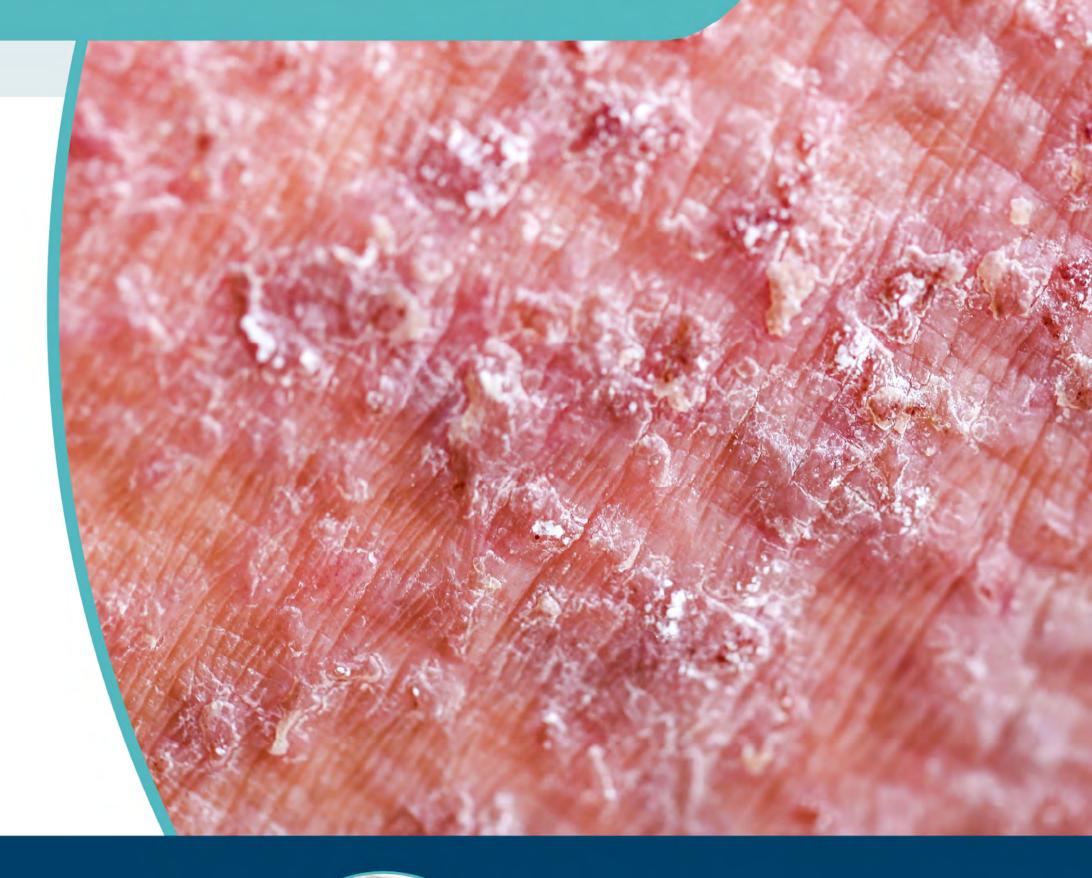


## PEER TO PEER TOOLKIT

# A New Wave of Systemic Treatments: ATOPIC DERMATITIS, MEET JAK





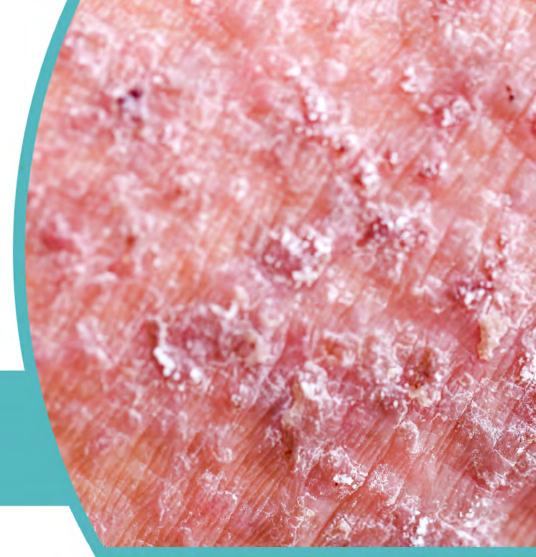
Melinda Gooderham, MD











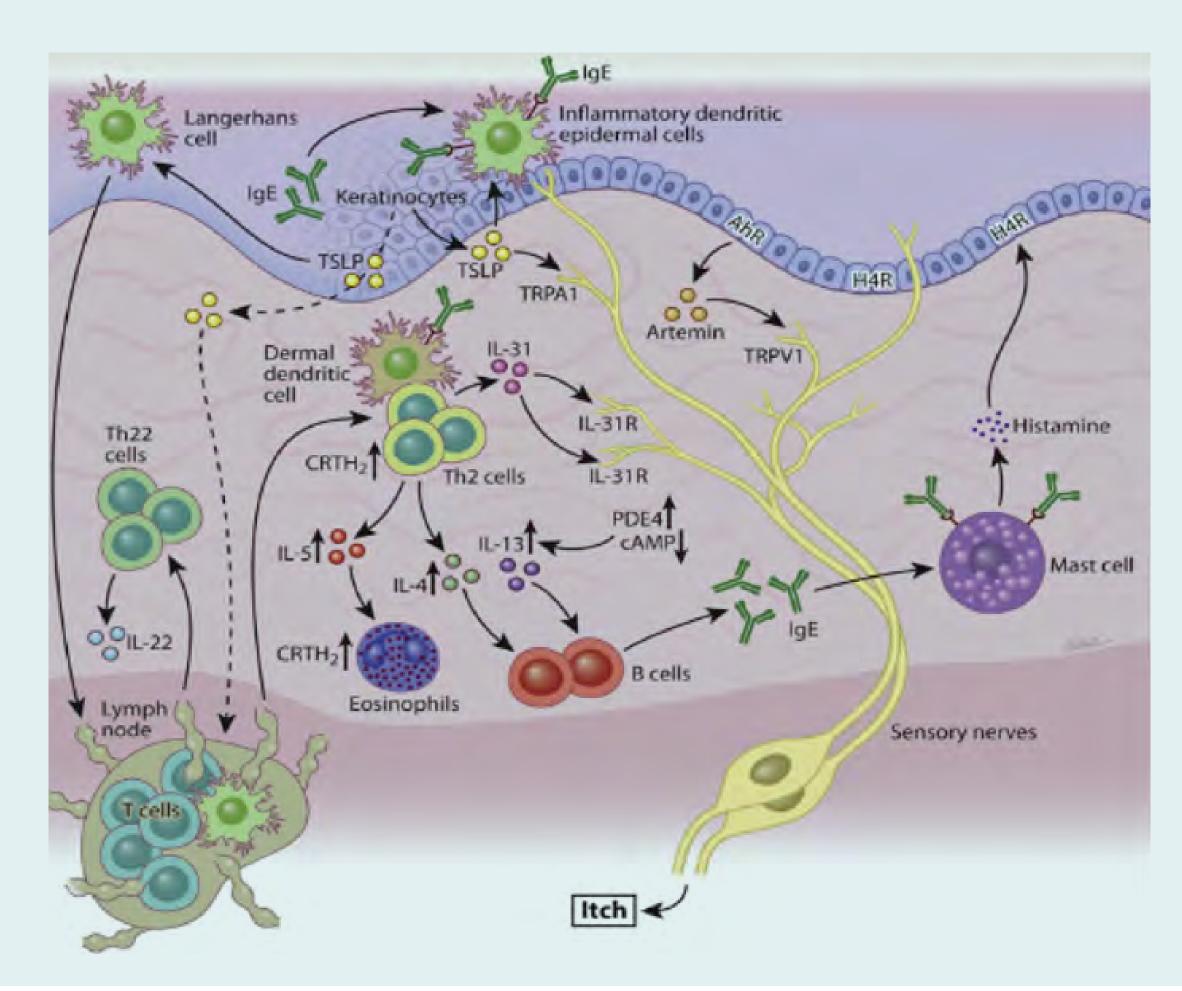
## THE BASICS OF ATOPIC DERMATITIS (AD)





#### AD IMMUNOPATHOGENESIS

IL-4, IL-13, IL-31, IL-5, TSLP, and IL-22 signal through the JAK-STAT pathway









## AD: DIAGNOSTIC FEATURES

- ESSENTIAL FEATURES; must be present:
  - > Pruritus
  - Eczema (acute, subacute, chronic):
    - Typical morphology and age-specific patterns\*
    - Chronic or relapsing history

#### \*Patterns include:

- 1) facial, neck, and extensor involvement in infants and children;
- 2) current or prior flexural lesions in any age group;
- 3) sparing of groin and axillary regions.
- IMPORTANT FEATURES; seen in most cases, adding support to the diagnosis:
  - Early age of onset
  - Atopy
    - Personal and/or family history
    - IgE reactivity
  - Xerosis
- ASSOCIATED FEATURES; these clinical associations help to suggest the diagnosis of AD but are too non-specific to be used for defining or detecting AD for research and epidemiologic studies:
  - Atypical vascular responses (e.g., facial pallor, white dermographism, delayed blanch response)
  - Keratosis pilaris / pityriasis alba / hyperlinear palms / ichthyosis
  - Ocular / periorbital changes
  - Other regional findings (e.g., perioral changes / periauricular lesions)
  - Perifollicular accentuation / lichenification / prurigo lesions
- EXCLUSIONARY CONDITIONS; it should be noted that a diagnosis of AD depends on excluding conditions such as:
  - scabies
  - seborrheic dermatitis
  - contact dermatitis (irritant or allergic)
  - ichthyoses
  - cutaneous T-cell lymphoma
  - psoriasis
  - photosensitivity dermatoses
  - immune deficiency diseases
  - erythroderma of other causes





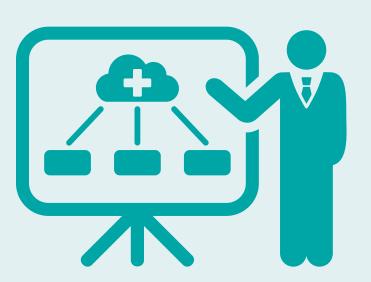


## ASSESSMENT OF AD SEVERITY

- Validated AD-specific severity scales
  - SCORAD (SCORing Atopic Dermatitis index): includes extent, sleep, and itch
  - EASI (Eczema Area and Severity Index): includes extent
  - IGA (Investigator's Global Assessment): simple 0- to 5-point scale
- Validated Patient Reported Outcome (PRO) measures
  - POEM, Patient-Oriented Eczema Measure
  - DLQI, Dermatology Life Quality Index;
  - Pruritus NRS, numerical rating scale







## AD MANAGEMENT ISSUES

#### IMPACT ON TREATMENT CHOICE

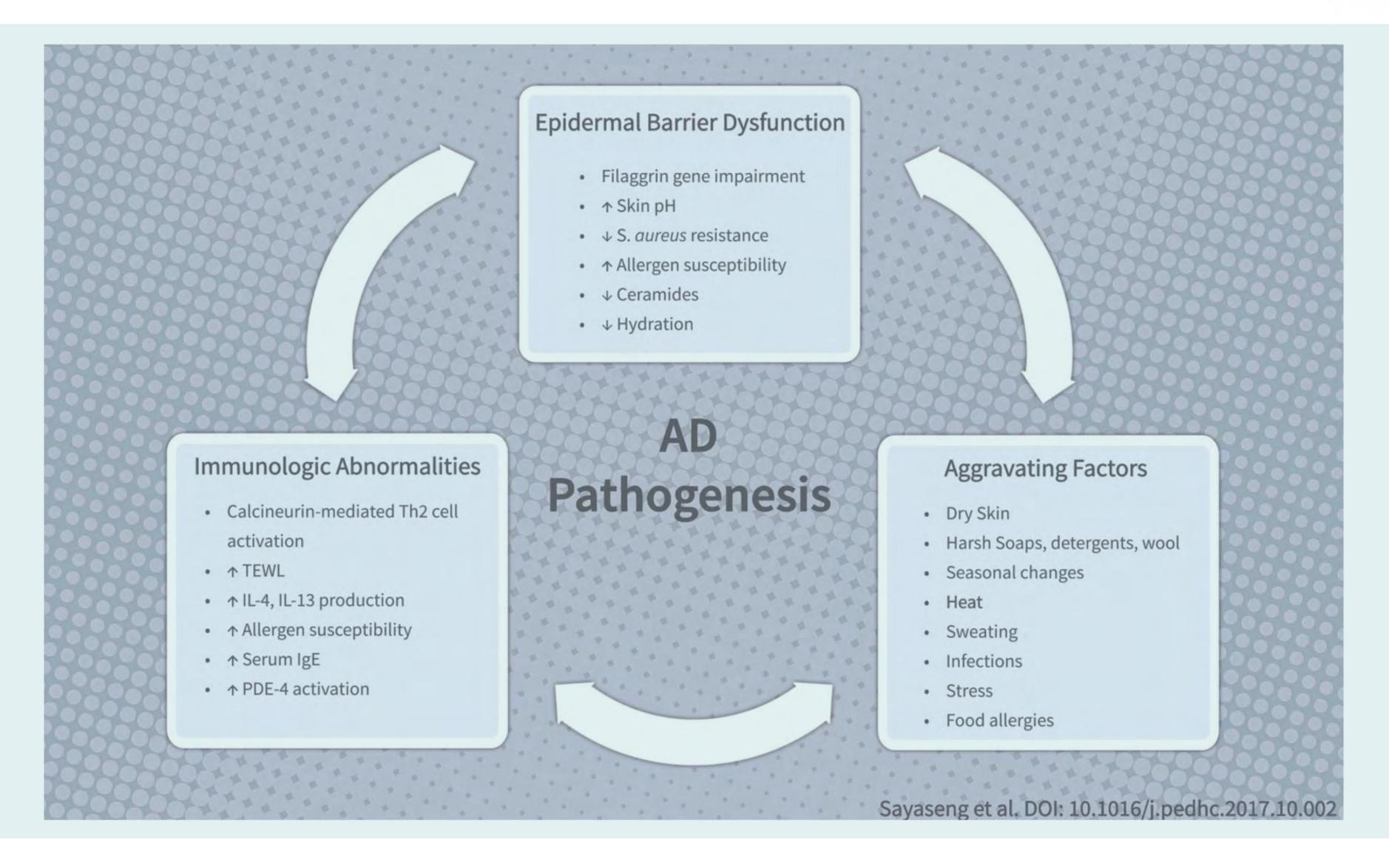
- Patient preference and ability
- Safety and efficacy
- Cost and access
- Comorbidities

#### THERAPEUTIC GOALS

- To reduce symptoms, prevent exacerbations and minimize therapeutic risks
- Prolonged remission and infrequent flares
  - Improved adherence through easy-to-use and simple, effective regimen
  - Improved QoL, including restful sleep and undisturbed activities of daily living

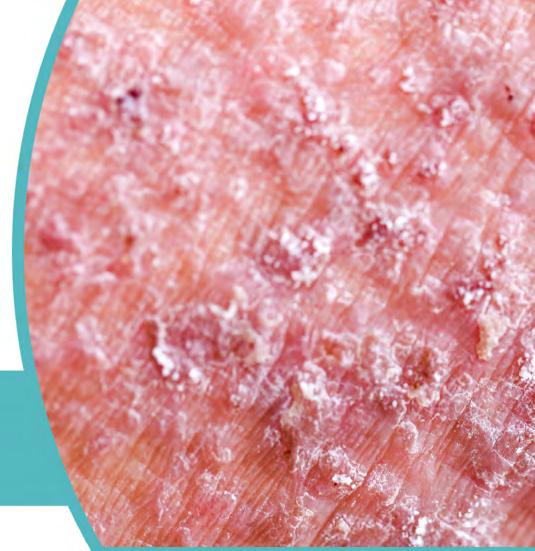












## AD TREATMENT AND TRIAL DATA





#### **AD MANAGEMENT**

#### **TOPICAL THERAPY**

#### **Limited BSA dermatitis**

#### Non-targeted

- TCS
- TCI

### **MORE** Targeted

- Crisaborole ointment
- Ruxolitinib1.5% cream

#### Non-targeted

- Cyclosporine
- Methotrexate
- Azathioprine
- Mycophenolate

#### **SYSTEMIC THERAPY**

- >10% BSA dermatitis
- Multifocal/diffuse pruritus
- Topical therapies ineffective

#### **MORE** Targeted

- JAK inhibitors
- Baricitinib
- Abrocitinib
- Upadacitinib

#### **Targeted**

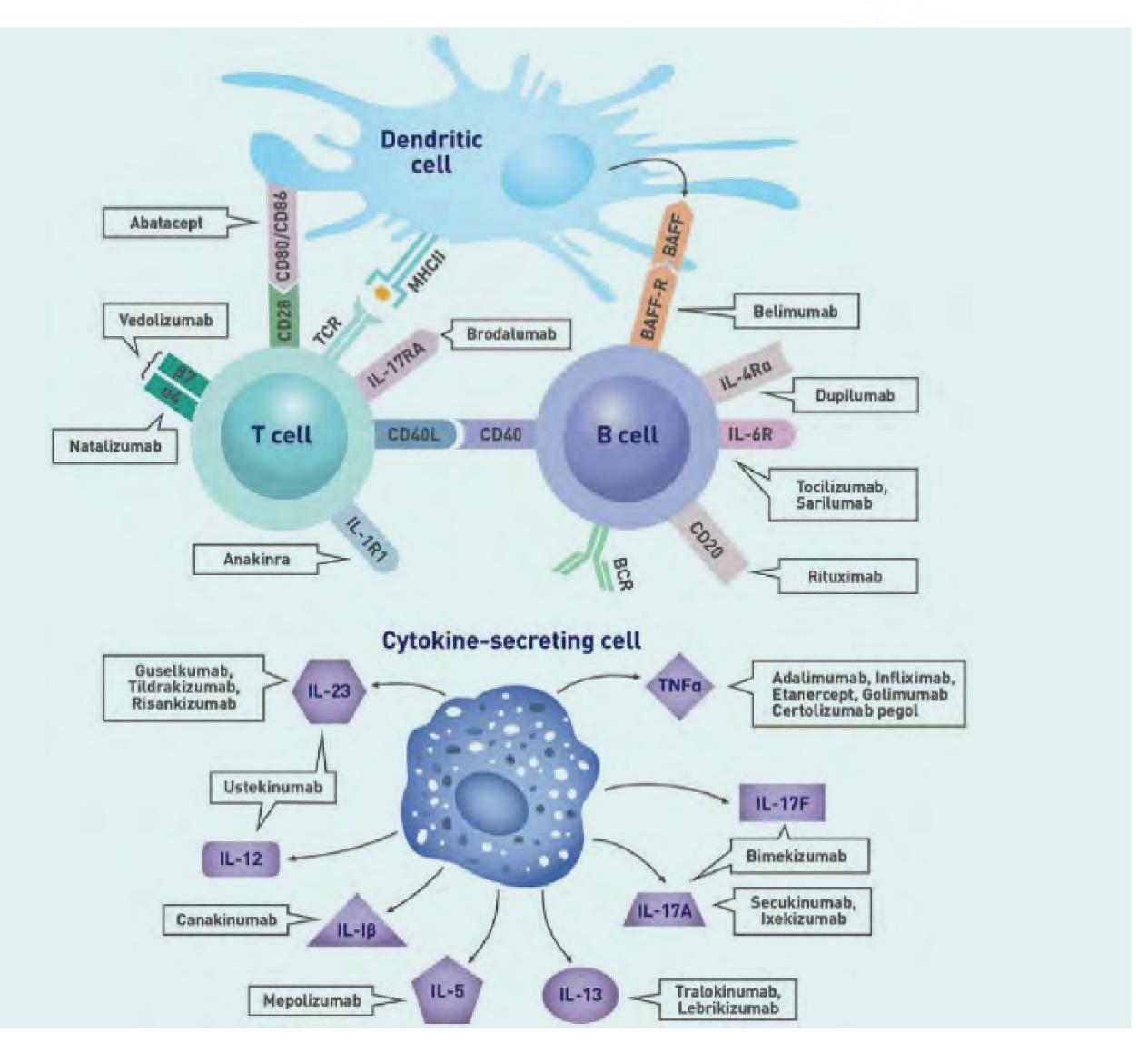
- Dupilumab
- Tralokinumab
- Lebrikizumab
- Nemolizumab

#### **SEVERITY**

TCS=topical corticosteroid, TCI=topical calcineurin inhibitor



## JAKINIB - DRUG DEPENDENT







## PHASE III TRIALS LEADING TO APPROVAL OF DUPILUMAB FOR AD



#### SOLO-1 & SOLO-2<sup>1</sup>

- N=1,379
- Adults (≥18 years old)

- Dupilumab 300 mg QW or Q2W
- No topical medication

Moderate-to-severe AD (IGA score ≥3)



#### CHRONOS<sup>2</sup>

- N=740
- Adults (≥18 years old)

- Dupilumab 300 mg QW or Q2W
- Topical medication given to all groups



#### LIBERTY AD ADOL<sup>3</sup>

- N=251
- Adolescents (12–<18 years old)</li>
- Dupilumab 200 or 300 mg Q2W (wt-based), or 300 mg Q4W
- Topical treatment only as a <u>rescue</u>

Severe AD (IGA score 4)



#### LIBERTY AD PEDS<sup>4</sup>

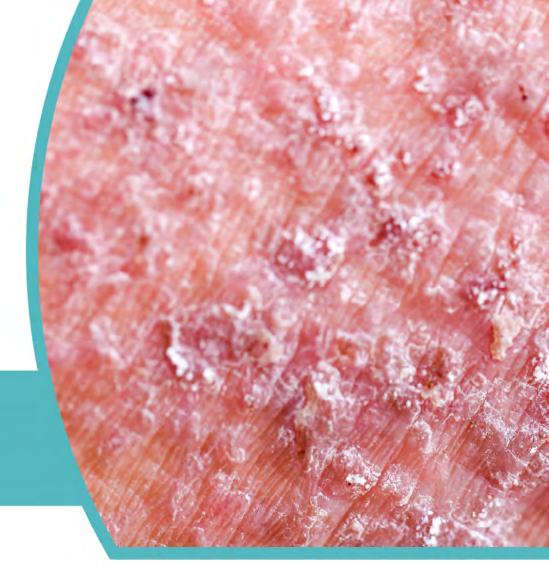
- N=367
- Children (6–11 years old)
- Dupilumab 100 mg or 200 mg Q2W (wt-based), or 300 mg Q4W
- Topical corticosteroids given to all groups







- Ruxolitinib 1.5% cream
- Baricitinib
- Abrocitinib
- Upadacitinib



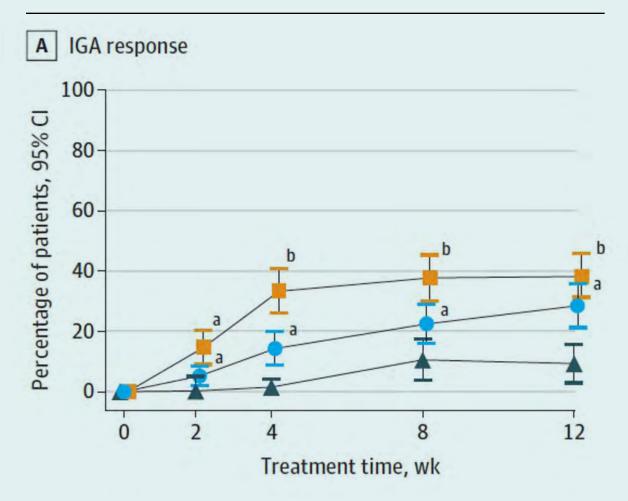




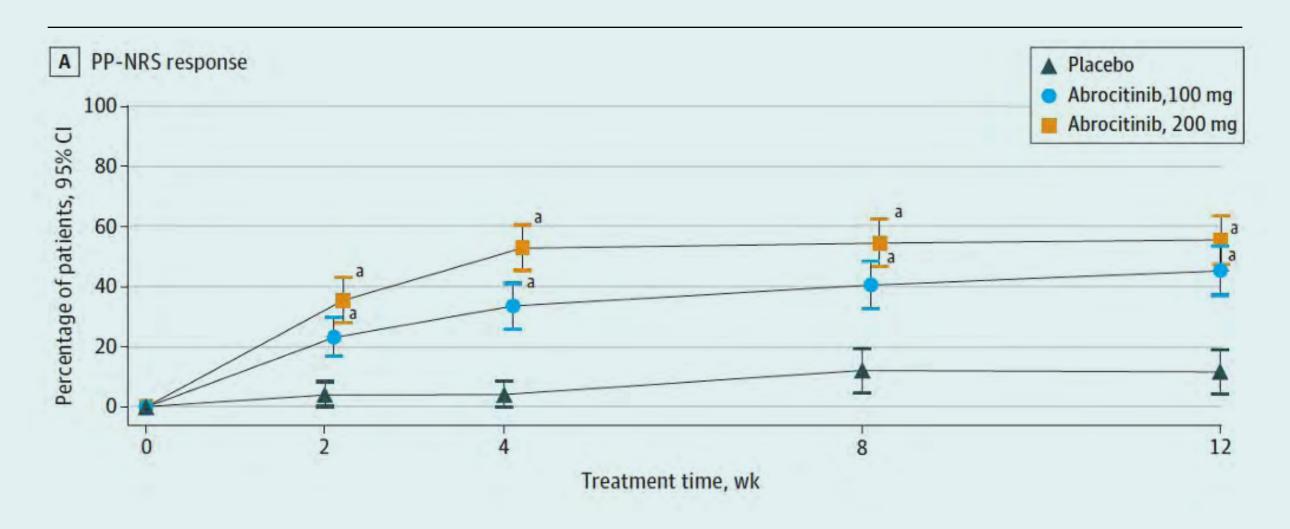
## ABROCITINIB: PHASE 3 DATA

- Abrocitinib is an oral (QD), JAK1 inhibitor
- Phase 3 trial in patients 12 years or older with moderate-to-severe AD
- Approved for AD treatment as of 1/14/2022

Percentage of patients achieving IGA 0 (clear) or 1 (almost clear) and improvement of ≥2 points from baseline



Percentage of patients experiencing ≥4 point improvement in peak pruritus from baseline

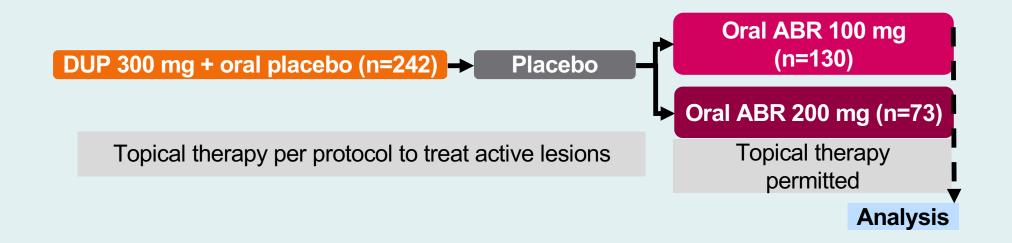






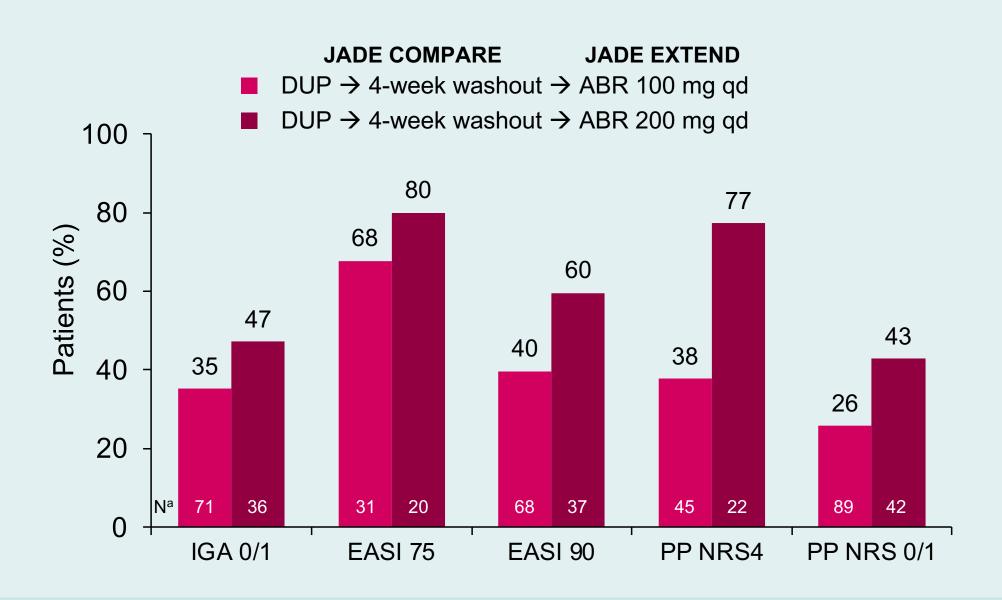
## ABROCITINIB IN PATIENTS NOT ACHIEVING RESPONSES TO DUPILUMAB: JADE EXTEND

#### Study design



#### **SAFETY**

 Dose dependent increases in nasopharyngitis, nausea, acne, headache after switching to abrocitinib Outcomes with abrocitinib at Week 12 of JADE EXTEND among nonrespondersa to 16 weeks' dupilumab in JADE COMPARE



aNonresponders = patients receiving dupilumab who did not achieve the responses displayed at Week 16 of JADE COMPARE

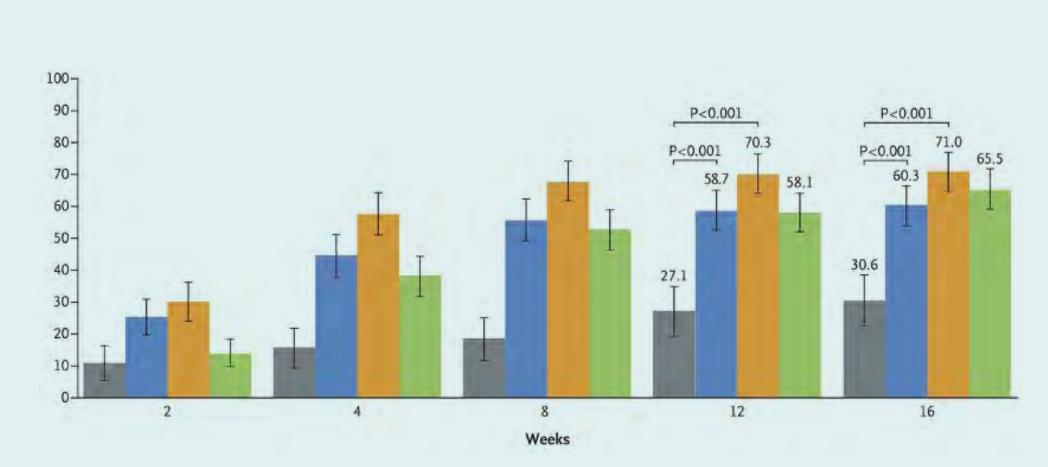




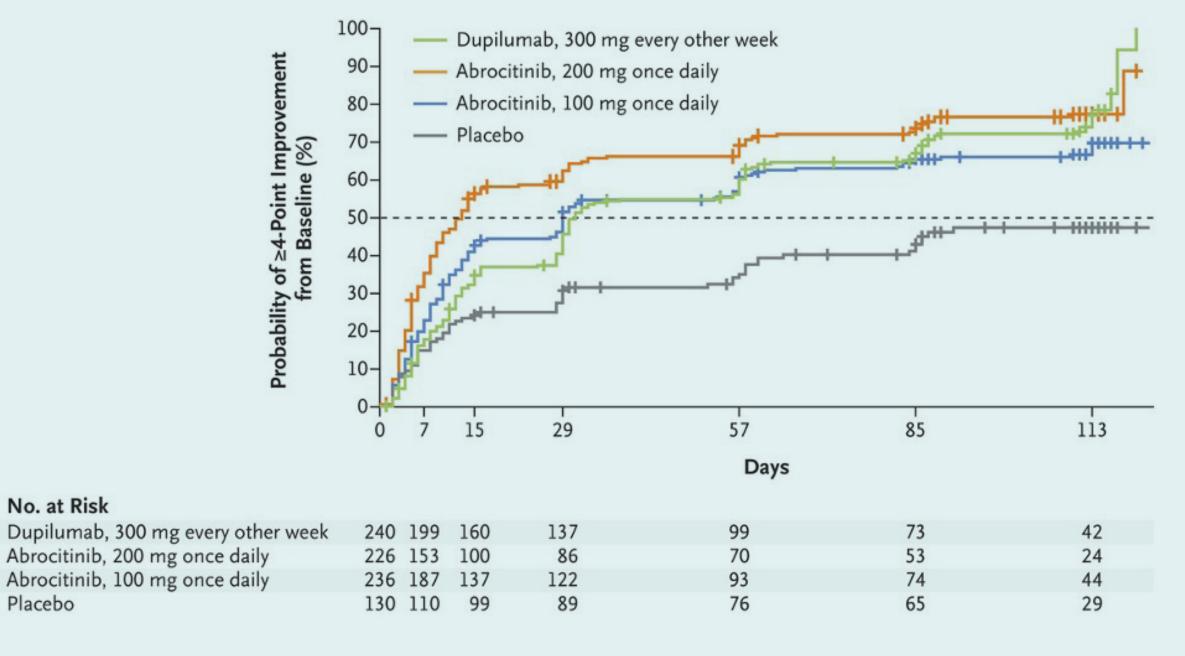
## ABROCITINIB VS PLACEBO OR DUPILUMAB: JADE COMPARE

• 16-week trial of abrocitinib 200 mg or 100 mg QD vs. dupilumab 300 mg

Q2weeks\* vs. placebo



\* After dupilumab 600 mg loading dose

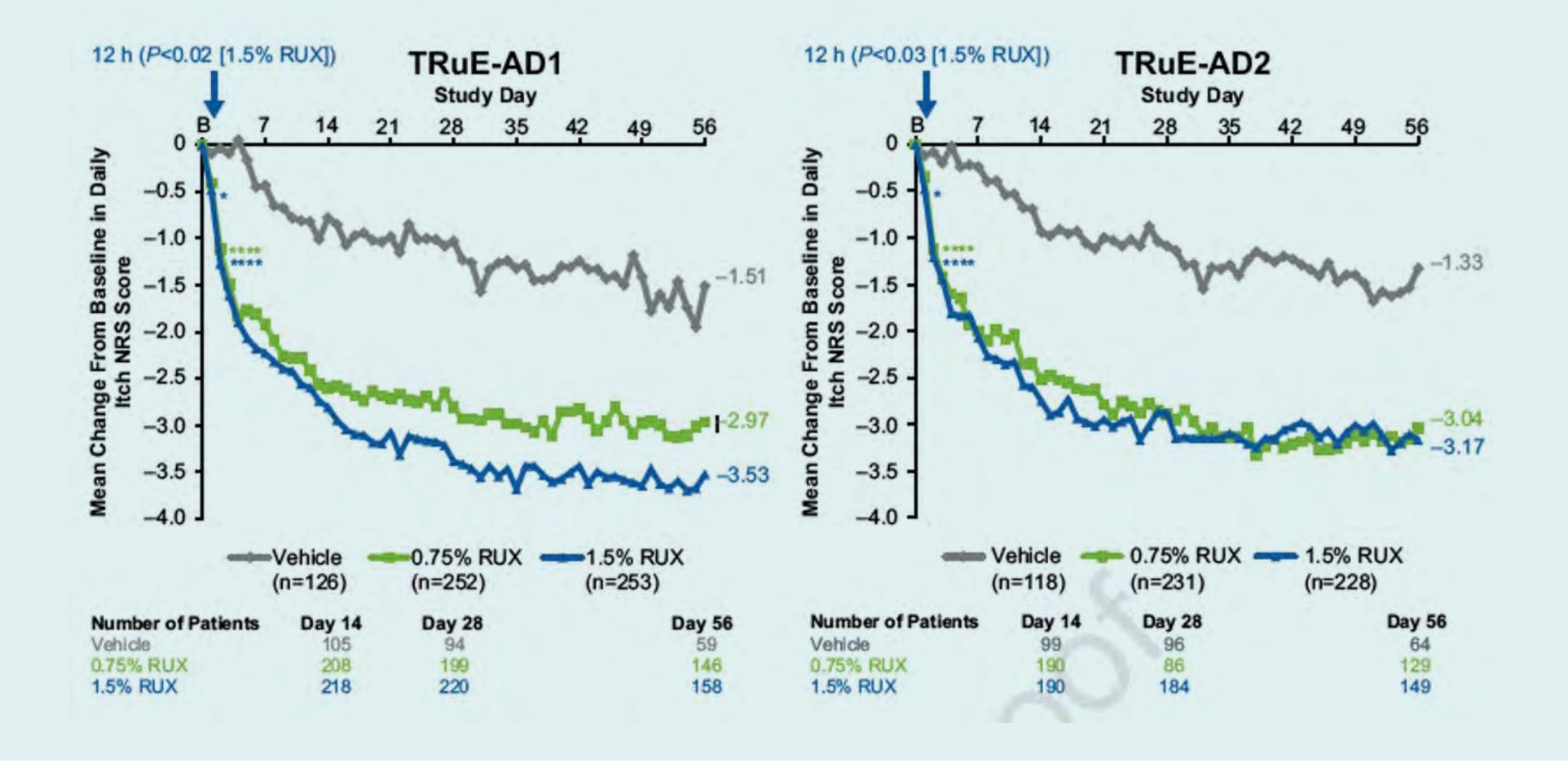


Bieber T. et al. N Engl J Med 2021;384:1101-1112.





## RUXOLITINIB 1.5% CREAM: PHASE 3 DATA

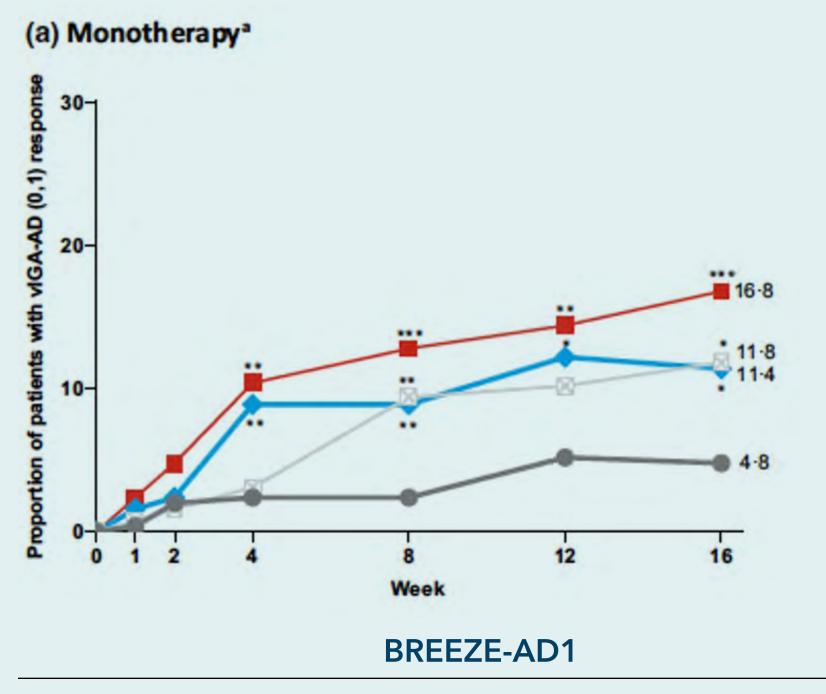




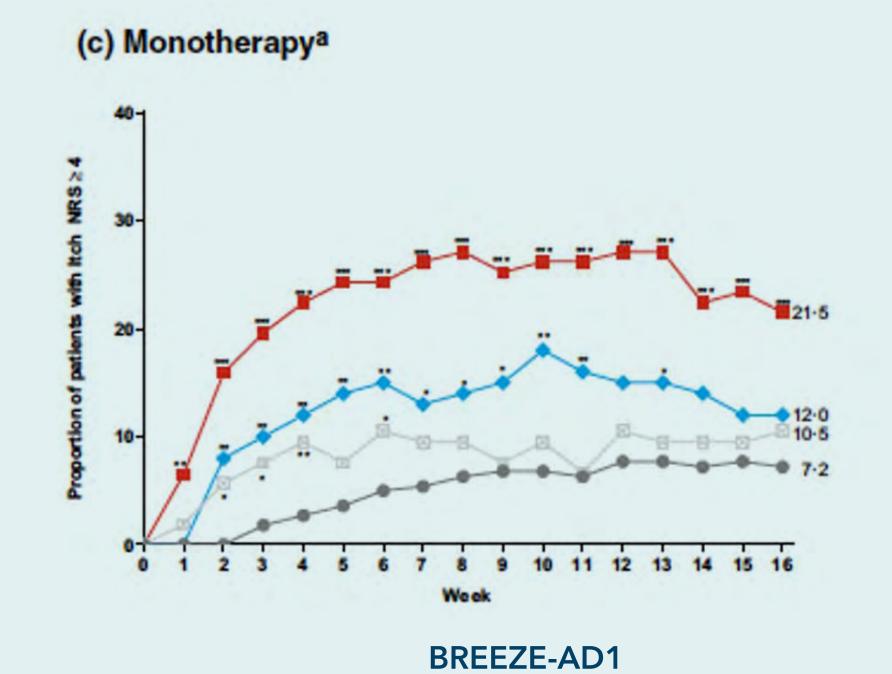


#### **BARICITINIB: PHASE 3 DATA**

- Baricitinib is an oral (QD), JAK1/2 inhibitor
- Two Phase 3 trials in patients 18 years or older with moderate-to-severe AD



Percentage of patients achieving IGA 0 (clear) or 1 (almost clear) and improvement of ≥2 points from baseline



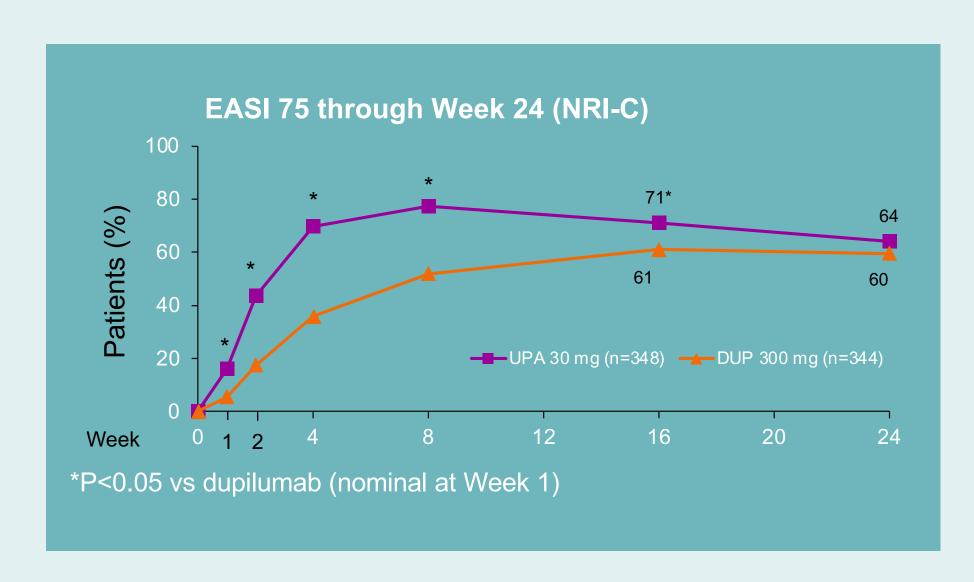
Percentage of patients experiencing ≥4 point improvement in peak pruritus from baseline



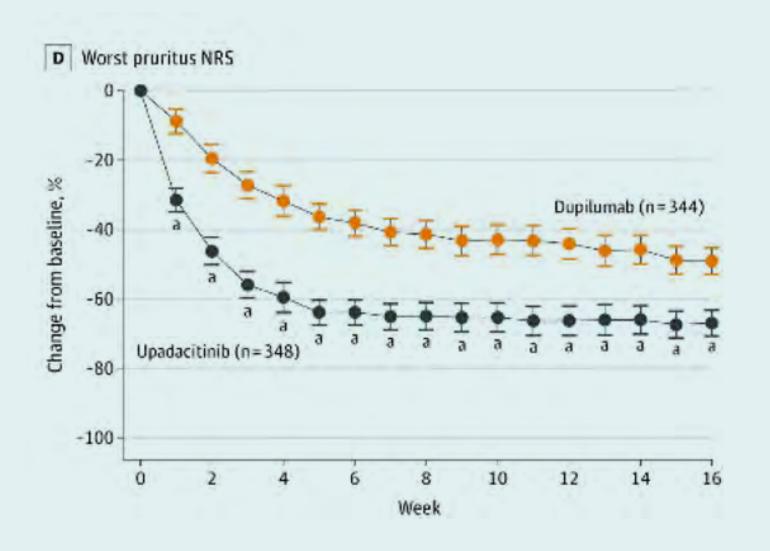


#### UPADACITINIB VS DUPILUMAB: HEADS UP

• 24-week trial of upadacitinib 30 mg QD vs. dupilumab 300 mg Q2weeks\* in adults



\* After dupilumab 600 mg loading dose



Blauvelt A, et al. JAMA Dermatol 2021;157:1047-55.

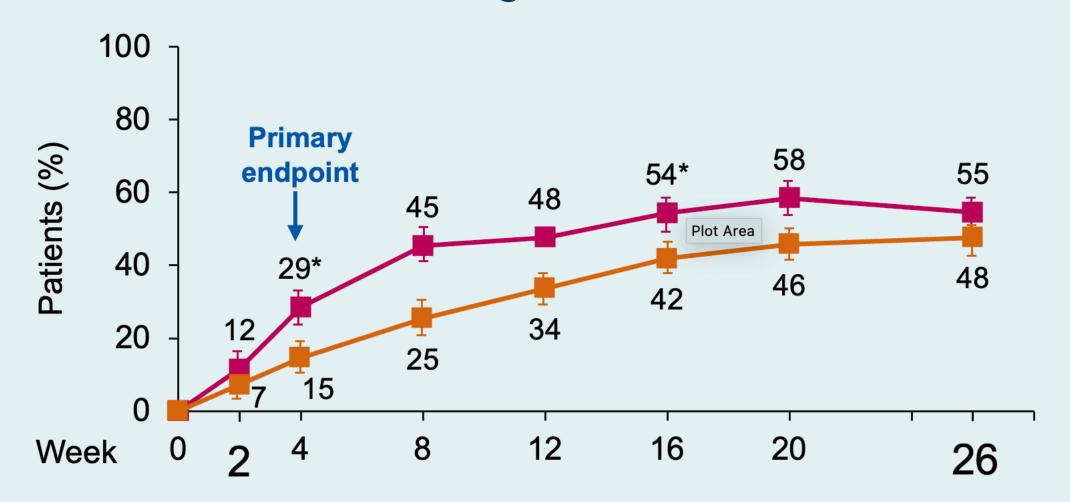




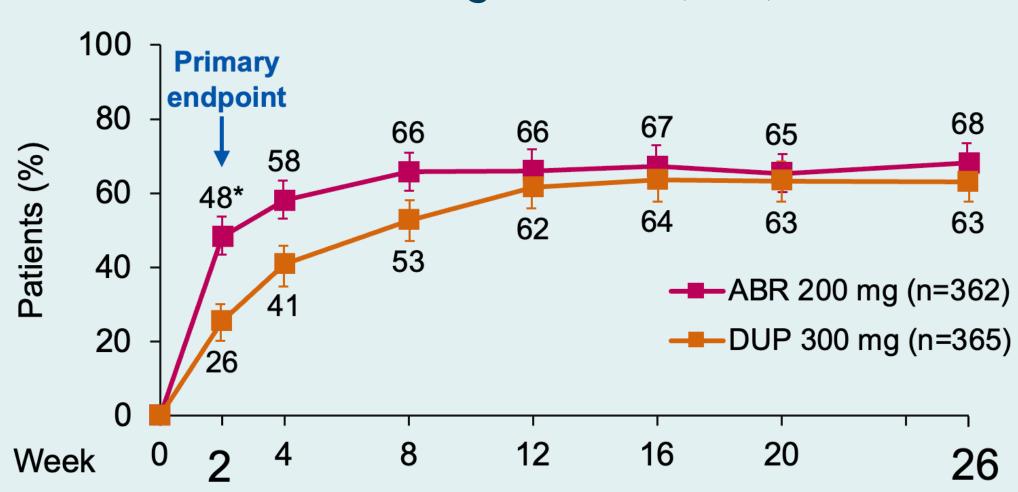
#### ABROCITINIB VS DUPILUMAB: JADE DARE

• 26-week trial of abrocitinib 200 mg vs. dupilumab 300 mg Q2weeks\*

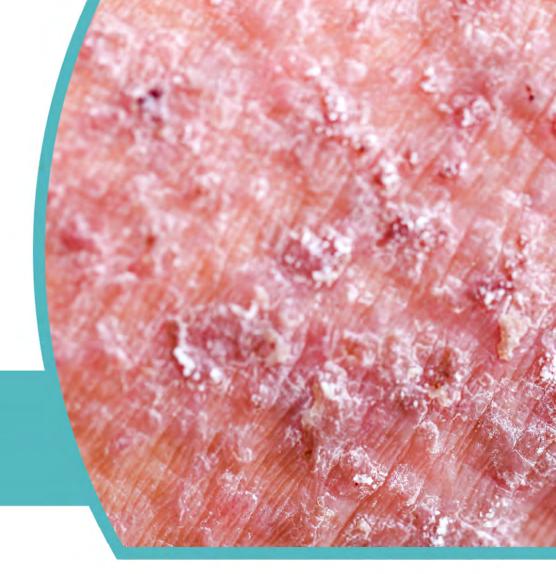
#### EASI 90 through Week 26 (NRIa)



#### PP NRS through Week 26 (NRIa)







## AD AND VACCINATION





## Vaccination Guidelines for Patients With Immune-Mediated Disorders on Immunosuppressive Therapies

Kim A. Papp<sup>1,2</sup>, Boulos Haraoui<sup>3</sup>, Deepali Kumar<sup>4,5</sup>, John K. Marshall<sup>6</sup>, Robert Bissonnette<sup>7</sup>, Alain Bitton<sup>8</sup>, Brian Bressler<sup>9,10</sup>, Melinda Gooderham<sup>2,11</sup>, Vincent Ho<sup>9</sup>, Shahin Jamal<sup>12</sup>, Janet E. Pope<sup>13,14</sup>, A. Hillary Steinhart<sup>5,15</sup>, Donald C. Vinh<sup>8,16</sup>, and John Wade<sup>9,17</sup>

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Canadian ermatology Association

Association canadienne de dermatologie

CME

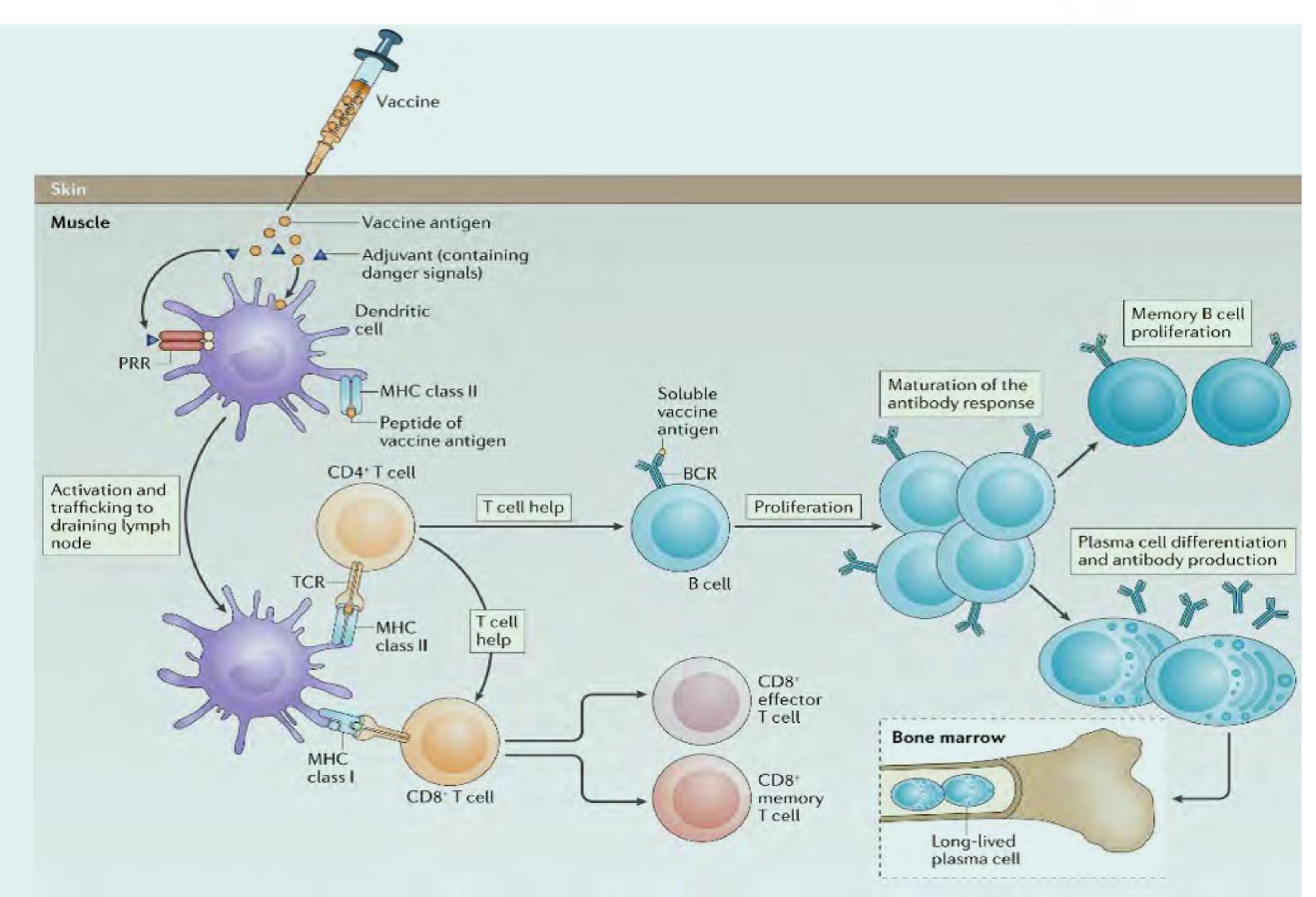
Update vaccination status according to local standards

Live-attenuate vaccines are unlikely to pose a significant threat





## VACCINOLOGY HOW THEY WORK







#### The effect of tofacitinib on pneumococcal and influenza vaccine responses in rheumatoid arthritis

23-valent pneumococcal polysaccharide vaccine (PPSV-23)

2011-2012 trivalent influenza vaccine

25% on prednisone (unknown mean dose)

60% on MTX (unknown mean dose)

A (N=200)

randomised to tofacitinib 10 mg twice daily or placebo stratified by background methotrexate and vaccinated 4 weeks later

Pneumococcal satisfactory response: tofacitinib 45.1%

placebo 68.4%

Satisfactory influenza responses: tofacitinib 56.9%

placebo 62.2%

Protective influenza titres (≥1:40 in two or more of three antigens): tofacitinib 76.5%

placebo 91.8%





#### The effect of tofacitinib on pneumococcal and influenza vaccine responses in rheumatoid arthritis

23-valent pneumococcal polysaccharide vaccine (PPSV-23) 2011–2012 trivalent influenza vaccine.

B (N=183)

patients already receiving tofacitinib 10 mg twice daily (with or without methotrexate) randomised

those continuing ('continuous') or interrupting ('withdrawn') tofacitinib for 2 weeks

vaccinated 1 week after

PPSV-23: 75.0% - continuous and 84.6% - withdrawal

influenza: 66.3% - continuous and 63.7% - withdrawal





T-cell-mediated immune response to pneumococcal conjugate vaccine (PCV-13) and tetanus toxoid vaccine in patients with moderate-to-severe psoriasis during tofacitinib treatment Winthrop KL, et al. JAAD 2018

Most psoriasis patients who receive tofacitinib can mount satisfactory T-cell-dependent responses to PCV-13 and tetanus vaccines

Evaluation of pneumococcal and tetanus vaccine responses in patients with rheumatoid arthritis receiving baricitinib: results from a long-term extension trial substudy

Winthrop KL et al. Arth Res Ther 2019

Two thirds of patients on long-term baricitinib achieved satisfactory humoral and functional responses to PCV-13 vaccination

TTV responses were less robust

PCV-13 response was not diminished in those taking concomitant corticosteroids





#### Zoster

Indicated for age 50+
Administered as two doses 2 - 6 (12) months apart
90% (85 - 95) reduction of zoster for at least 4 years
90% (69 - 97) reduction in PHN
Effectiveness consistent across all age groups

Increased risk of Guillain-Barre syndrome within 42 days of vaccination RR 4.96 (1.43 – 17.27) in 849,397 RZ





## Safety

- Contraindications regarding the use of live vaccines:
  - few data support extraordinary safety for expectant doses of immunosuppressants.
- Risk of acquiring significant infection with live vaccines
  - increased with broad immunosuppression or specific T-cell dysfunction.
- There is a small risk of brief, moderate exacerbation of the underlying disease as a result of general immune activation following vaccination.