

# Skin of Color Symposium

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Associate Professor of Pediatric Dermatology  
Pediatric Skin of Color Symposium



G l v f o r v x u h

I # d y h # e r # f r q i d f w # r # q w u h v w #

# Y lwbj r 0 Ohduq bj #R emfwyhv

- Uhyhz #fxuhqw#lqg#hp huj bj #whdwp hqw#iru# shglwlf#sdwhqw
- Uhfrjq]h#kh#z d|v#g#z klfk#ylwbj r#sdwhqw#z wk# gdunhu#s lj p hqwhg#nlq#sh#dihfwng#g#whup v#r# p dgdj bj #khl#nlq

3

# Y lwbj r

- Dxw p p xqh#g lhdvh#g#z klfk# fxwqhrxv#ghs lj p hqdwlrq# rffxw
- H { lwbj #khuds hv#sh# hgdhtxdwh#lqg#p lhg



4

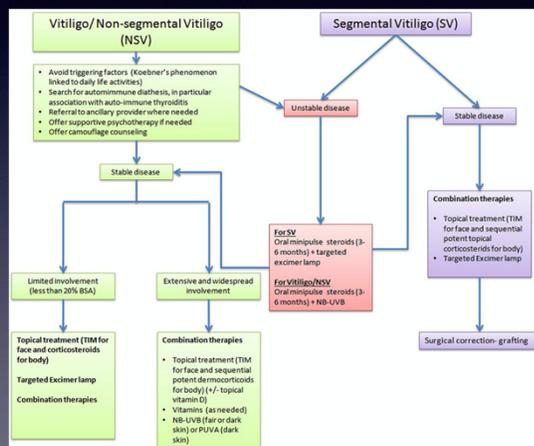
# Y lwdj r0 z runxs #q#fk lguhq

- R wkhulxwlp p xqh#g lhdvh#dqg#nqgrfulqrsdklv
- Ixukhulhvwqj #p d | #eh#ghfhvvdul #q#s dwhq#w#z lk#vxj j hvwylh#vj qv# ru# | p swrp v#r#xdi#xw#q#kqghud | bj #f rgg lwrq
- Wk | urlg#g lhdvh/#g bdehwhv#p hoxv/#shuqf lrxv#dqhp b/#dgg lvrq# g lhdvh/#dors hf b#lhdw

5

# F rgyhqwlrqde#Wuhdw hqw

- Frwifrvhurlyv#WF v,#
- F ddf bqxubq#bjk b lrv#WF lv,
- V | vwhp lf#frwifrvhurlyv#VF v,
- Skrwkxhuds |



6

# X qf r q y h q w l r q d e # k h u d s |

- P h a l j h q l q d
- D a r k r a f # n { w d f w r # x p d q # s a l f h q w d
- V d l g # r # s u r g x f h # s u r d i h u d w l r q # r # p h a l q r f | w h v # l g g # h q k d q f h # p h a l q r j h q h v l # g # y l a d j r # n l q



D]ap exnd UG]P halj hq l q d dgg# l a d j r # 0 h e h i # r # k h # g l u # h a p a r a j | # < < 5 = 4 / 7 4 8 6 0 9 3



# Sv|fkrvrfbd#p sdfw0 Igg bq#sdwhqw



- Vhp Dwxfwuhg#qwhyz v#frggxfwhg lq  
83#sdwhqw#z lk#yldjr
- D p #ghwhp bh#kh#ehchiv#derxw#dxvdwrq/#  
dvshfw#r i#kh#g lvhdvh#kdw#dxvh#frqfhuq/#h ihfw#  
r#g lvhdvh#r#g#kh#sdwhqw#dh

Sdkz d S/#P hkvdp /#kdlldq E/#h#ld#kh#sv|fkrvrfbd#p sdfw#z#yldjr#q#gg bq#sdwhqw#  
Igg bq#hup dwq#hghuhroOhsurd#hswR fv#436>< +8 ,9 : < 0; 8

# Y ldj r0Udqjh#r #F rqfhuqv

- Sk|vld#lsshduqfh#
- Surjuhvlrq#rqr#n{srvhg#nlqz kr#erg|
- R vwdflp
- Vrfld#hmfwrq
- G hwdl#hvwlfwrqv





- G lillfxo\| #b\#j hwdqj #rev
- Vljqlifdqw#edu\hu#r#  
j hwdqj #p duhg

Sdkz d S /P hkw\#P /Nkdldq E /hw\ld\Wkh#sv| fkrvrfldq\p sdfw#r #y\ldj r#q\#Iggldq#sdwhqwr\#  
Iggldq#\#G hup dwr\q\hghuhroOhsur\ld\#hswR f\#5436> <+8 ,9 : <0; 8

## Sv| fkrvrfldq\p sdfw\Y\ldj r#\# Iggldq#sdwhqwr

- Wkh#\#rqq\ldrq#\z dv#\shufhlyhg#\r#\eh#\ld\#hulrxv#\ld\hvv
- P xolsd\#p hg\ld\#rqqvxod\ldrq#\z huh#\ld\txhqw
- Vw\jp d#\ldq#\vx\ld\#gd\#ghd\ldrq#\z dv#\hsruhg
- Sure\ld\p v#\shufhlyhg#\r#\eh#\p ruh#\hyhuh#\q#\z rp hq

Sdkz d S /P hkw\#P /Nkdldq E /hw\ld\Wkh#sv| fkrvrfldq\p sdfw#r #y\ldj r#q\#Iggldq#sdwhqwr\#  
Iggldq#\#G hup dwr\q\hghuhroOhsur\ld\#hswR f\#5436> <+8 ,9 : <0; 8

# Sv | fkrarj lfdø rqvghudwtrqv

- F dp rxialj luj #frvp hwfv#
- Ghs ljp hqvdrqv #khuds hv



13

- Fryhup dun
- Ghup dfraru
- Nhurp dvn
- Yhb
- Y lfk | #Ghup dedhgg ,



kwsv-2y luj rrvf hw | Iruj 2nlj0fdp rxialjh

14



kwsv=2ylwjjrvrfhw|ruj2nbg0  
fdp rxiwjh



## Ghs ljp hqvdwlrq#Wkhuds hv#ru# wbj r

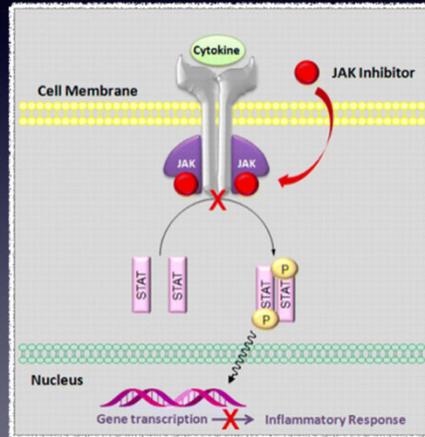
- P rqrhgq} | ghwhu#r #####  
k | gurtxbrqh#P EHK ,
- Skhqr# ; (
- 7Op hwkr {skhqr#7P S /###  
p ht xbrq#sOk | gur { | dqlvro
- Sk | vlfde#khuds hv#fu | rkhuds | #lqg#olvhw ,



J up hv#SH /Q dvkdz dw#U #Ghs ljp hqvdwlrq#Wkhuds | #ru# wbj r#  
Ghp dwr#F dq#68#534 : ,54<055 :

# Hp huj bj #Wkhuds |

- Ux{rdwqle#MDN4MDN5#qk,#erw# dgrðvfhqw#lqg#lqg#xow
- Ulfwqle#SI039984933,#MDN62WHF# bklelru,
- Ehsrfwqle#SI039:33;74,#W\N52MDN4# bklelru,
- Fhugxðwqle#w#MDN27|n#qk,



17

# Qrqðvhj p hqvdøY wdj r#Vwqghv

- Skdvh#5e#QFW36:48;5<,# hydðdwdqj #kh#vdihw| #lqg# hiilfd | #i#lwf wqle#lqg# ehsrfwqle#
- Udqgrp l]hg/#grxeð#eðqg/# sdðððj urxs/#p xow# fhqvhv/#grvhðdçj bj #wqg |
- Sdwdð #eðqghg#h {vhqvlrq# shurg



Photocredit: IG livingdappled

18

# D #I bqdQ rwh#0 rq#D f fhvv

- Derxw#78 ( #r#fk lghq#gdwrqdwl #k l j kh u#q#vrp h# vdw hv, #duh#rq#P hg lfd b#s olqv#xqghu# K I S V#D fw,
- Ghvs l h#kh#dfw#kdw#y l d j r#kdv#d#r O#p sdfw# j uhdw h u#k d q#p d q | #v | v h p I f #g l v h d v h v / #w #v #d u h d # f r q v l g h u h g #e | #k l g O s d w | #s d | r u w #z k r #h g g #r #w h d w # y l d j r #d v #d #f r v p h w f #d w k h u #k d q #d #p h g l f d e #v x h / # w k h u h e | #g l v s u r s r u w r q d w h q | #p s d f w b j #s h u v r q v #r #i# f r o u

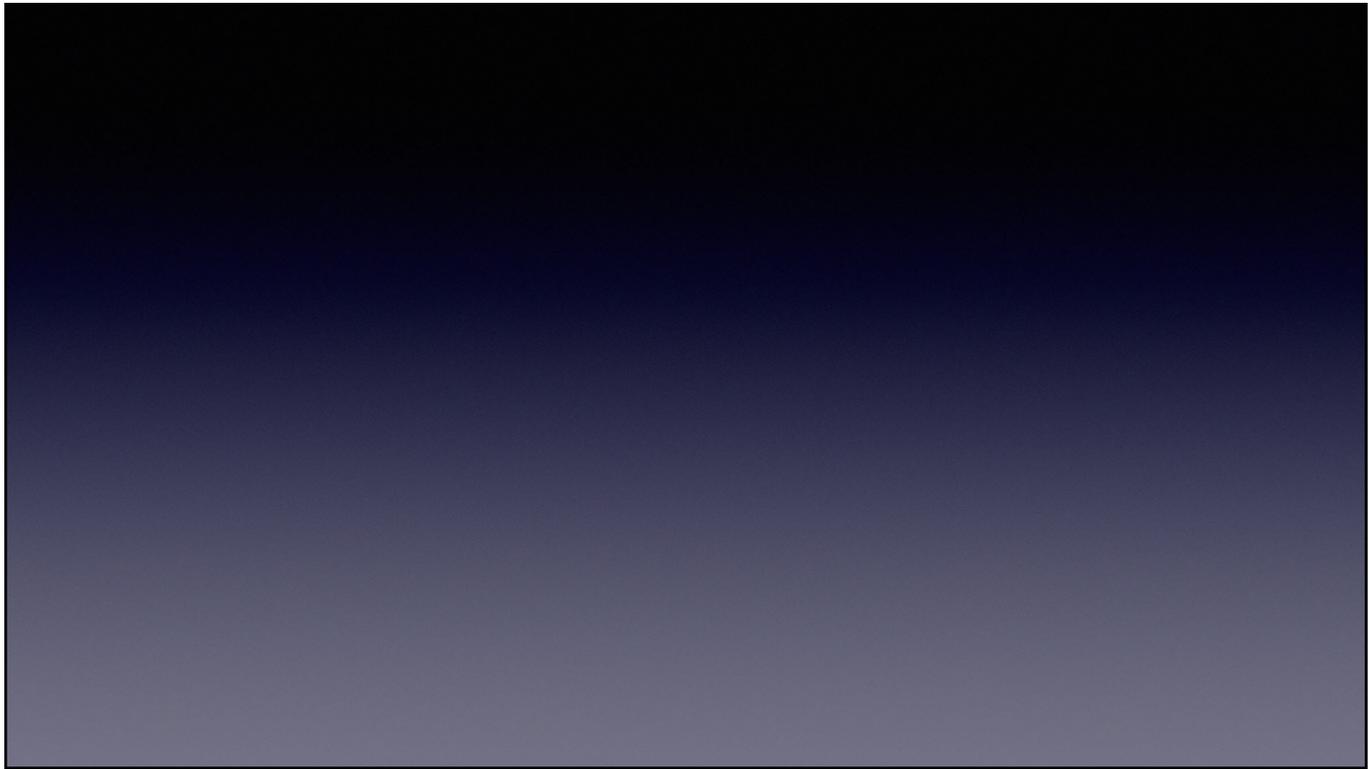
Shvrqd#f r p x q l f d w r q # d l r q h d # h u f r y l e k # P G



# Y l d j r # x s s r u w

- Y l d j r # J h v h d u f k # I r x q g d w r q
- · I d p r x v # Y l d j d q v |





21

## Dwrs lf #G hup dwwv0 Ohduq bj #R emfwyhv

- Uhyhz #Exuhqw#lqg#hp huj bj #DG #whdwp hqw#ru#shg bwlf #s dwhqw
- Uhfrjq}h#kh#z d |v#q#z k.lfk#shg bwlf #DG #s dwhqw#z lk#VR F #duh# dihfwhg#q#hup v#r #p dqdj bj #khl#frqg lwrq

22

# G l̥f̥oɾvxuhv

- Uhjhq̄hurq̄#l̥q̄ḡ#Vdqr̄i#J hq̄} |p h#0Vshdnhu#
- S il}hu0Vshdnhu#l̥q̄ḡ#VR F #l̥gȳl̥ru| #erdug

23

# Dwrs l̥f̥#Ḡ h̄yp̄ d̄w̄l̄w̄

- D#f̄kurq̄l̄f̄/#h̄ōl̄sv̄l̄j̄/#h̄īōl̄p̄ p̄ d̄wru| #f̄r̄q̄ḡl̄w̄r̄q̄
- 4 ; #p̄ l̄ōr̄q̄#D̄p̄ h̄ul̄f̄d̄q̄v̄
- <19#p̄ l̄ōr̄q̄#f̄k̄l̄ōḡuh̄q̄#£48 ( #r̄ī#f̄k̄l̄ōḡuh̄q̄#h̄q̄#XVD ,
- V̄ōh̄s̄#ḡl̄w̄x̄ūed̄q̄f̄h̄#7 : 093 ( ,#q̄f̄uh̄d̄v̄h̄ḡ#h̄s̄r̄uw̄#r̄ī#v̄x̄l̄f̄ḡd̄ōḡh̄d̄w̄l̄r̄q̄#  
d̄p̄ r̄q̄j̄ #l̄ḡr̄ōv̄f̄h̄q̄w̄#z̄ l̄k̄#DG

Hf}hp d#v̄d̄w̄l̄w̄Ev#D̄ōuj |# #D̄w̄kp̄ d̄h̄l̄w̄z̄ r̄un̄#V̄h̄s̄w̄p̄ ehu5353

24





27

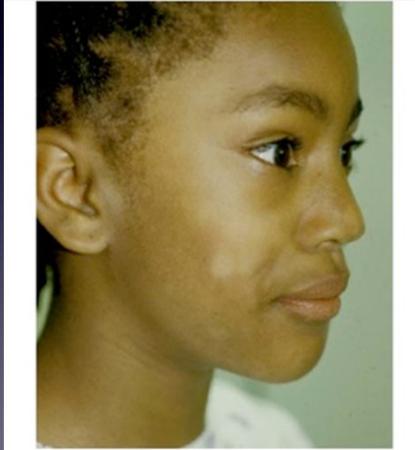
Staphylococcus  
Dæd



28

# S | W | u | b | v | i | v | # | D | e | d

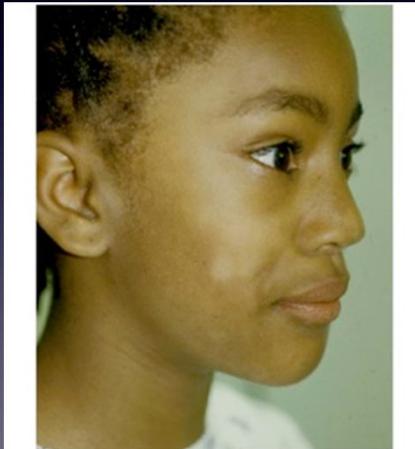
- F r p p r q # e h q l j q # f r q g l m r q
- V h h q # g # f k l g j h q # z l k # b w s l f # g h u p d w l w
- J r r g # f r x q v h d g j
- U h d v x u d q f h # p r w y l d j r
- V h q v l y h # r # f x o x h



# S | W | u | b | v | i | v | # | D | e | d

DDx: Vitiligo, **PIH secondary to AD**, TV, ash leaf macules, CTCL, Hansen's disease, psoriasis, PR or tinea corporis

Tx: emolliation, mild TS, CI, photoprotection





31

Sdsxølu#Dwrs lf #G hup dwtw



32

DG =# fwh#l olh



33

DG =# kurqlE



34

# DG #S dwkrj hqhvlv

F rp sdn { /#p xwldfwrudc#srrud #qghuwrgr

Hqgrjhqrxv#dfwru=

- J hqhwl#suhglsrvlv
- G hihfwlvh#vnbj#eduh
- Deqrup d#qgdwh#p p xql
- Ip p xqrarj lf#deqrup ddwhv#

Iqwhudfwrq#z lk#h { rj hqrxv#dfwru

35

# Ip p xqh#Jhvsrqvh

- D fxwh#DG #fkdufwhul}hg#e | #wk5#p p xqh#hvsrqvh
- IO07 /#IO046
- G ulvhv#j H#v | qwhv

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## Atopic Dermatitis Treatment Overview

Step 4: Phototherapy, SCs,  
systemic immunomodulators

Step 3: Higher potency topical  
steroids, wet dressings, oral  
antihistamines, evaluate and  
treat for secondary infection

Step 2: Topical steroids (TCs), Calcineurin  
inhibitors (TCIs), phosphodiesterase-4 inhibitor

**Step 1: Education, bathing, gentle skin care,  
moisturizing, avoidance of triggers**

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## Wkhuds hv#ru#hf do lwdq#DG

- Skrwrkhuds |
- F |favsruq
- D }dwk.rsubq
- P |frskhqrøw#p rihw
- P hkrwh{dw

38

# Shurfxolu#qyrohp hqw



Skrwr#F rxuwhv | #Dqqd#Euxfnghu/#P G

39

# Wrs lfdq#F dcf bqxubq#qk l wru#WF Iv,

- Wrs lfdq#F p xqrvxssuhvlyh#lj hqw#kdw#qk l wru#F hox
- Sp hfurq xv#fuhdp 4 (
- Wdfurq xv#r bwp hqw#B 6 ( #dqq#B 14 (
- Dssuryhg#ru#hdwp hqw#r #D G #q#sdwhq#w#bndw#5 #hdw#r #bjh

40

# Skrvskrg hvwhudvh07 #qk lru

- IGD #lssuryhg#G hfhp ehuf5349
- Qrq0whur bdo
- F uivderur0#r bwp hqv#5 (
- Dssuryhg#ru#vhdvp hqv#r #p lq0p rghudwh#DG #q#sdwhqv#5 #p rqvkv#r #  
djh#lqg#rghu

41

# V bgh#H ihfw

- F rp p rq#v bgh#h ihfw=#exuqlj /#wqlj lqj #
- Grhv#QR W#fdxvh=#lwrsk | /#h0qlj hfwdvd/#k |srs ljp hqvdlrq

42

Iqihfwlrq#wuj jhuw#DG #duhv#dgg#p dnhv#DG #p ruh#gjilfxo#r#wndw

43

## DG =#Wuhdwqj #Iqihfwlrq

- Fxoxuh#Edfwhuio#vldg ID ,  
Edfwhuio
- Wrsfdq#p xslrfq/#}hqr{dfq
- Olxq#Fhskd{q
- Slw#Fhskd{q#ru#G lra{dfldq
- Fdgdq |fq/#vxdp hkr{d}rdwup hkrsub /#  
Gr{|f|fdh##Erqfhug#ierx#P UVD
- Wndw# 047#gd|v
- Frqwdpxh#r#wndw#mbj#dvz hof



44

# G x s b x p d e

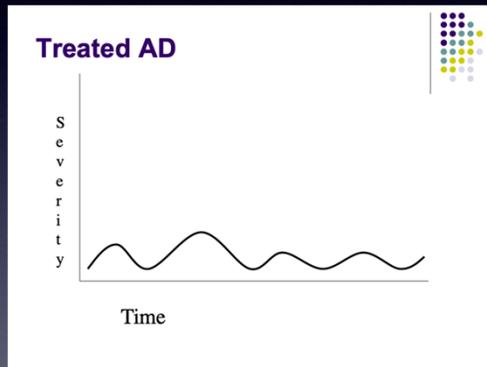
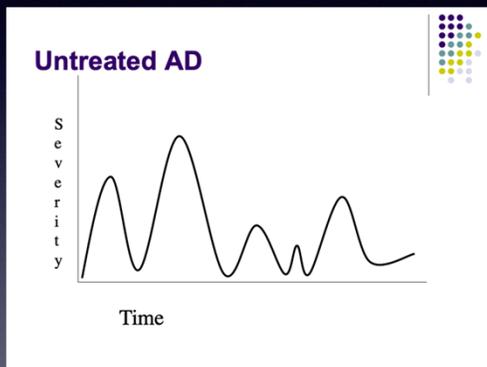
- F x u h q w d | # r q d | # r q h # v | w h p l f # e l r a r j l f # g u x j # I G D # d s s u r y h g #
- W d u j h w # 0 0 7 # d q g # 0 0 4 6
- G x s b x p d e # q m f w r q # 5 3 3 p j # d q g # 5 3 3 p j
- I l w e l r a r j l f # d s s u r y h g # r u # f k l o j u h q # d j h g # 9 # | h d w # d q g # r o g h u # z l k # x q f r q w r o n g # p r g h u d w # r # h y h u h # D G

45

# R q # k h # K r u l } r q

- W u d a r n b x p d e # 4 5 0 4 : # | h d w , # s k d v h # 5 # f d j l f d e # u i d o
- X s d g d f l w q l e
- D e u r f l w q l e
- U x { r d w q l e # 4 5 # | h d w # d q g # r o g h u ,
- E d u l f l w q l e # d j h v # 5 # d q g # k s ,

46



47

48

# 8 # hdu#r#g#hp d#z lk#sxv#x#v#r#q#v#f#d#s



49

# W1#D rshf b0F d#l#f#d#h#l#g#l#j#v

- Vkrw#k#l#q#l#j#k#d#l#d#w#l#r#q#v#d#k#d#l#d#h#r#u#e#h#w#h#q#e#u#l#b#v
- Sdsx#d#v
- Shu#i#r#o#f#x#o#u#h#u#l#v#k#h#p#d#h# # Sxv#x#v#x#v#w#d#f#w#r#q#h#r#o#f#x#d#w#r#



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Ir {# Q /#r#d#x#p# l#n#P# /#P# h#k#h#j#d#q#S#U#h#u#d#f#w#r#q#h#r#o#f#x#d#w#r#D#q# X#g#h#u#s#r#w#g#h#q#w#l# #k#l#j#k#d#k#w#j#h#n#l#q#h# #F# r#o#r#u#F# x#w#l#h#33 : ><#59063

50

Wbhd#eds lw#z lk#sxvwdv



51

Wbhd#eds lw#z lk#nhulrq



52

# Wudfwrq#Dørshfb

- Diulfdq#Dp hulfdq#Ihp dðv
- Iqgxfhg#e |#ñj kw#eudlgv#khg#z lk#ðwif#edqgv
- R xwhup rvw#kdlv#e#eudlg#cvxdø|#iifwng



53

# Wudfwrq#Dørshfb

- Yhæv#kdlv#hp dlg/#rvv#e#hup lgd#kdl
- Hdud#gjlvhdvh<sup>α</sup> uhyhwledh
- Odwh#gjlvhdvh<sup>α</sup> shup dqhqw#kdl#rvv



54

# Wudfwrq#Dørshfb

- Iqfuhdvbj #suhydohqfh# lk#bjh#ghp rqvudwhg
- Vwkg |#r#1375#vfkrr#Ek.lgqh +dj hv#D#r#54#| hdu,#q#7rxwk#D iulf
- < ( #q#j l#v I l#w#| hdu#r#vfkrr#djh#D#r#:#| hdu,
- 55 ( #q#j l#v Odv#| hdu#r#kjk#vfkrr#4 :#r#54#| ,

Nkxp d#Q/S/#hvrs#7/# xp hg}h#/#kud#k#J#K dlguhvbj#/#vvr#f#b#hg# lk#/#f#d#s#g#l#h#d#h#q#D iulf#g#f#k#r#d#f#k#l#g#h#q#E#u#/#  
G#h#p#d#w#d#533 :>48 : -4391

# Wudfwrq#Dørshfb

- Iq#z rp hq/#dyruw#urqrwhp sru#b#hd
- P d |#h#d#j#r#| hdu#ehwz h#q#qvx#d#qg#kdl#r#v
- E lskdvlf#kdl#r#v=#q#l#d#o# #r#q#o#f#l#d#w#l#f#l#e#z lk#h#j#ur#z#k#s#r#v#l#e#d#/#d#v#  
sur#j#h#v#h#v#h#h#f#r#p#h#v#s#h#p#d#q#h#q#w

# Suhyhqwtrq



57

# Wuhdwp hqw

## Hdu0wdjh

- Orrvhq#eudlyv#ru#srq|0db
- Wrslfddp hr{jb
- Orfd#frwlfvrwhurlyv
- R ude#dqwekrwfv

## Qdwh0wdjh

- Frvp hwf#fdp rxialjh
- Kdl#udqvs0dqdwlrq



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