Patients' satisfaction with tildrakizumab treatment in a Phase 4 real-world study of tildrakizumab in patients with moderate-to-severe psoriasis

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INTRODUCTION

- Psoriasis is a chronic, systemic, inflammatory disorder that significantly impairs patients' physical and psychosocial well-being[1]
- Treatment dissatisfaction among patients with moderate-to-severe psoriasis is a concern in clinical settings[1,2]
- Tildrakizumab is an anti–interleukin-23 p19 monoclonal antibody approved for the treatment of moderate-to-severe plaque psoriasis in patients who are candidates for systemic therapy or phototherapy[3]
- Limited data are available on patient satisfaction with tildrakizumab treatment in real-world settings

OBJECTIVE

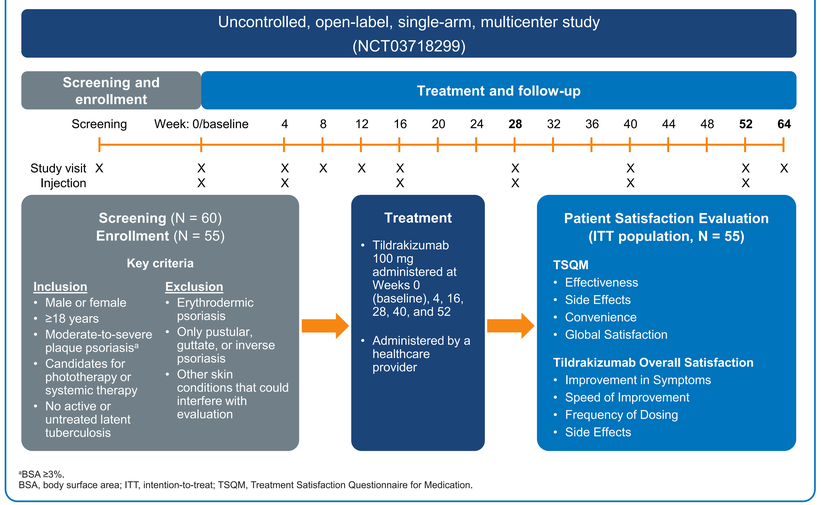
- To report overall patient satisfaction with specific aspects of treatment in patients with moderate-to-severe plaque psoriasis after 64 weeks of treatment with tildrakizumab under real-world conditions

METHODS

Study design and population

- This was a Phase 4, 64-week, uncontrolled, open-label, real-world study (**Figure 1**)

Figure 1. Study design



[a]BSA ≥3%.
BSA, body surface area; ITT, intention-to-treat; TSQM, Treatment Satisfaction Questionnaire for Medication.

Assessments

- Patient satisfaction was evaluated using
  - The Treatment Satisfaction Questionnaire for Medication (TSQM),[4] administered at all postbaseline visits
    - The TSQM includes Effectiveness, Side Effects, Convenience, and Global Satisfaction domains
  - The Tildrakizumab Overall Satisfaction scale, administered at all postbaseline visits
    - This instrument includes Improvement in Symptoms, Speed of Improvement, Frequency of Dosing, and Side Effects domains
  - The Patient Happiness with Psoriasis Control instrument, administered at baseline and all postbaseline visits
  - For all measures, higher scores indicate greater satisfaction

Statistical analysis

- The intention-to-treat population was used for patient satisfaction analysis and included all patients who enrolled and were assigned to receive tildrakizumab
- Changes from baseline in Happiness with Psoriasis Control were analyzed using Student's t-tests
  - Missing data were not imputed

RESULTS

Patient demographics

- Of 55 patients enrolled, 45 were assessed at Week 64 (end of study)
- The majority of patients were male (28/55; 50.9%) and White (52/55; 94.5%), with a mean ± standard deviation (SD) age of 48.6 ± 15.3 years (**Table 1**)

Table 1. Demographic and baseline characteristics

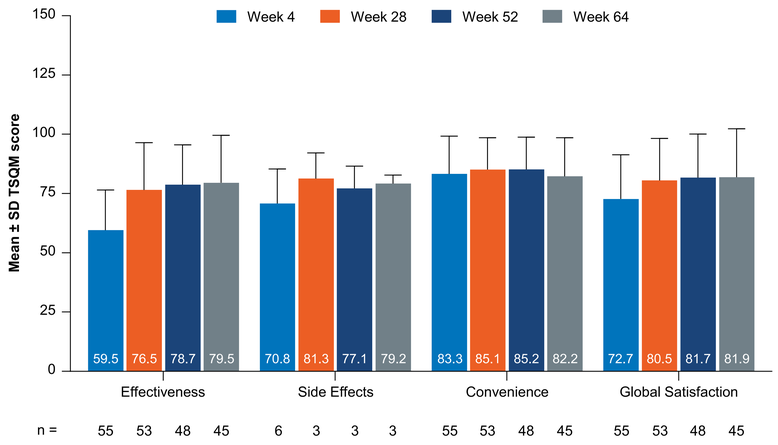
Characteristic	Tildrakizumab (N = 55)
Sex	
Female	27 (49.1)
Male	28 (50.9)
Race	
White	52 (94.5)
Black or African American	2 (3.6)
Asian	1 (1.8)
Ethnicity	
Hispanic or Latino	5 (9.1)
Not Hispanic or Latino	50 (90.9)
Age, years, mean ± SD	48.6 ± 15.3
Happiness with Psoriasis Control, mean ± SD	2.7 ± 2.3

ITT population.
Data shown as n (%) unless otherwise noted.
ITT, intention-to-treat; SD, standard deviation.

Efficacy

- From Week 4 to Week 64, the mean ± SD TSQM domain scores increased from 59.5 ± 17.0 to 79.5 ± 20.1 for Effectiveness and 72.7 ± 18.6 to 81.9 ± 20.5 for Global Satisfaction, respectively. The Convenience score remained stable from Week 4 to Week 64 (83.3 ± 15.9 to 82.2 ± 16.4, respectively), and ≤6 patients reported side effects (**Figure 2**)

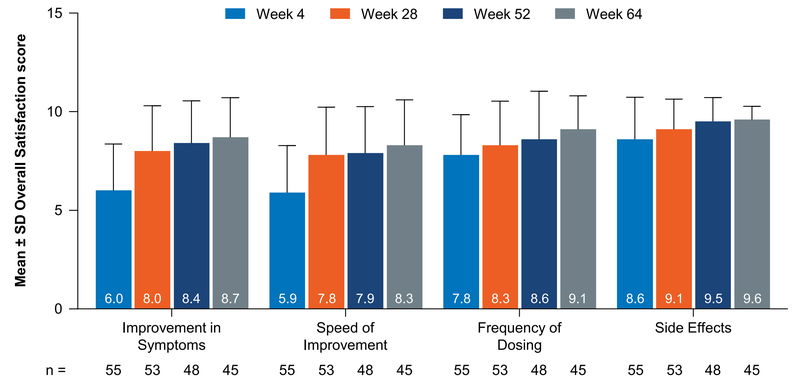
Figure 2. Mean TSQM domain scores through Week 64



ITT population.
Error bars represent the SD.
ITT, intention-to-treat; TSQM, Treatment Satisfaction Questionnaire for Medication; SD, standard deviation.

- The mean ± SD Tildrakizumab Overall Satisfaction domain scores increased from 6.0 ± 2.4 to 8.7 ± 2.0 for Improvement in Symptoms, 5.9 ± 2.4 to 8.3 ± 2.3 for Speed of Improvement, 7.8 ± 2.1 to 9.1 ± 1.7 for Frequency of Dosing, and 8.6 ± 2.1 to 9.6 ± 0.7 for Side Effects (**Figure 3**)

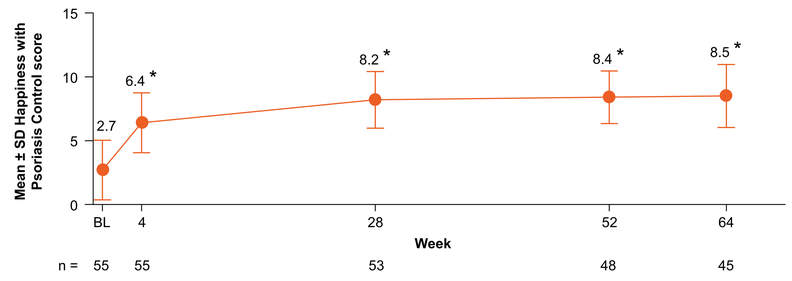
Figure 3. Mean Tildrakizumab Overall Satisfaction domain scores through Week 64



ITT population.
Error bars represent the SD.
ITT, intention-to-treat; SD, standard deviation.

- For the Happiness with Psoriasis Control instrument, the mean ± SD score increased from 2.7 ± 2.3 at baseline to 8.5 ± 2.5 at Week 64, corresponding to "extremely happy" (P <0.001 from Week 4 through Week 64; **Figure 4**)

Figure 4. Mean Happiness with Psoriasis Control score from baseline through Week 64



ITT population.
Error bars represent the SD.
*P <0.01; statistically significant change from baseline based on Student's t-test.
ITT, intention-to-treat; SD, standard deviation.

CONCLUSIONS

- Patients with moderate-to-severe plaque psoriasis treated with tildrakizumab in a real-world setting reported significant improvements in satisfaction

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DISCLOSURES

NB is an advisor, consultant, and investigator for AbbVie, Almirall, Arcutis, Beiersdorf, Biofrontera, BMS, BI, Cara, Dermavant, EPI Health, Ferndale, Galderma, InCyte, ISDIN, J&J, LaRoche-Posay, Leo, Lilly, Ortho, Pfizer, Regeneron, Sanofi, Sun Pharma, and Verrica. **JGV** reports nothing to disclose. **BS** is an employee of Sun Pharmaceutical Industries, Inc. **JH** is a speaker, advisor, and consultant for Amgen, AbbVie, Celgene, Eli Lilly, Janssen, and Novartis; an advisor for Galderma, Mayne, and Sanofi Regeneron; an advisor and consultant for Ortho Dermatologic; and a speaker and advisor for Sun Pharma.