Practice Management Pearls

Shasa Hu, MD, FAAD

Associate Professor

Director of Cosmetic Division

Dr Philip Frost Dept of Dermatology and Cutaneous Surgery

University of Miami Miller School of Medicine

Social media

- Younger patients are more likely to seek out providers using social media
- What you project on social media is what you will attract to your practice
- Maintain authenticity and professionalism
- Build your digital assets by asking for permission to post/ share
 - Proper consent form and documentation

Gen Z vs. millennials

- Younger patients often already know what they want (after online search)
- More likely to want more dramatic transformation, beautification
- Millennials often want long term prejuvenation plan
- Both groups appreciate comprehensive review on skin care, treatment options

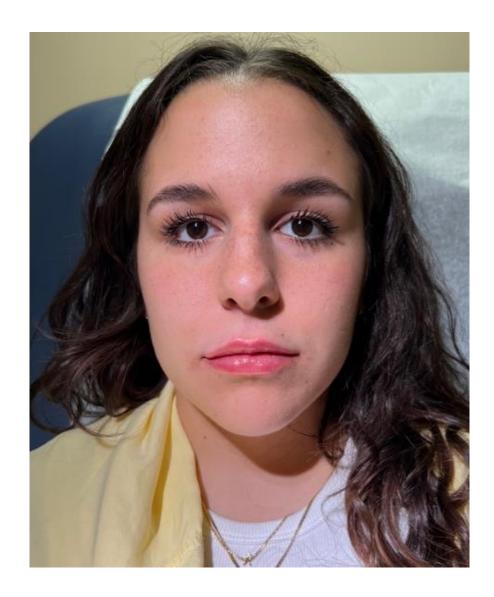
Patient retention

- Always bring patients back no matter how small the procedure
- Take before/after photos
- Be open to patient's concerns, debunk myths, discuss pro/cons/ alternatives
- Be available and proactive in managing complications
- Maintain integrity when in doubt say no

First timer



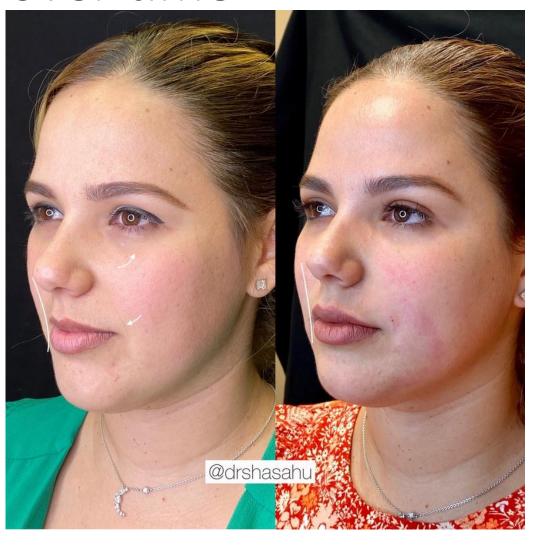




3 months later: 1 ml of lip filler

Panfacial harmonization over time





Upper face, gummy smile BTA every 4 months; masseter slimming BTA; undereye filler, NLF filler, lip filler





It all started with lip filler





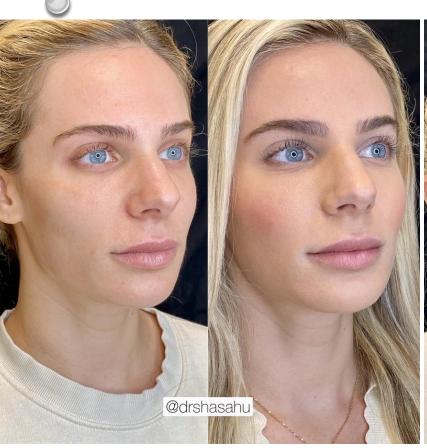
Upper face/ chin BTA every 4 months; IPL/ microneedling one session, cheek/ chin/ lip filler 5ml over 1 yr



"Benjamin Button" effect



Less is more







Cheek, PF filler, upper lip / chin filler, 2 ml