

South Beach Symposium

SBS PART I

THE MEDICAL DERMATOLOGY

# **Retinoids, and Topical Anesthetics**

Jonette E. Keri, M.D., Ph.D. Associate Professor of Dermatology University of Miami, Miller School of Medicine Chief, Dermatology Service, Miami VA Hospital

# Prescription Topical Retinoids

- Tretinoin
- Adapalene
- Tazarotene
- Alitretinoin
- Bexarotene
- Trifarotene

# Prescription Topical Retinoid - Tazarotene

- Acne
- Psoriasis (<20% of body surface area)
- Some have used for:
- Photoaging
- To prevent steroid atrophy
- CTCL

# Prescription Topical Retinoid - Bexarotene

- Bexarotene
- CTCL
- Some have also used for:
- Hand dermatitis
- Lymphomatoid papulosis
- Alopecia Areata
- Psoriasis

# Prescription Topical Retinoid-Alitretinoin

- Alitretinoin
- AIDS related Kaposi's Sarcoma
- Some have used for
- Kaposi's Sarcoma
- Photoaging

## Prescription Topical Retinoid - Adapalene

- Adapalene Uses
- Acne
- Some have also used for
- Photoaging

# Prescription Topical Retinoid - Tretinoin

- Tretinoin Uses
  - Acne
  - Photoaging
  - Hyperpigmentation

- Some also use for:
- Actinic keratosis
- Hyperkeratotic disorders
- Striae
- Wound healing

# Prescription Topical Retinoid - Trifarotene

- Trifarotene
- For acne is new product

#### New retinoid – trifarotene

- Trifarotene .0005% cream
- Agonist of the Retinoic Acid Receptor (RAR)
- Trifarotene 50 μg/g cream is for the treatment of moderate acne on the face and trunk.
- Approved from age <u>9 years and up</u>

Tan J, Thiboutot D, Popp G, Gooderham M, Lynde C, Del Rosso J, Weiss J, Blume-Peytavi U, Weglovska J, Johnson S, Parish L, Witkowska D, Sanchez Colon N, Alió Saenz A, Ahmad F, Graeber M, Stein Gold L. Randomized phase 3 evaluation of trifarotene 50 mug/g cream treatment of moderate facial and truncal acne. J Am Acad Dermatol. 2019 Jun;80(6):1691-1699.

#### New retinoid – trifarotene

- Trifarotene .0005% cream
- The onset of effect was **rapid versus vehicle**:
  - inflammatory and noninflammatory lesion counts decreased as early as 1 week after treatment on the face
  - as early as **2 weeks** after treatment on the **trunk**
- Side effect profile was mostly mild to moderate when applied not only to the face but the trunk which is a large surface area.
  - skin dryness, erythema, scaling, stinging, and burning
- Tan J, Thiboutot D, Popp G, Gooderham M, Lynde C, Del Rosso J, Weiss J, Blume-Peytavi U, Weglovska J, Johnson S, Parish L, Witkowska D, Sanchez Colon N, Alió Saenz A, Ahmad F, Graeber M, Stein Gold L. Randomized phase 3 evaluation of trifarotene 50 mug/g cream treatment of moderate facial and truncal acne. J Am Acad Dermatol. 2019 Jun;80(6):1691-1699.

#### Trifarotene treatment responses

