth in in vitro and murine models. Despite this, only 1 clinical study has been published to date, and there are no FDA-approved products on the market.

**CONCLUSION** Variation in purification techniques and practical issues surrounding isolation, storage, scalability, and reproducibility of an exosome product represent ongoing hindrances to the movement of exosomes into the clinical sphere.

- SKIN REJUVENATION AND PHOTOAGING
- SCARRING
- ALOPECIA
- HYPERPIGMENTATION

ol Surg 2022 Aug; 48(8): 862-5

## Hallmarks of exosomes



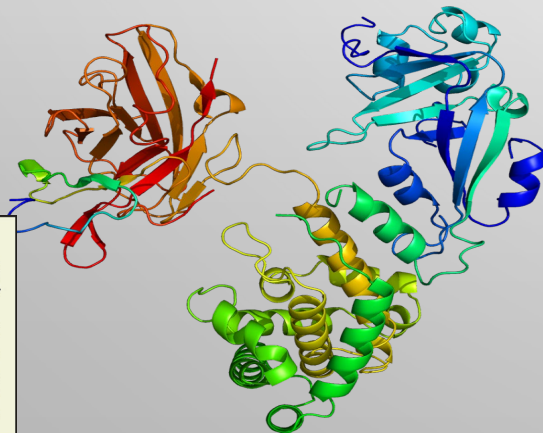
Kalluri R, LeBleu VS. The biology, function, and biomedical applications of exosomes. Science. 2020;367(6478):eaau6977. doi:10.1126/science.aau6977



# COMPONENTS OF EXOSOMES

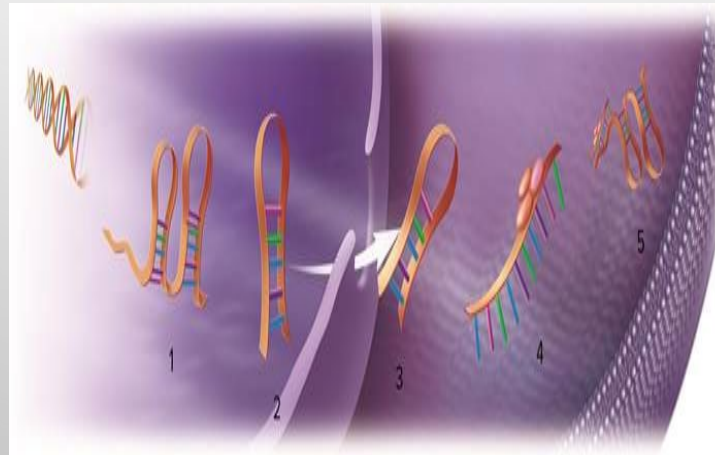
## GROWTH FACTORS

- Stable protein bio-signals
- Manage inflammation and regeneration
- Used to enhance healing in aesthetic dermatological treatments



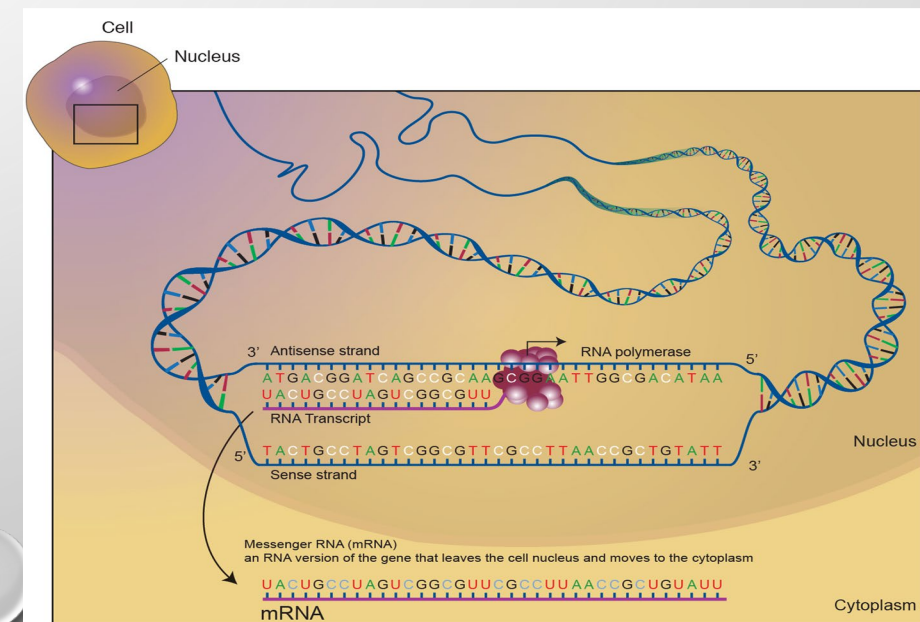
## MICRO RNA

- REGULATE GENE EXPRESSION
- INTERACT WITH MESSENGER RNA



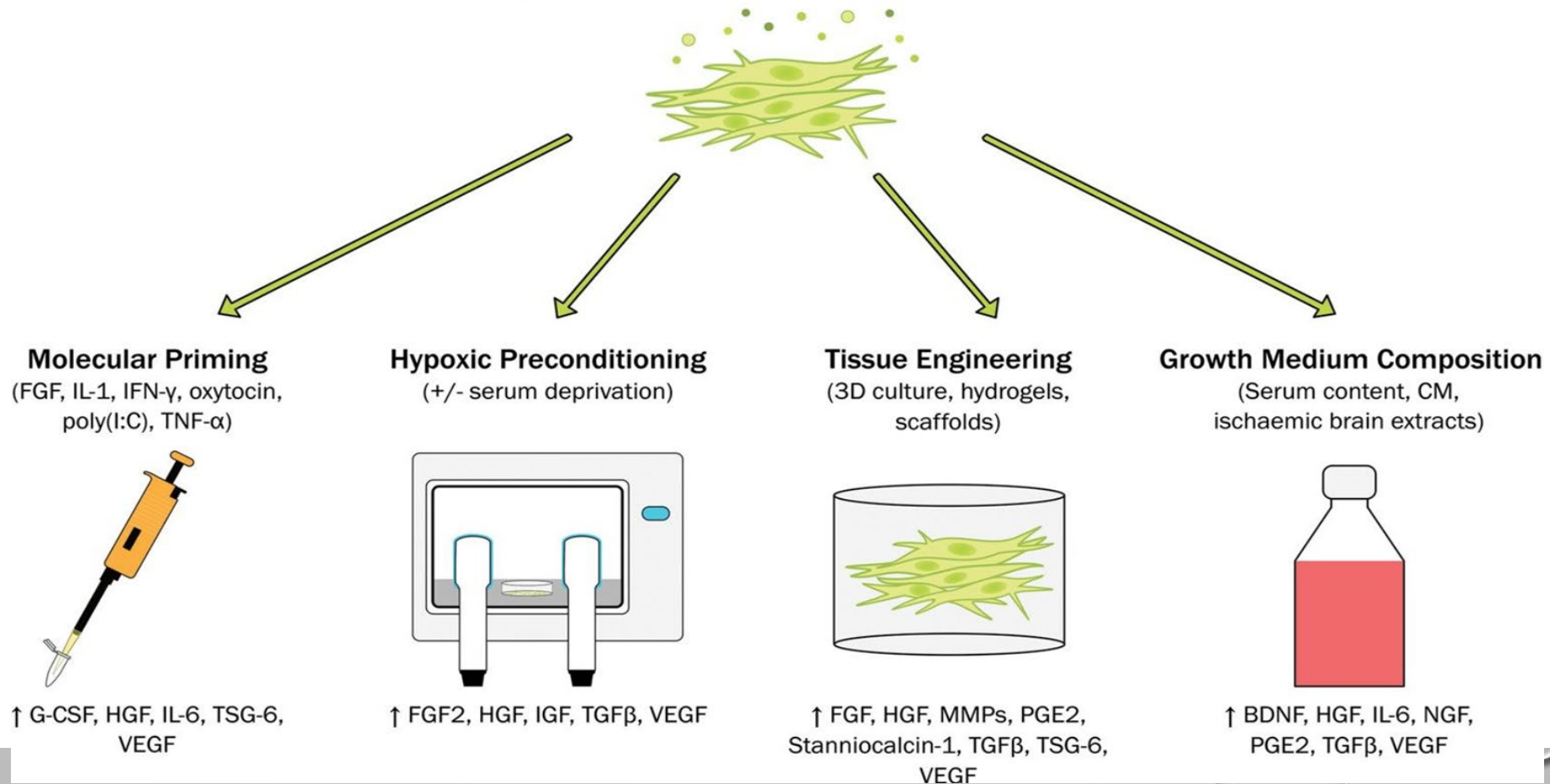
## MESSENGER RNA

- MODERNA COVID VACCINE
- CANCER RESEARCH

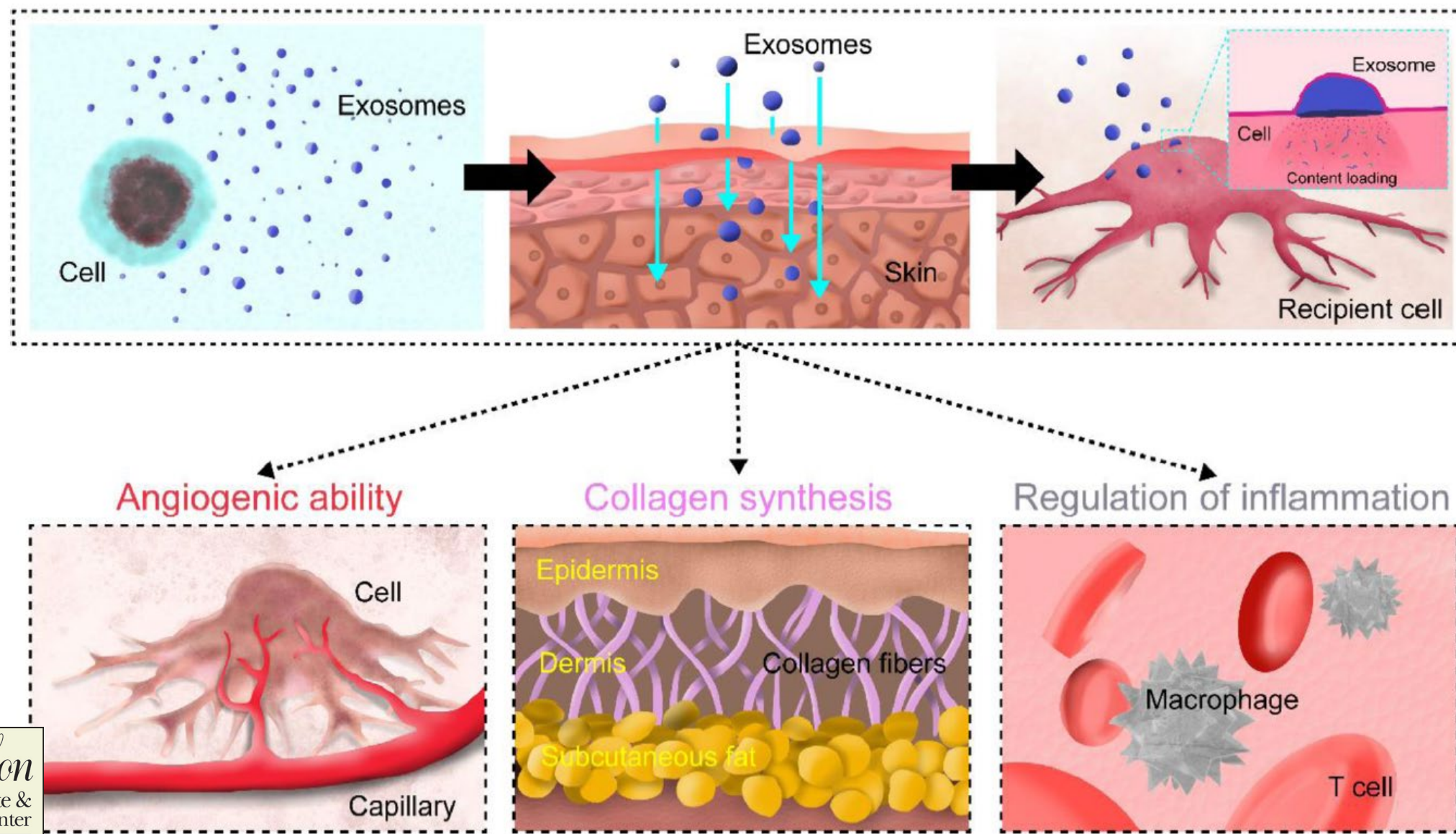


# EXOSOMES CAN BE SEPARATELY ENGINEERED FOR SKIN –OR- HAIR SIGNALING

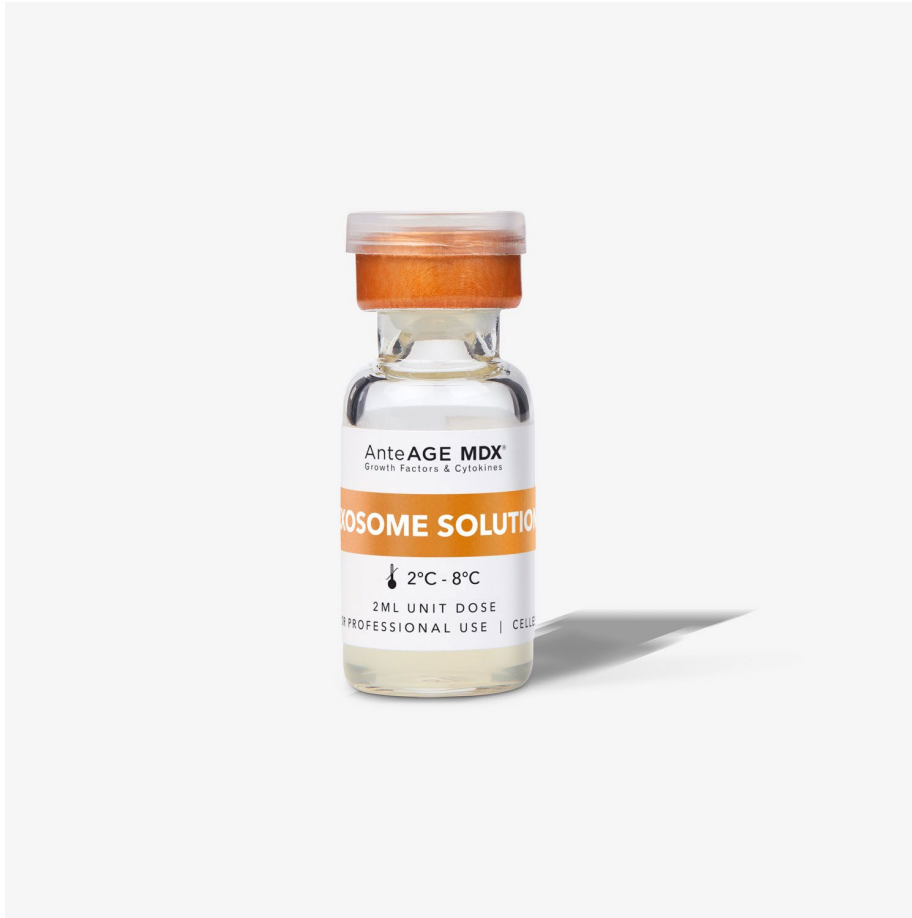
## Strategies to Enhance the MSC Secretome



# SKIN REGENERATIVE ABILITIES OF EXOSOMES







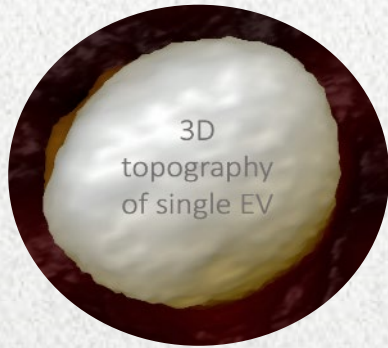
## New: AnteAGE MDX Exosome Solution

- **Bone Marrow Mesenchymal Exosomes:** Physiologically balanced bio-signals released upon culture of Bone Marrow stem cells. Acting as the “command and control” over the processes of healing and inflammation
- **Umbilical Mesenchymal Exosomes:** Highly proliferative source of EVs. Combined with BM-MSCs to achieve unique loading of regenerative factors.

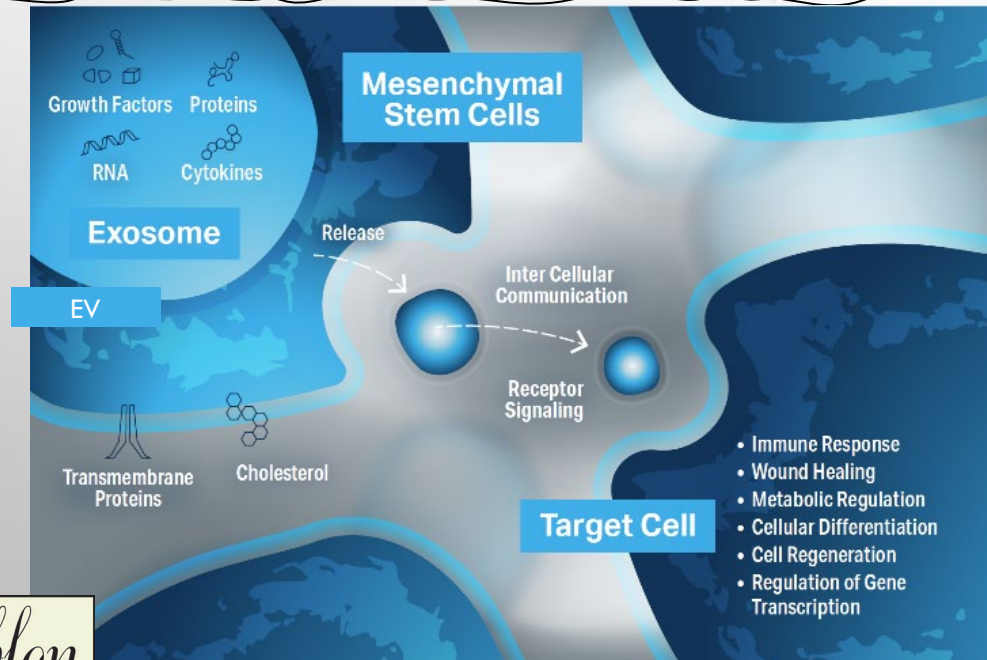
Combining BM and UC offers the best of both worlds.

# UCMSC-EXOSOMES:

## PRECISION GROWTH FACTORS & MRNA



**EXTRACELLULAR VESICLES (EVs)** ARE LIPID BILAYER MEMBRANE MICRO-VESICLES SECRETED BY VARIOUS TYPES OF CELLS SUCH AS STEM CELLS THAT CARRIES GROWTH FACTORS AND **CONTRIBUTE TO ANTI AGING.**



### Mechanism of Action

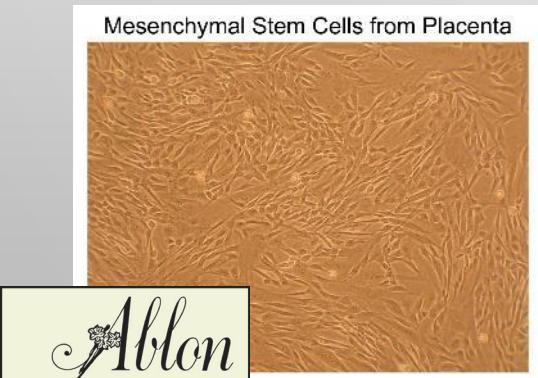
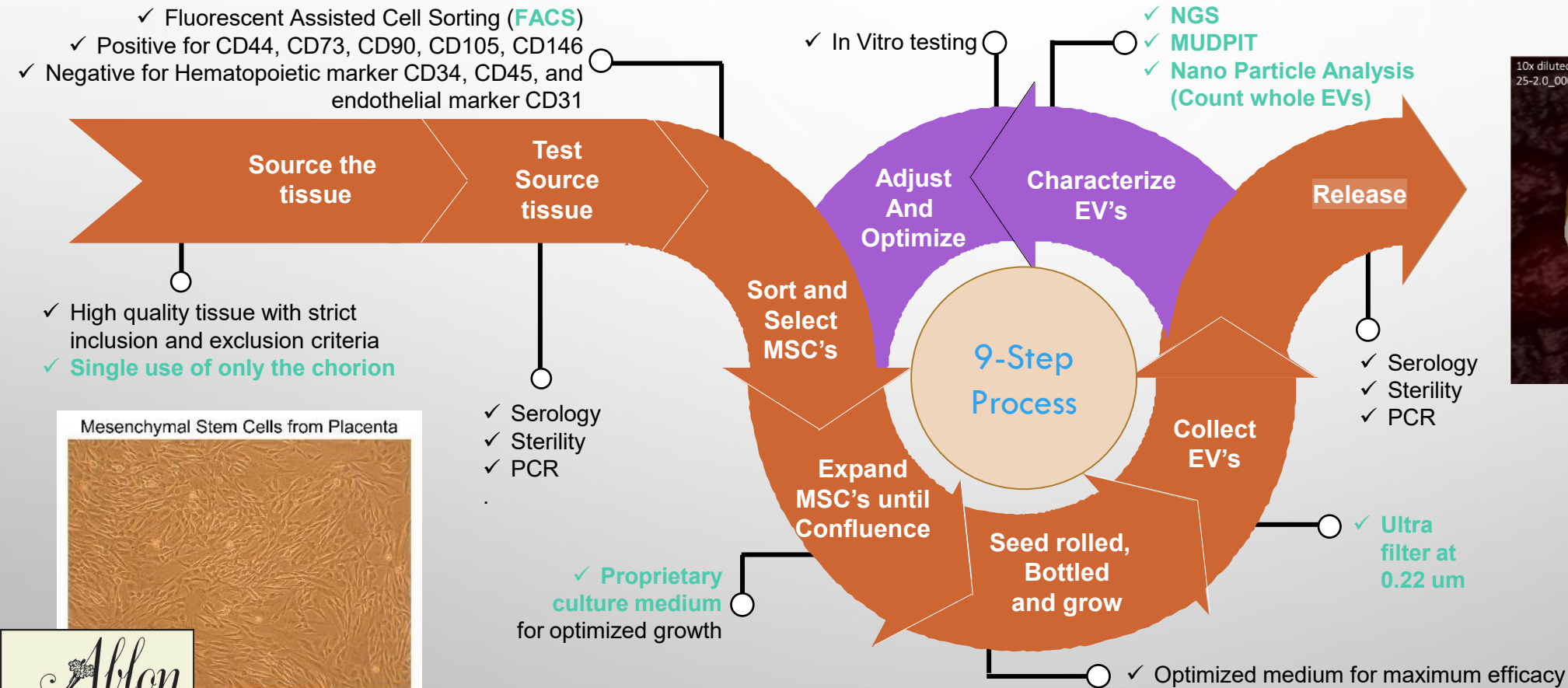
- **EVs target and repair damaged tissue** at sites of inflammation to transfer their content resulting in phenotypic functional changes
- **EVs contain growth factors**, mRNA and microRNA, lipids and cell-signaling proteins to repair and regenerate cells
- They have a reliable and **robust safety profile** and are acellular. Meaning that have **no DNA** or cellular material.

*Ablon*

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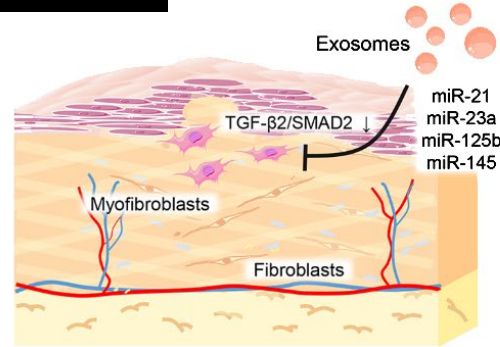
# MANUFACTURING AND TESTING



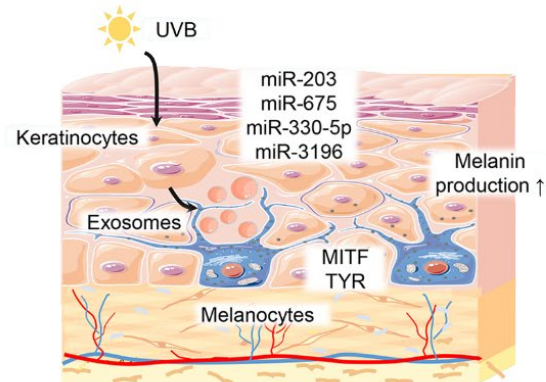
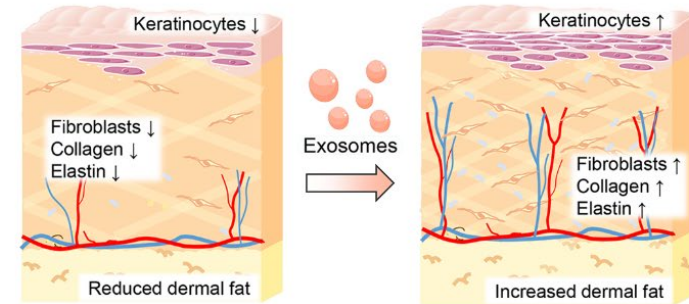


# MRNA AND MIRNA ACTS AS A CATALYST FOR OUR OWN CELLS REGENERATION

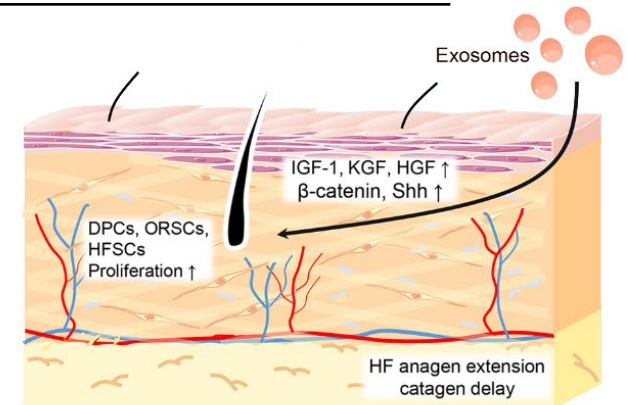
## Scare Removal



## Skin Rejuvenation



## Pigmentation Regulation



## Hair Growth

Many studies demonstrate that miRNA down-regulate or up-regulate certain growth factors to help with skin and hair rejuvenation.

Reference: The novel mechanisms and applications of exosomes in dermatology and cutaneous medical aesthetics, from Mingchen Xiong, Qi Zhang, Weijie Hu, Chongru Zhao, Wenchang Lv, Yi Yi, Yichen Wang, Hongbo Tang, Min Wu, Yiping Wu in Pharmacological Research April 2021

**Ablon**

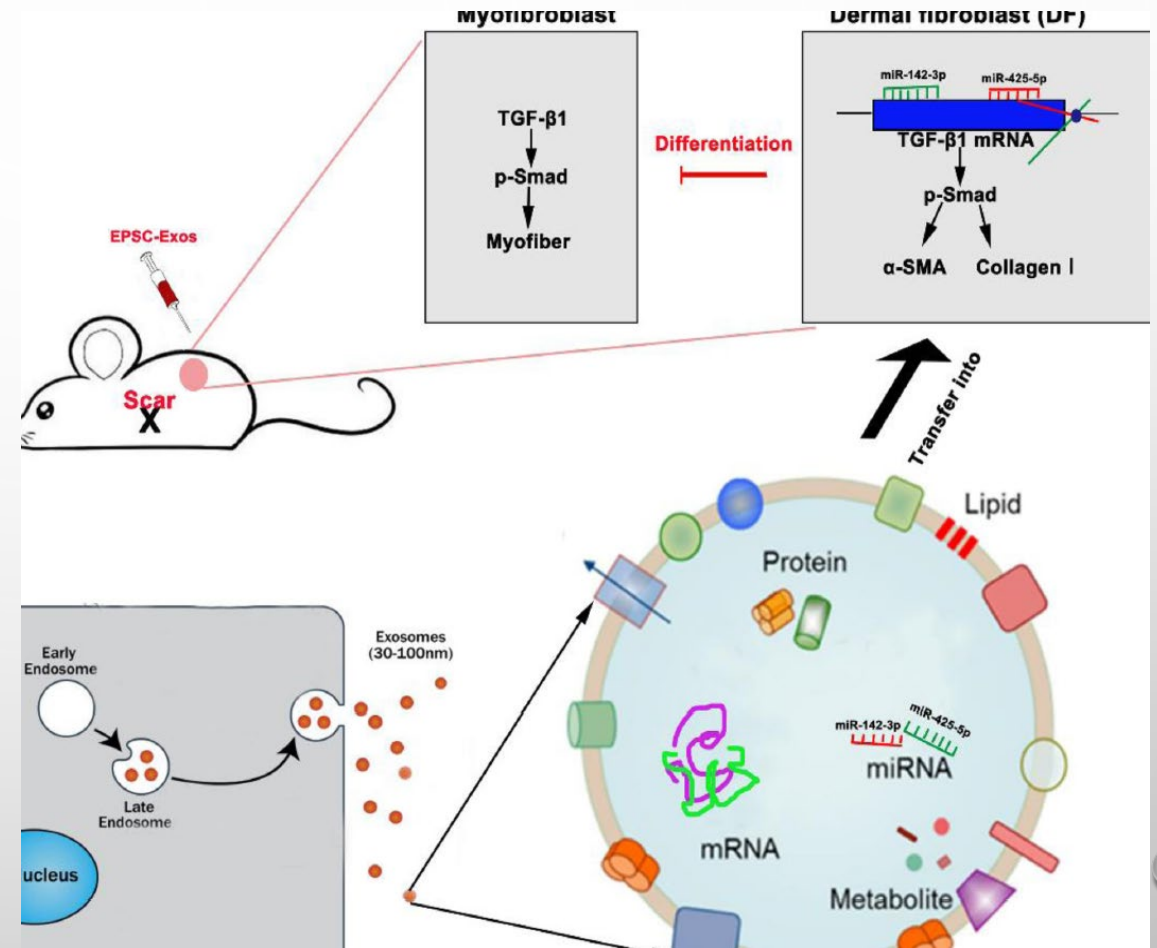
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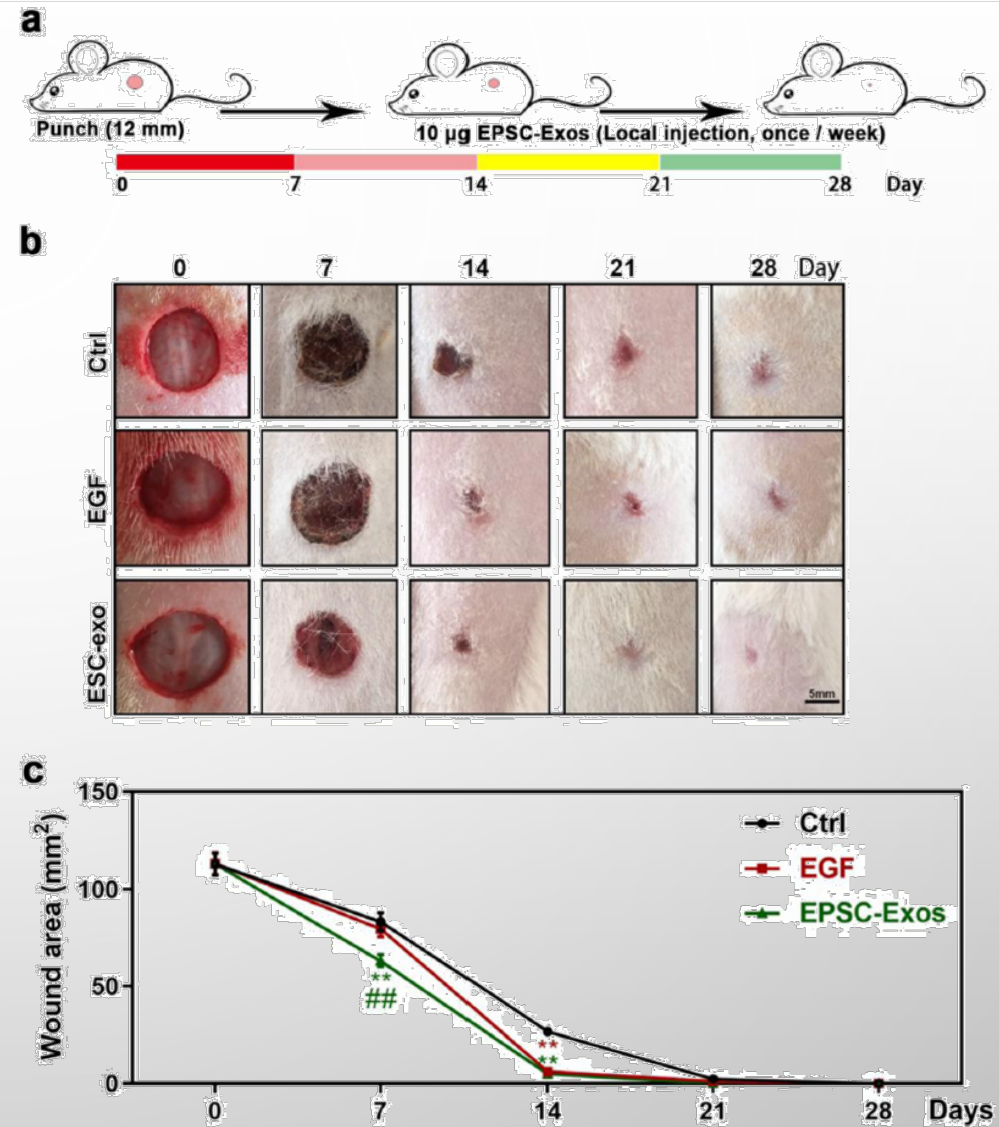
# Exosomes promotes wound healing

miRNAs 425-5p and 142-3p downregulate the transforming growth factor TGF- $\beta$ 1 expression and promoted wound healing and reduced scarring



## Exosomes promotes Collagen Distribution

Exosomes improve the regeneration level of skin appendages and collagen distribution





# SKIN AND HAIR REJUVENATION THAT WORKS

Topical  
Aesthetic Post  
Procedure  
Companion

## **01** MSC's Exosomes

mRNA to instruct cell to repair.

## **02** Regenerative

Natural placental growth factors  
& cytokines

## **03** Anti- inflammatory

Reduce post procedure  
downtime and pain

## Other Potential Research Use

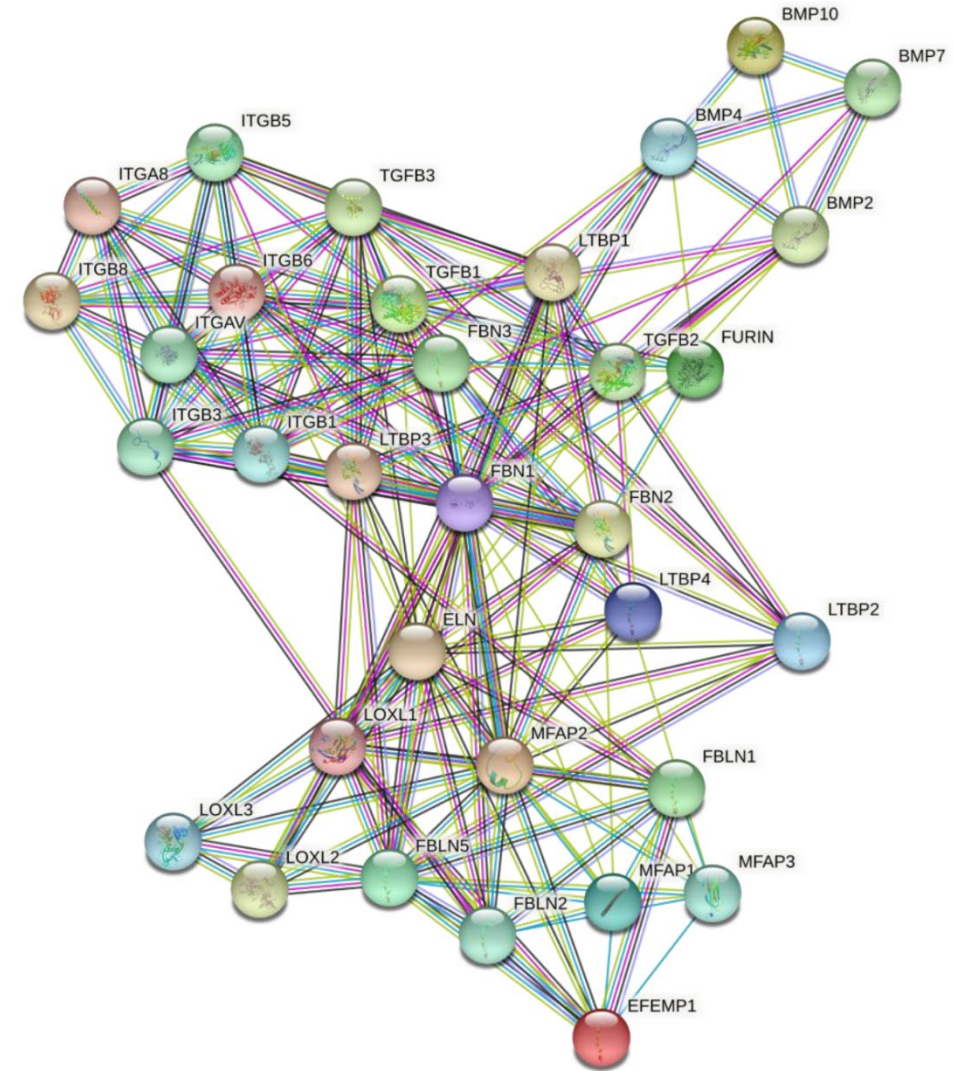
- Anti-inflammatory response
- Aesthetic Subcutaneous Applications
- Ophthalmology
- Neurodegenerative Diseases
- Wounds Management
- Autoimmune diseases





# EXOVEX™ IS PACKED WITH THOUSANDS OF BIO-ACTIVE MOLECULES

- **ANTI-AGING**
- 1544 PEPTIDE GROWTH FACTORS
- 24 MRNA + 33 MIRNA ASSOCIATED WITH ANGIOGENESIS
- 3 MRNA + 1 MIRNA ASSOCIATED WITH ANTI-APOPTOSIS
- **ANTI-WRINKLE**
- 56 MRNA + 5 MIRNA THAT CODE FOR COLLAGEN PRODUCTION
- 2 MRNA + 3 MIRNA THAT CODE FOR KERATIN PRODUCTION
- 3 MRNA THAT CODE FOR ELASTIN PRODUCTION
- 5 MRNA THAT CODE FOR FIBULIN
- **HAIR GROWTH**
- 8 MRNA + 1 MI RNA ASSOCIATED WITH FOLLICLE GROWTH



## RF MICRONEEDLING

post Exovex Renew treatment with  
12Billion





## FACE



Courtesy of Doctor Roger Schechter

After 3 months



Courtesy of Doctor Roger Schechter



After 3 months



Courtesy of Doctor Roger Schechter



After 3 months

Cynosure LUX 1540nm (non-ablative fractionated laser) + one treatment of Exovex™ Reveal.



# HAIR REJUVENATION CASE SERIES

- EVALUATION OF HEALTHY HAIR APPEARANCE AND CONCENTRATION
- APPLICATION OF EXOVEX ON THE SCALP AFTER ENERGY BASED MICRONEEDLING
- BEFORE TREATMENT, AFTER 7 WEEKS, AFTER 14 WEEKS, AFTER 21 WEEKS, AND AFTER 7 MONTHS
- 20 PATIENTS
- INVESTIGATORS: DR. PEREDO  
DR. LEAVITT  
DR. SCHECHTER





# HAIR



Courtesy of Dollface Aesthetic

Before



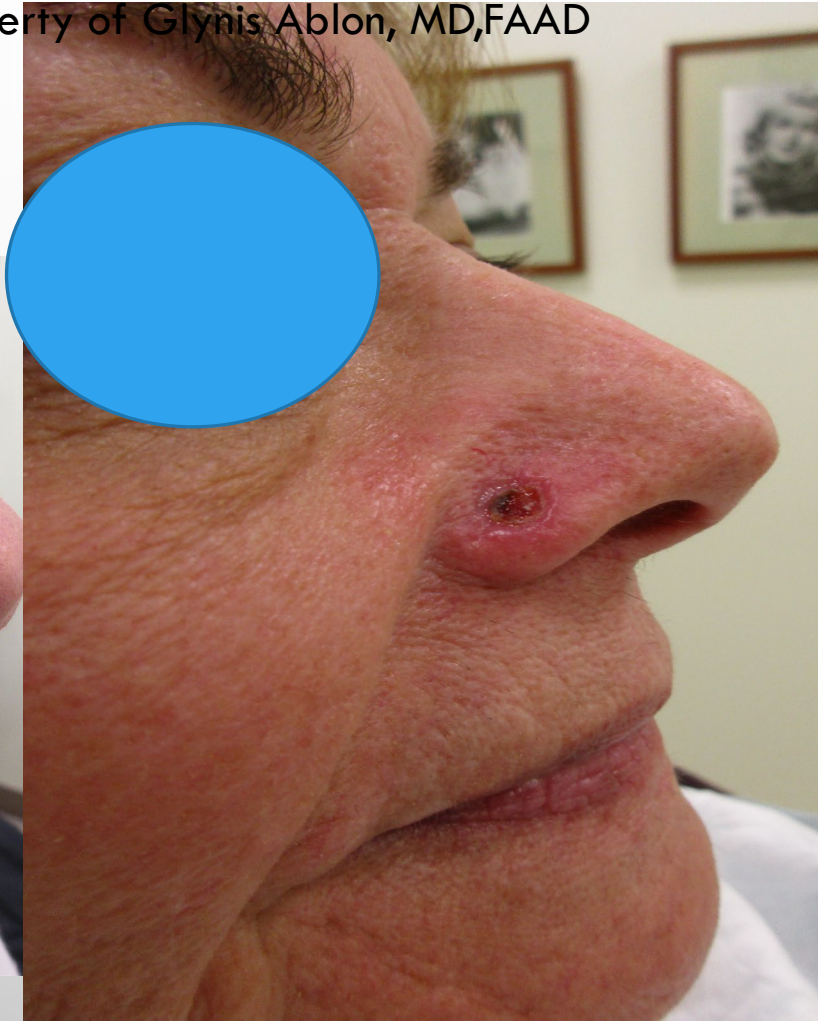
After 4 months

After two **Exovex Reveal** 60 days apart

Property of Glynis Ablon, MD,FAAD



One week after excision  
And exosome placement



2 weeks after excision and  
2nd exosome placement



One month after excision and  
2 exosome sessions



# SINGLE EXOSOME TREATMENT

PRE TREATMENT



3 MONTHS AFTER ONE SESSION



Property of Glynis Ablon, MD,FAAD

# SINGLE EXOSOME TREATMENT

PRE TREATMENT



3 MONTHS AFTER ONE SESSION



Property of Glynis Ablon, MD, FAAD

# BEFORE AND AFTER REGEN MED!!!



# CONCLUSION

- REGENERATIVE MEDICINE AND REGENERATIVE DERMATOLOGY IS RAPIDLY ADVANCING
- UNDERSTANDING THE MECHANISMS OF ACTION OF MESENCHYMAL STEM CELLS AND SOURCES IS KEY
- INTEGRATING REGENERATIVE DERMATOLOGY, ELEVATES YOUR PRACTICE
- DISCUSS ALL TREATMENT OPTIONS
- REMEMBER COMBINATION THERAPY ALWAYS WORKS BEST
- NEVER FORGET NUTRITION AND HORMONES CAN BE ADDED!
- PICK YOUR PATIENTS WISELY



2019

**Stop complaining!  
You need to keep it on.  
It's for your own good.**



2020

