

South Beach Symposium
clinical + aesthetic dermatology

SBS PART I

THE MEDICAL DERMATOLOGY Summit

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Disclosures

Joseph Merola

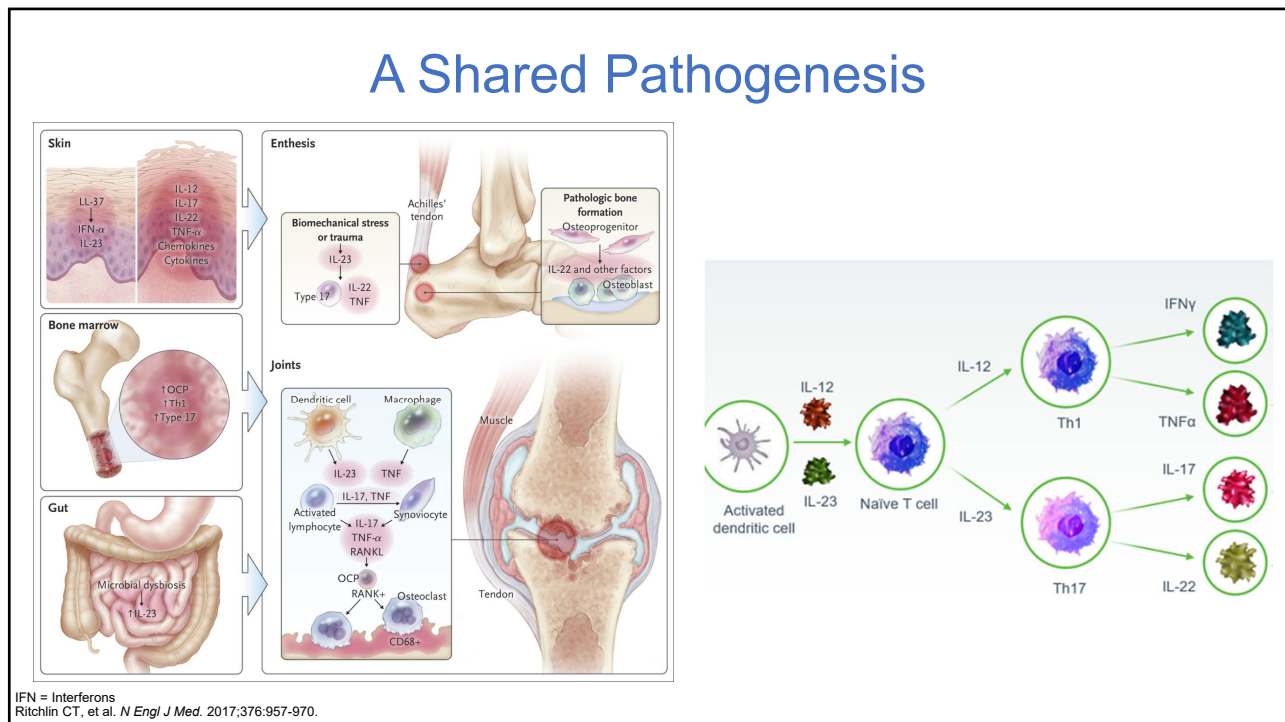
- J.F. Merola is a consultant and/or investigator for: Merck, Abbvie, Dermavant, Eli Lilly, Novartis, Janssen, UCB, Celgene, Sanofi, Regeneron, Arena, Sun Pharma, Biogen, Pfizer, EMD Sorono, Avotres Therapeutics and LEO Pharma.

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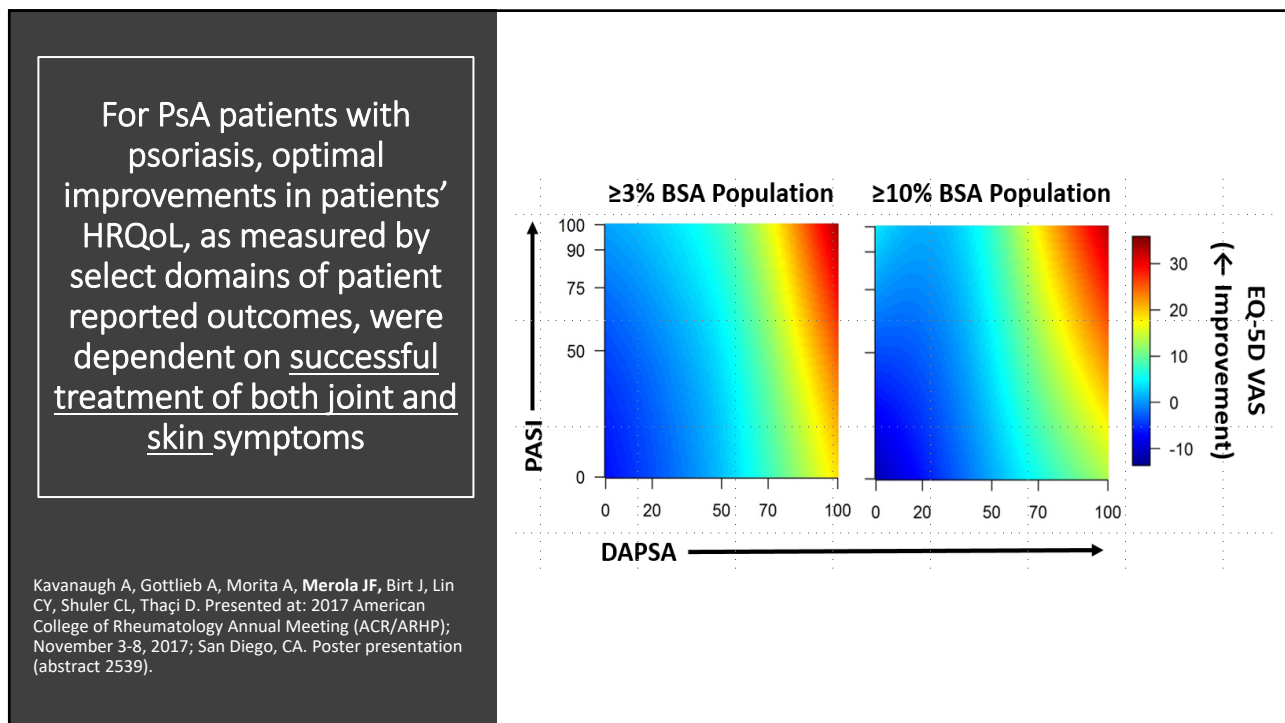
Diagnosing and Managing PsA

Psoriatic Disease Treatment by Domain of Disease

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PsA Treatment Options: 2021

Traditional DMARDs

- Methotrexate
- Leflunomide
- Sulfasalazine
- Cyclosporine

Other

- NSAIDs
- Corticosteroid injections
- Corticosteroids (oral)

Anti-TNFa

- Adalimumab
- Etanercept
- Infliximab
- Golimumab
- Certolizumab

Other targeted therapies

- Secukinumab (IL17A)
- Ixekizumab (IL17)
- Ustekinumab (IL12/23)
- Tofacitinib (JAK)
- Abatacept (CTLA4-Ig)
- Apremilast (PDE4)
- Guselkumab (IL23)

In development

- Bimekizumab (IL17A/F)
- Risankizumab (IL23)
- Brodalumab (IL17R)
- Tildrakizumab (IL23)
- Upadacitinib (JAK)



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Treatment by Domains of Disease

Mechanism	Peripheral Arthritis	Skin and Nail Disease	Axial Disease*	Dactylitis	Enthesitis	GI / IBD
NSAIDs	✓		✓			
Intra-articular steroids	✓					
Topicals		✓				
Psoralen UVA/UVB		✓				
DMARDs (MTX, CsA, SSZ, Lef)	✓	✓				
Apremilast	✓	✓		✓	✓	
Anti-TNF	+++	++	✓	✓	✓	✓
Anti-IL12/23	+	++	X	✓	✓	✓
Anti-IL23 (p19)	++	+++	?	✓	✓	?
Anti-IL17	+++	+++	✓ ³	✓	✓	X
JAK inhibitors	++	?	✓ ¹	✓	✓	✓ ²

Merola JF, adapted from:
J Rheumatol. 2006;33:1417-1456.

Notes:

- * Based on data from ankylosing spondylitis trials (used as surrogate for Axial PsA)
- 1 Based on tofacitinib ankylosing spondylitis data; selectivity may impact other JAKs
- 2 Ulcerative colitis only, not crohn's
- 3 Dedicated Axial PsA study (MAXIMISE)

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Considerations for Treatment of Patients With PsA and Concomitant Comorbidities

Comorbidity	NSAIDs	Glucocorticoids	HCQ	Sulfasalazine	Methotrexate	Leflunomide	Cyclosporine	Etanercept	Adalimumab	Infliximab	Certolizumab	Golimumab	Ustekinumab	Apremilast	Anti-IL17
CV disease	C	?													
Congestive heart failure	C	C						C	C	C	C	C	C	?	
Obesity					C										
Metabolic syndrome		C			C										
Diabetes		C			C										
Ulcerative colitis	?			A			OL		A	A		A		C	
Crohn's disease	?			A	OL				A	A	A			C	
Uveitis		P*						?	P	P					
Osteoporosis		C													
Malignancy								C	C	C	C	C	C	?	
Fatty liver disease	C			C	C	C									
Chronic kidney disease	C				C	?	SM								
Depression														?	
Chronic hepatitis B*	C				C	C		SM	SM	SM	SM	SM	?		
Chronic hepatitis C*	C				C	C		?/P	?	?	?	?	?		
HIV								SM	SM	SM	SM	SM	?		

A	Approved for primary therapy
C	Reason for caution
OL	Off-label use
P	Preferred therapy
SM	Requires special monitoring
?	Data insufficient, concerns raised

Coates LC, et al. *Arthritis Rheumatol*. 2016;68(5):1060-71.

*When treating patients with chronic infections that can affect the liver, consider consultation with providers having expertise in the area. *Corticosteroids used as preferred therapy for uveitis are most commonly given as topical and/or intraocular injections (IAs) in preference to oral steroids.
NSAIDs = nonsteroidal anti-inflammatory drugs; HCQ = hydroxychloroquine; CV = cardiovascular disease; HIV = human immunodeficiency virus.

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MIPA Trial: MTX Is Not a DMARD in Psoriatic Arthritis (???)

- Double-blind, parallel-group randomized controlled trial (N=221)
- Patients randomized to receive MTX (**target dose 15 mg/week**) or placebo (PBO)

Global Index	OR (95% CI)	P Value
PsARC (primary endpoint)	1.77 (0.97, 3.23)	.06
ACR20 responders	2.00 (0.65, 6.22)	.23
DAS28 responders	1.70 (0.90, 3.17)	.10

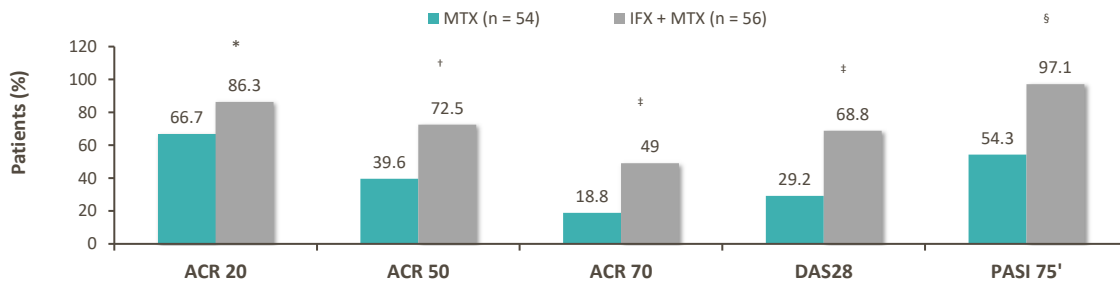
- There was **no difference between groups in CRP/ESR, SJC, or TJC at 3 months or 6 months**
- There were significant improvements in patient and physician global assessment & PASI scores ($P=.02$, $.01$, and $.02$, respectively)
- **“There was no evidence MTX improves inflammatory synovitis in active PsA and thus that it has true DMARD activity”**

CRP = C-reactive protein; ESR = erythrocyte sedimentation rate; PsARC = PsA response criteria.
Kingsley GH, et al. *Rheumatology (Oxford)*. 2012;51(8):1368-1377.

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RESPOND: MTX vs MTX + IFX in PsA

- Randomized, prospective, open-label, controlled trial
 - **MTX 15 mg/wk** vs **MTX + IFX 5 mg/kg** for 16 weeks
 - All patients MTX-naïve (N=115)
 - Primary endpoint: ACR20 response at week 16



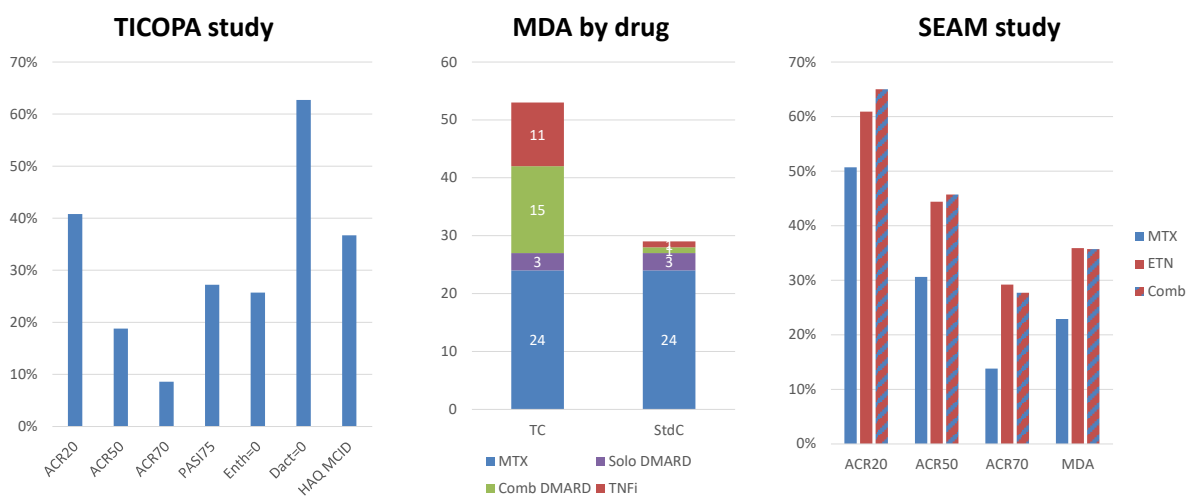
► IFX + MTX are superior to MTX, but MTX alone appears efficacious

*P<.05 vs MTX; †P<.001; ‡P<.01; §P<.0001; † among patients with a PASI score ≥ 2.5 at baseline (n=34 in IFX + MTX group, n=35 in the MTX group).

Baranauskaitė A, et al. *Ann Rheum Dis.* 2012;71:541-548.

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MTX outcomes in PsA: A suggestion of efficacy



Coates et al, *J Rheum* 2016 Feb;43(2):356-61, Coates et al, *Lancet.* 2015 Dec 19;386(10012):2489-98, Mease et al *Arthritis Rheumatol.* 2019 Jul;71(7):1112-1124.

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Anti-TNF Therapies in PsA: ACR and PASI Responses

Trial	n	ACR20 %		ACR50 %		ACR70 %		PASI75 % ^x	
		Rx	P	Rx	P	Rx	P	Rx	P
Adalimumab 2/3 ^x	315	58	14	36	4	20	1	59	1
Certolizumab 3 ⁺	409	58	24	36	11	25	3	62	15
Etanercept 2 [*]	60	74	14	48	5	13	0	26 [*]	0 [*]
Etanercept 3 [*]	205	59	15	38	4	11	0	23	3
Golimumab ^x	405	52	8	32	3.5	18	0.9	61	1
Infliximab 2 ⁺	100	69	8	49	9	29	0	68	0
Infliximab 3 ^{**}	200	58	11	36	3	15	1	60	1

60 40 20

*12 weeks; **14 weeks; +16 weeks; ^x24 weeks

PASI = Psoriasis Area and Severity Index

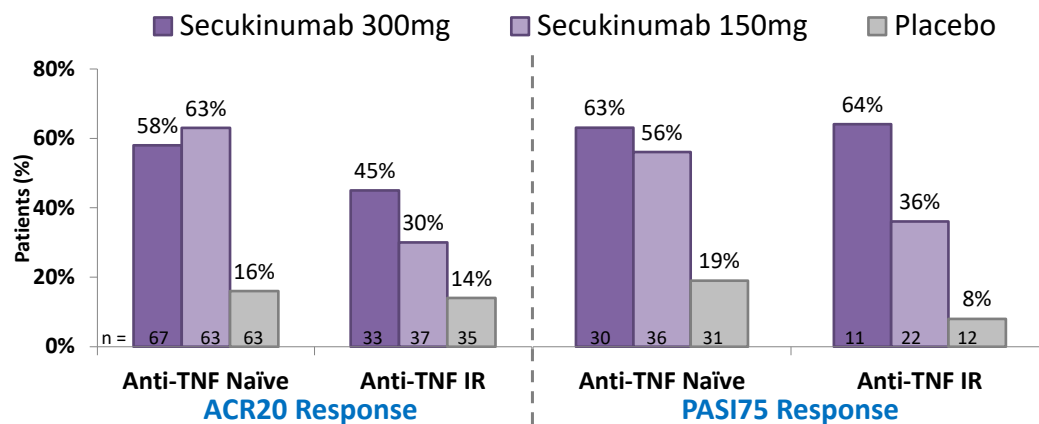
Mease PJ, et al. *Lancet*. 2000;356(9227):385-390. Antoni CE, et al. *Arthritis Rheum*. 2005;52(4):1227. Mease PJ, et al. *Arthritis Rheum*.

2004;50(7):2264-2272. Antoni CE, et al. *Ann Rheum Dis*. 2005;64(8):1150-1157. Mease PJ, et al. *Ann Rheum Dis*. 2005;52(10):3279-3289. Kavanaugh A, et al. *Arthritis Rheum*. 2007. Mease PJ, et al. *Ann Rheum Dis*. 2014;73(1):48-55.

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Efficacy of Secukinumab (Anti-IL17A) in PsA Patients

FUTURE 2: Phase 3 Trial



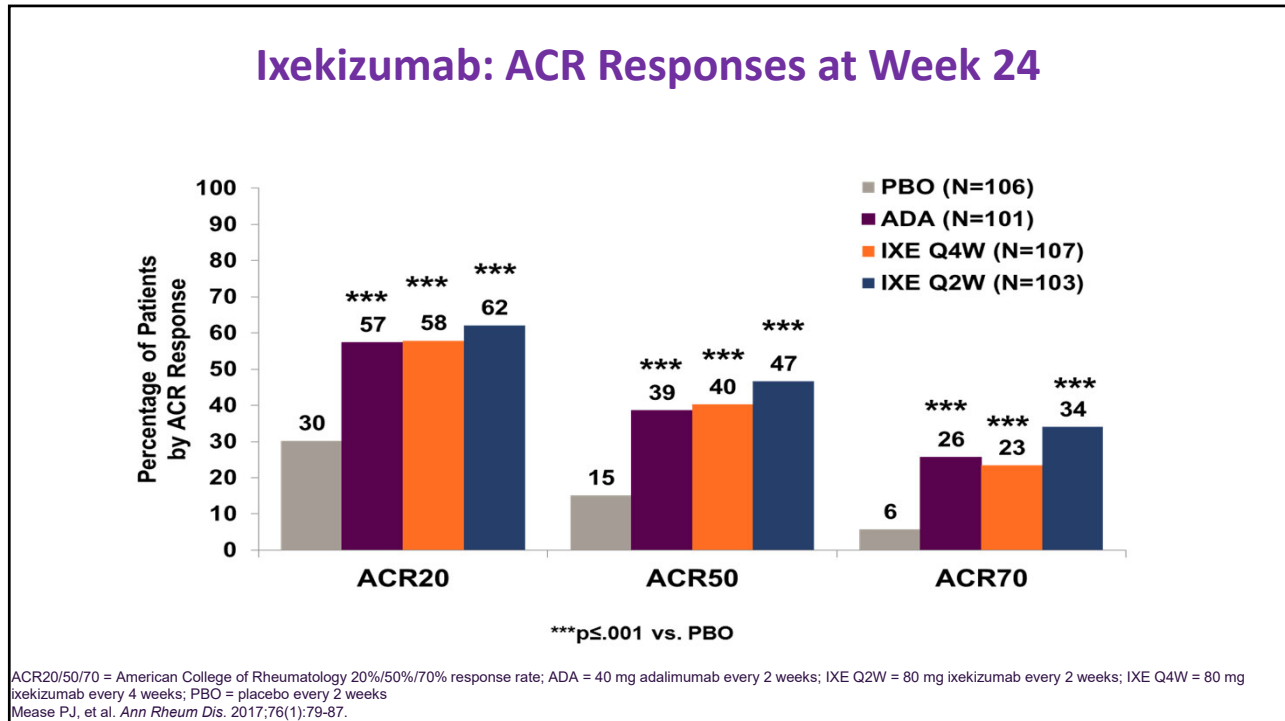
*Secukinumab was given QW from week 0-4, then Q4W thereafter

IR = Inadequate Response

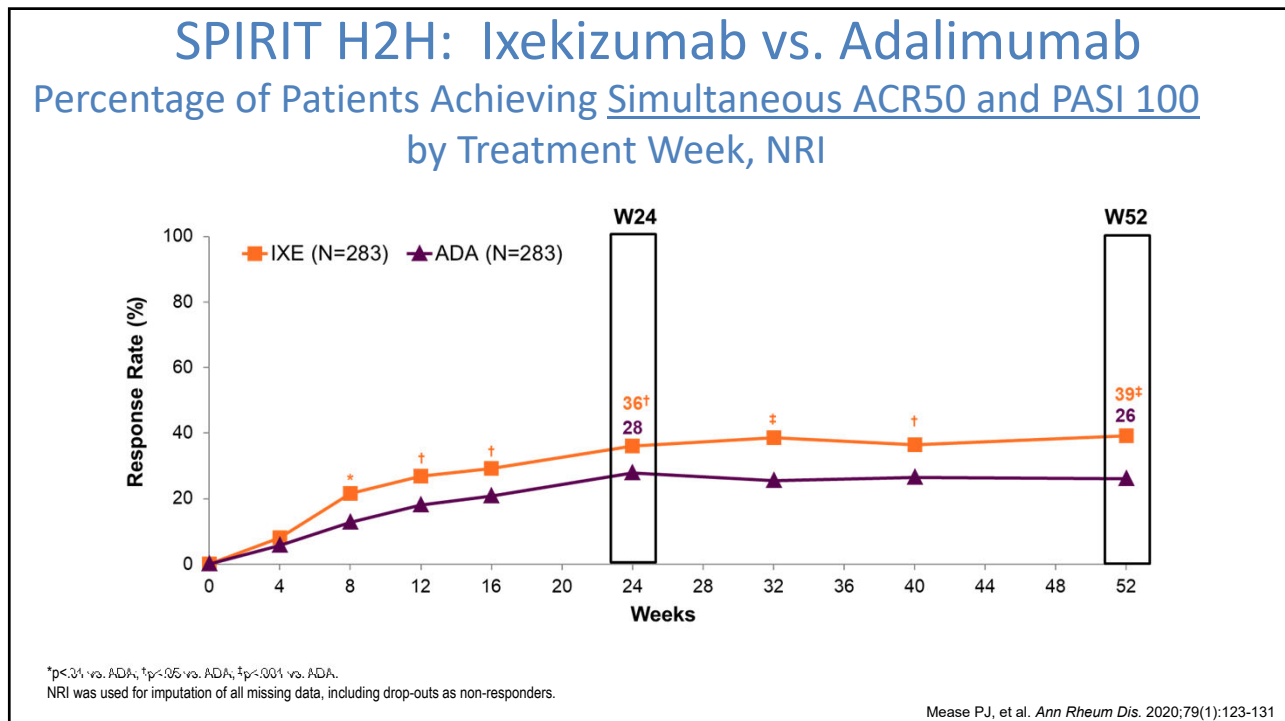
McInnes IB, et al. *Lancet*. 2015;386(9999):1137-1146.

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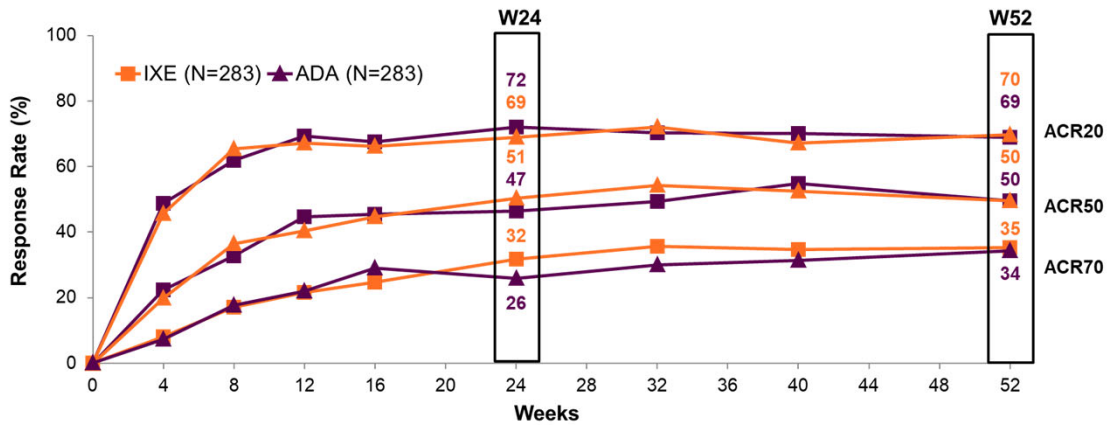


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ACR20/50/70 Response by Treatment Week, NRI



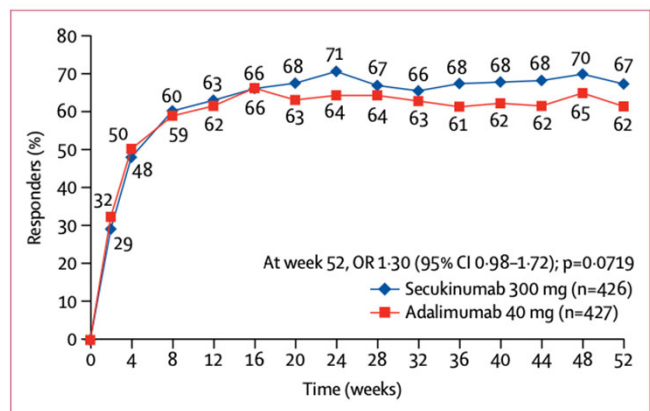
Note: NRI was used for imputation of all missing data, including drop-outs as non-responders.

Mease PJ, et al. *Ann Rheum Dis.* 2020;79(1):123-131

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Secukinumab versus adalimumab for treatment of active psoriatic arthritis (EXCEED):

a double-blind, parallel-group, randomised, active-controlled, phase 3b trial



At week 52, OR 1.30 (95% CI 0.98–1.72); p=0.0719

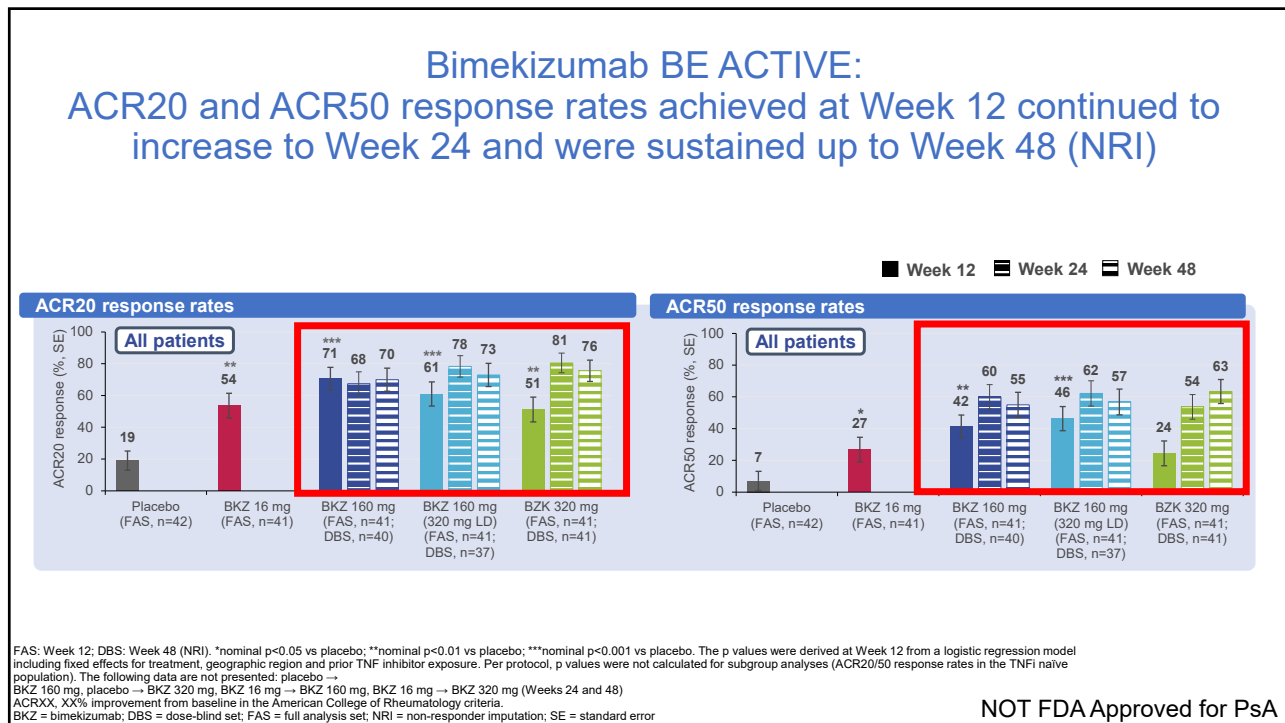
McInnes et al. *Lancet* (395) 1496. May 9, 2020

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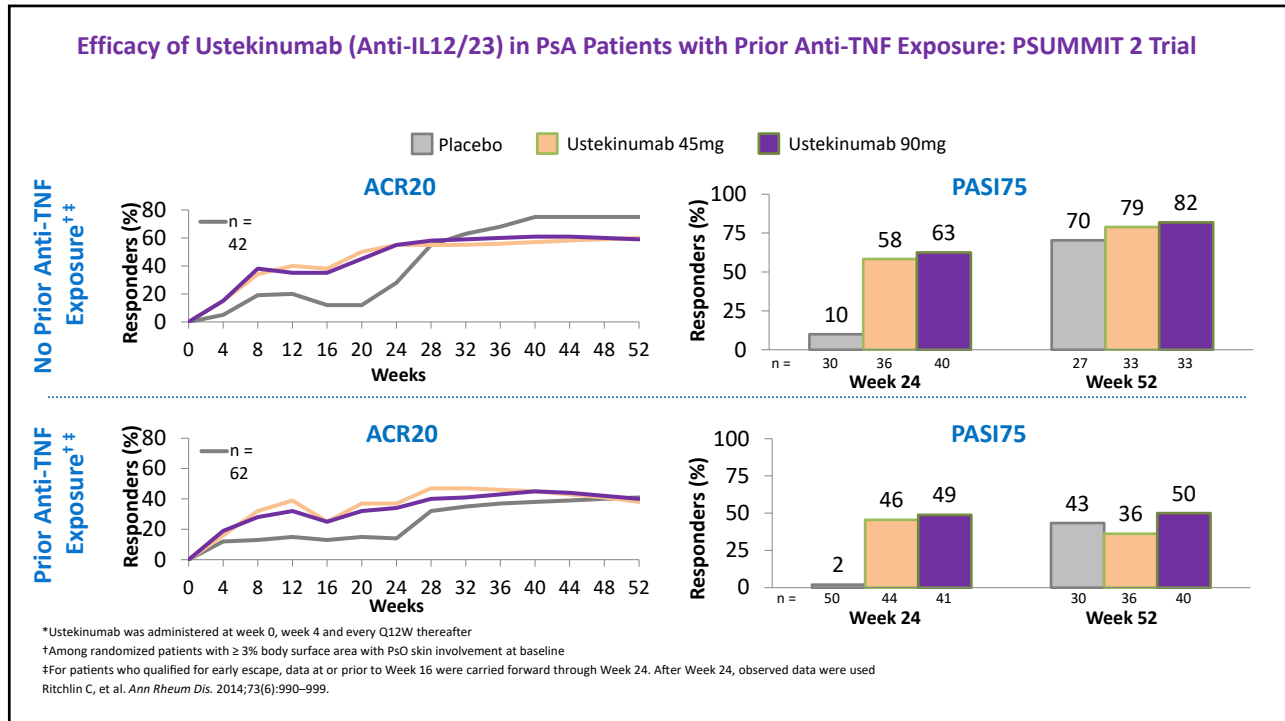
	Secukinumab 300 mg	Adalimumab 40 mg	Odds ratio (95% CI)	p value (unadjusted)*
Primary endpoint				
ACR20	67% (426)	62% (427)	1.30 (0.98 to 1.72)	0.0719
Prespecified sensitivity analysis using non-responder imputation				
ACR20	67% (426)	59% (427)	1.38 (1.04 to 1.83)	0.0239
Key secondary endpoints				
PASI 90	65% (215)	43% (202)	2.49 (1.67 to 3.71)	<0.0001
ACR50	49% (426)	45% (427)	1.18 (0.90 to 1.55)	0.2251
HAQ-DI score, change from baseline, mean (SE) [n]	-0.58 (0.03) [363]	-0.56 (0.03) [318]	-0.02† (-0.10 to 0.05)	0.5465
Resolution of enthesitis (based on Leeds Enthesitis Index)	61% (234)	54% (264)	1.30 (0.91 to 1.87)	0.1498
Combined endpoint				
ACR50 plus PASI100‡	31% (215)	19% (202)	1.85 (1.17 to 2.92)	0.0087

MclInnes et al. Lancet (395) 1496. May 9, 2020

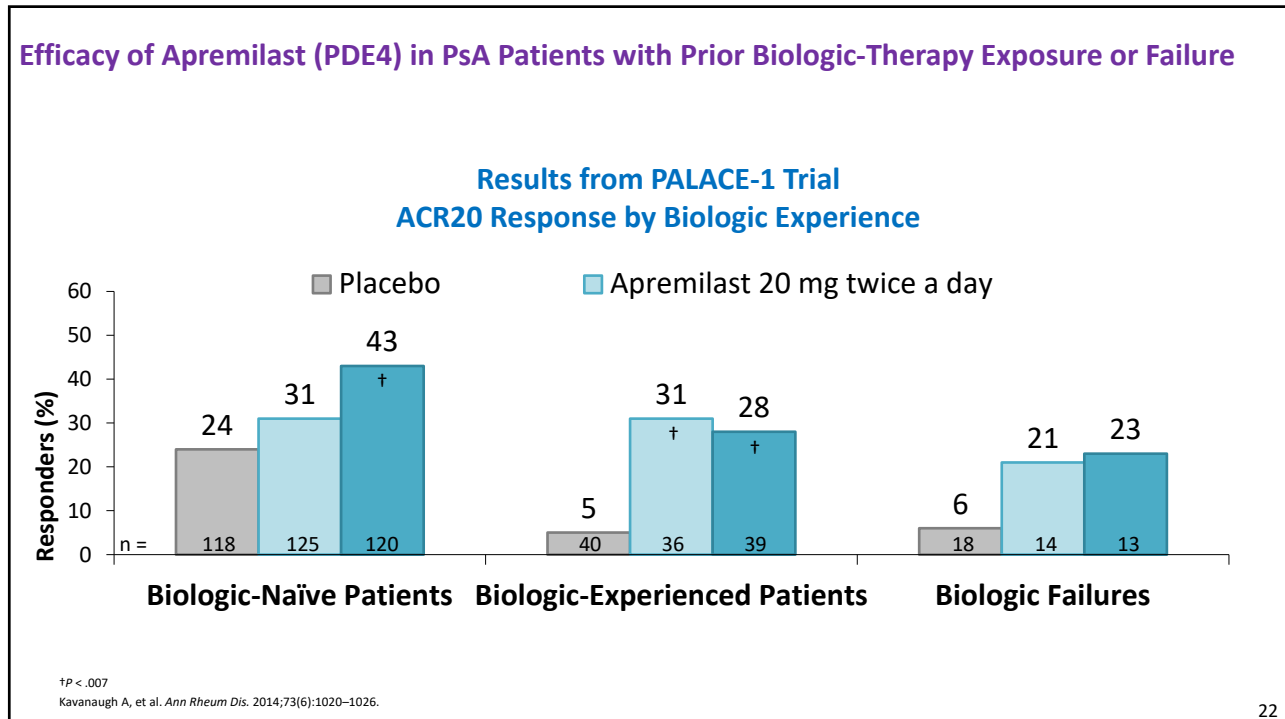
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DISCOVER-1 and -2: Phase 3 trials of guselkumab for patients with active psoriatic arthritis: Week 24 results

DISCOVER-1¹

DISCOVER-2²

Inclusion criteria

- Inadequate response to csDMARDs, apremilast, NSAIDs

DISCOVER-1

- ≥3 swollen joints, ≥3 tender joints, CRP ≥0.3 mg/dL
- Anti-TNF experienced included

DISCOVER-2

- ≥5 swollen joints, ≥5 tender joints, CRP ≥0.6 mg/dL
- Biologic naïve

Baseline characteristics

	DISCOVER-1 (N=382)	DISCOVER-2 (N=741)
Mean PASI score	8.5	9.9
Patients with enthesitis, n (%)	222 (58.4)	506 (68.5)

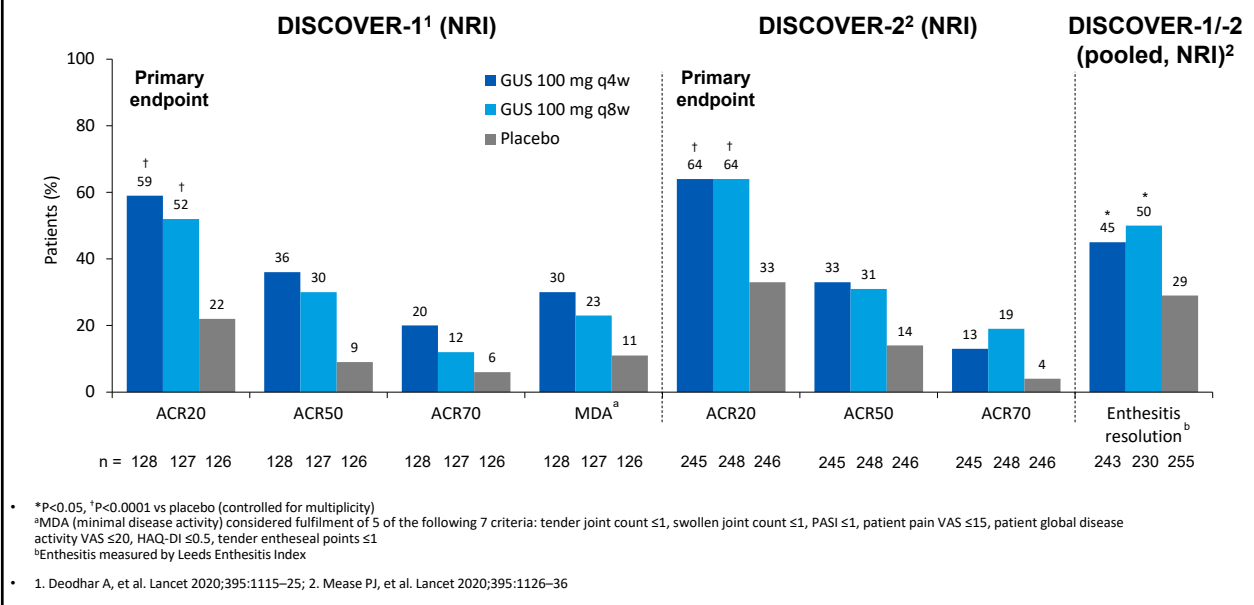
- In DISCOVER-1, 31% of patients had previous TNF inhibitor experience and 55% were receiving MTX at baseline

^aGUS 100 mg q8w group received 100 mg loading dose at Weeks 0 and 4; ^bEE, early escape (patients were eligible to initiate/increase doses of background medications if <5% improvement from baseline in both tender/swollen joint counts at Week 16)

1. Deodhar A, et al. Lancet 2020;395:1115–25; 2. Mease PJ, et al. Lancet 2020;395:1126–36; Deodhar A, et al. ACR 2019, OP807

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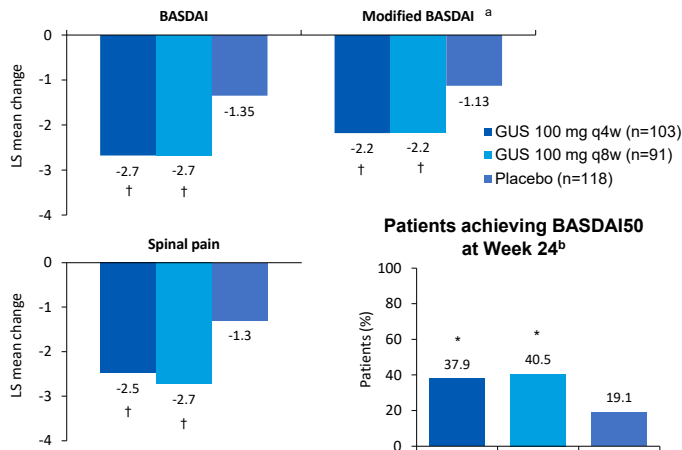
DISCOVER-1 and -2: ACR responses, enthesitis resolution, and MDA after 24 weeks of guselkumab for patients with active psoriatic arthritis



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DISCOVER-1 and -2: Effect of guselkumab on axial outcome measures after 24 weeks among patients with active PsA with axial involvement

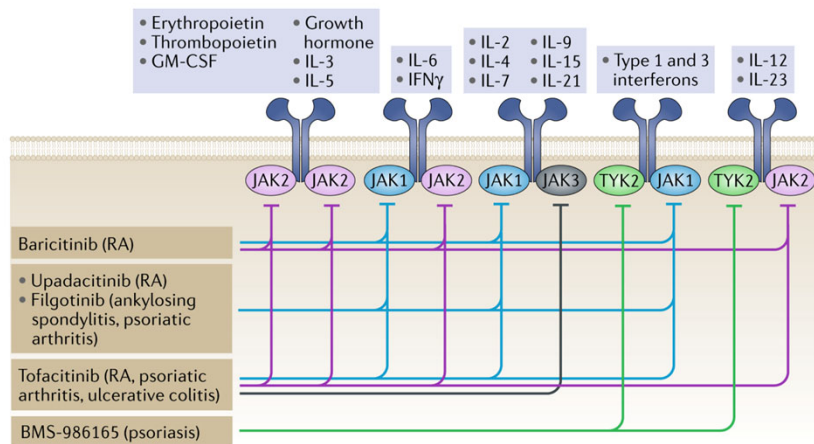
Change from baseline in axial joint scores at Week 24



- Investigators confirmed sacroiliitis either by documented prior imaging or pelvic radiograph at screening
- Axial-specific studies are needed to definitively answer this question

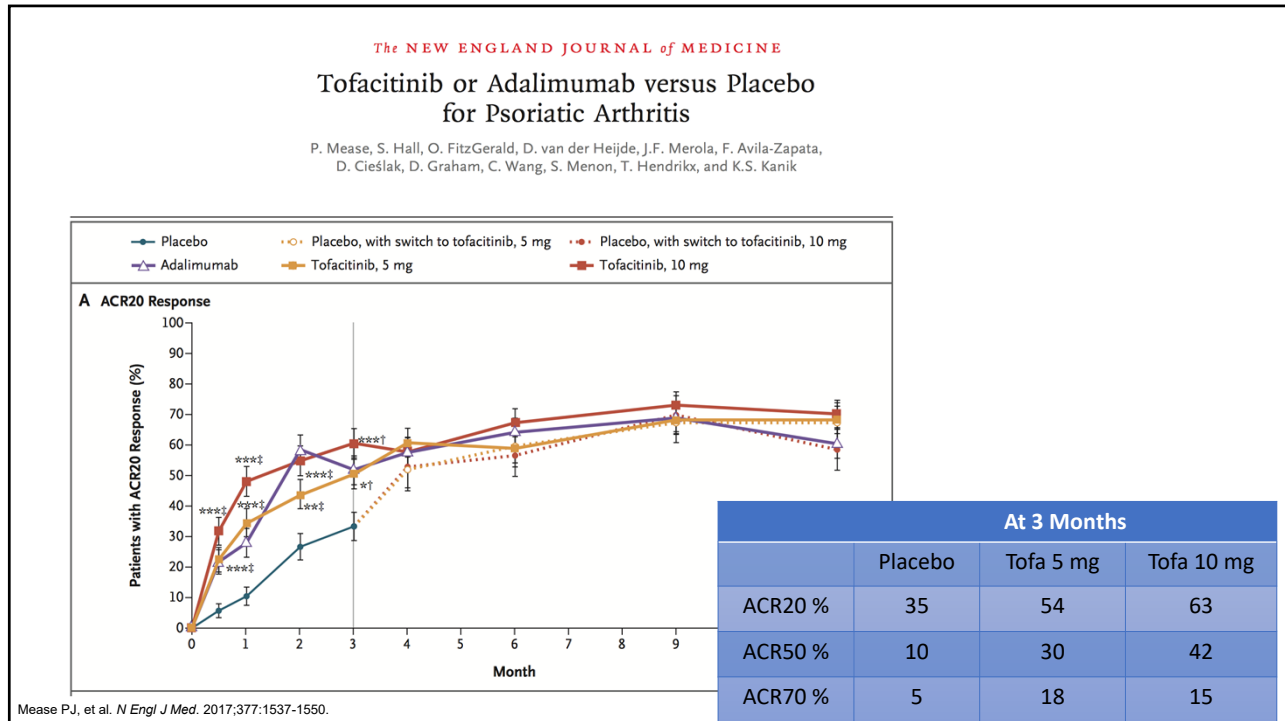
*P<0.01 (unadjusted), †P<0.001 (unadjusted) vs placebo
 • BASDAI, Bath Ankylosing Spondylitis Disease Activity Index. ^aExcludes question 3 of the BASDAI (How would you describe the overall level of pain/swelling in joints other than neck, back, hips you have had?); ^bAmong patients with BASDAI >0 at baseline, n=95, 84, 110 for GUS q4w, q8w, and placebo, respectively
 • Helliwell P, et al. EULAR 2020, OP0054

From: Selective Janus kinase inhibitors come of age

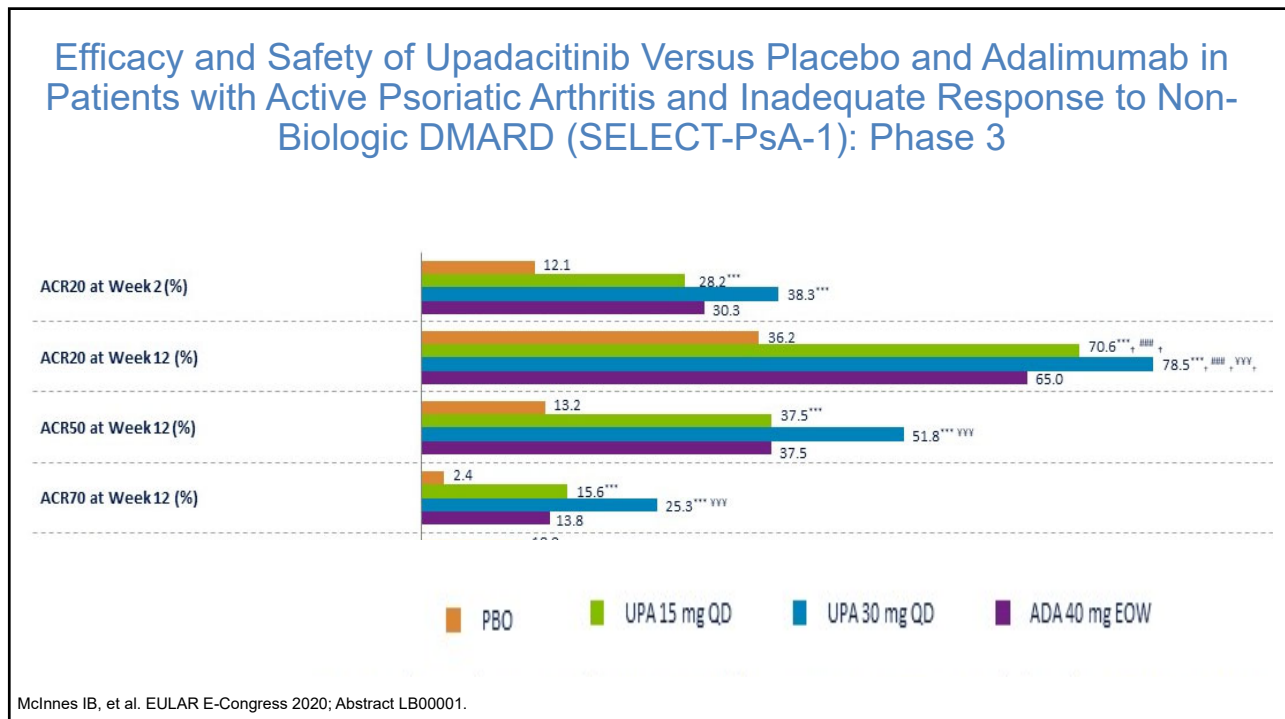


Different cytokine receptors signal via different Janus kinases (JAKs). First-generation JAK inhibitors affect a broad spectrum of cytokines, whereas selective JAK inhibitors have the potential to limit the activity of a much smaller subset of cytokines and thereby enable signalling via other JAK-dependent pathways to be maintained and, potentially, reduce the incidence of adverse effects. GM-CSF, granulocyte-macrophage colony stimulating factor; RA, rheumatoid arthritis.

RA = Rheumatoid arthritis; GM-CSF = Granulocyte-macrophage colony-stimulating factor; JAK = Janus kinase
 O'Shea JJ, et al. *Nat Rev Rheumatol.* 2019;15:74–75.

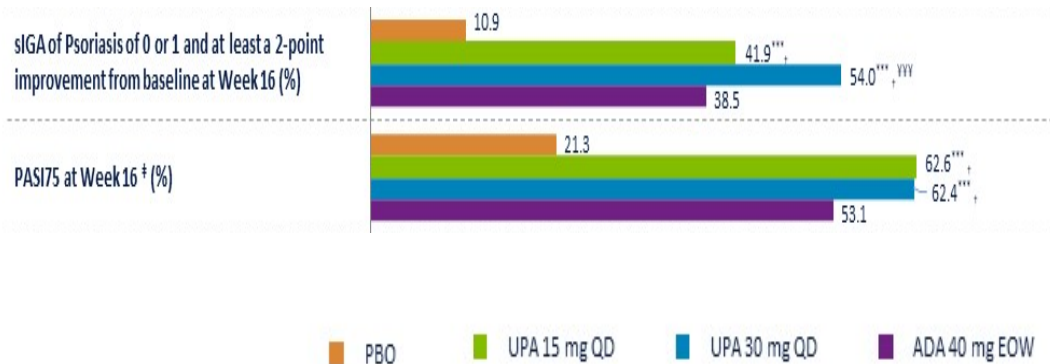


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Efficacy and Safety of Upadacitinib Versus Placebo and Adalimumab in Patients with Active Psoriatic Arthritis and Inadequate Response to Non-Biologic DMARD (SELECT-PsA-1): Phase 3



McInnes IB, et al. EULAR E-Congress 2020; Abstract LB00001.

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Radiographic Progression

- Anti-TNF, secukinumab, ixekizumab

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Treatment by Domains of Disease

Mechanism	Peripheral Arthritis	Skin and Nail Disease	Axial Disease*	Dactylitis	Enthesitis	GI / IBD
NSAIDs	✓		✓			
Intra-articular steroids	✓					
Topicals		✓				
Psoralen UVA/UVB		✓				
DMARDS (MTX, CsA, SSZ, Lef)	✓	✓				
Apremilast	✓	✓		✓	✓	
Anti-TNF	+++	++	✓	✓	✓	✓
Anti-IL12/23	+	++	X	✓	✓	✓
Anti-IL23 (p19)	++	+++	?	✓	✓	?
Anti-IL17	+++	+++	✓ ³	✓	✓	X
JAK inhibitors	++	?	✓ ¹	✓	✓	✓ ²

Merola JF, adapted from:
J Rheumatol. 2006;33:1417-1456.

Notes:

- * Based on data from ankylosing spondylitis trials (used as surrogate for Axial PsA)
- 1 Based on tofacitinib ankylosing spondylitis data; selectivity may impact other JAKs
- 2 Ulcerative colitis only, not crohn's
- 3 Dedicated Axial PsA study (MAXIMISE)

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Thank You!

See you in MIAMI 2022 !



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SBS PART I

THE MEDICAL DERMATOLOGY

Summit

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Case 1:

- 58-year-old woman with plaque psoriasis, 5% BSA
- Scalp and nail disease history
- FH of mother with PsO, PsA
- Treated with topicals only to date

- Given a PEST screening through electronic patient portal:
 - **Positive screen**
- PSAID completed in waiting room on tablet; self-scored at **PSAID=8**
 - (PSAID 'PASS' >4 means unacceptable symptom level)

- Upon further questioning:
 - + back pain
 - + plantar fasciitis / achilles insertion pain (enthesitis) noted

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Case 2:

- 52-year-old woman with plaque psoriasis
15% BSA at baseline; scalp and nail in the past

- **Diagnosed with PsA** several years ago
- Treated with a biologic approved for PsA
 - currently < 1% BSA, treated; uses topicals as needed

- Rheumatology diagnosis, so NO PEST screen
- Patient given PSAID=3 ('PASS' <=4 means acceptable symptom level)
 - Consider co-management, continue therapy